

La Vega ISD PAC/SHAC/SDFSC COMMITTEE MEETING MINUTES
Parent Advisory Committee (PAC)
School Health Advisory Committee (SHAC)
Held In-Person January 5, 2023 ~ 11:30 –12:20 pm

Chairperson:

Members Present: LaToya Beavers, Lisa Drafahl, Monica Zavala, Robert Glynn, Dave Thiel, Kristi Rizo, Nancy Mohammad, Holanie Beam, Monica Arechiga, Jenna Buckner, Chris Ward, Carol Hesbrook

Other(s) Present; Samantha Zilem, Minutes

Welcome and Introductions

Mrs. Beavers called the meeting to order at 11:29 am

Discussion Item(s):

Packets were given to the participants; packet documents were presented on screen by all presenters.

- Wellness policy and upcoming wellness events presented by Mrs. Zavala and Mrs. Drafahl. Allowed the group to review the Wellness policy and then allowed for discussion.
 - Mrs. Buckner would like to add water filling stations in all campuses. The water fountains remain covered at most campuses since COVID.
 - Adding additional filing stations at all campuses. Many campuses only have one for 400+ students.
 - Mrs. Arechiga would like to review the 20-minute lunch policy because many kids rush to eat and are not eating. Mr. Thiel explained the TEA policy and explained the logistical side of getting students through the serving line. Mr. Thiel explained Students must receive 20 minutes when they are seated.
 - Mr. Thiel requested the line “student artwork is displayed in the service and/or dining areas” be removed from the Wellness policy because it is not being implemented; it would be nice to have student work displayed
 - Mr. Glynn asked about portion sizes based on age of the student. Mr. Thiel explained the want vs. available menus and the amount of calorie intake per serving.
 - Mrs. Buckner asked about revising the 60 minutes of physical activity. Most campuses are not meeting that requirement but are meeting the 90 minute a week state standard
- Mr. Thiel reviewed Child Nutrition and Menus on the school website.
 - Explained how the supply chain has affected our school lunch menus. Sodium, fat and calorie counts on our food requirement has put a strain on our food supply.
 - Student surveys given to the older campuses to make changes to the menus. Child Nutrition would like input from the student advisory councils at the campuses to improve menus.
 - The implementation of a “Share Table” at the campuses.
- Mrs. Beavers & Mr. Glynn reviewed Big Decisions and discussed scheduling updates per campus.
 - The Opt-In/Opt-Out letters were distributed to all 4th, 5th, 7th and 9th grade students.
 - The team is finalizing implementation dates which will start in January for those classes.
- Discussed upcoming important dates and Comprehensive Need Assessment survey for parents and the due date.

The Committee was given opportunities throughout the meeting to ask questions and concerns.

Meeting adjourned at 12:25 pm on January 5, 2023. Next meeting date February 16, 2023.