

**La Vega ISD PAC/SHAC/SDFSC COMMITTEE MEETING MINUTES**  
**Parent Advisory Committee (PAC)**  
**School Health Advisory Committee (SHAC)**  
**Held In-Person February 16, 2023 ~ 11:30 –12:20 pm**

**Chairperson:** Peggy Johnson

**Members Present:** LaToya Beavers, Lisa Drafahl, Monica Zavala, Robert Glynn, Dave Thiel, Kristi Rizo, Nancy Mohammad, Holanie Beam, Monica Arechiga, Jenna Buckner, Chris Ward, Carol Hesbrook

**Other(s) Present;** Samantha Zilem, Minutes

**Welcome and Introductions**

Mrs. Drafahl called the meeting to order at 11:30 am

**Discussion Item(s):**

Packets were given to the participants; packet documents were presented on screen by all presenters.

- Mr. Glynn and Ms. Beavers discussed the advantages and disadvantages of having mixed gender SexEd classes.
  - Classes are currently divided by gender. A list of advantages and disadvantages that the Student Services Team have identified was distributed to the group.
  - New to this year, the parent must opt-in for their student to attend the Sex Ed classes
  - Our district has chosen to promote abstinence, which mean condoms are not distributed to the students.
  - The best results on getting parents to return the opt-in form was from the Junior High. The Junior High sent forms by mail to the parents vs. sending them electronically. They had 164 forms returned on that campus.
  - Mr. Ward was form keeping the classes separated by gender because of the maturity level of most. The students will be more likely to be more open.
  - The option of switching the instructor instead of students being in mixed gender classes.
  - Possibly having the instructors go back to their original gender groups to clarify any questions the student did not understand to an instructor of the same sex.
  - The advantage of the mixed groups might be easier for the opposite gender to hear questions from the other sex.
  - Communities also have a voice in why they have same sex or mixed group. Austin was one community that does with mixed gender. Waco is a more conservative demographic.
  - The question was raised that what if a student identifies as the opposite sex or if the child chooses to be in the opposite sex group.
  - Mr. Glynn and Ms. Beavers asked the committee to take this information home and we will revisit in the March meeting.
- Family Engagement Calendar – The fall calendar is in the works. The Family Engagement Team discussed the calendar and the addition of some evening spring dates to allow those parents who work to attend.
  - The evening events were more successful when the child is also included. It is an RSVP event and only 20 parents are allowed to sign up per event.
  - The Family Engagement Team asked for any topics the group feels would be good to have with the parents
    - Attendance
    - STAAR Prep

- Past workshops have targeted certain campuses and housed at the FRC. The Family Engagement Team is working to rotate campuses and possibly move the events to the campus they are targeting.
- Is there a plan on how the campuses rotate with the events?
  - Focus has been in the Primary and Elementary. The target campus this year was the Intermediate. The Family Engagement Team plans to add the Junior High and High School to that rotation.
  - Parents are encouraged to bring their whole family. This results in students from other campuses attend these events.
  - Intentional focus to involve the dads in these events is a priority to the team this year.
- Dr. Johnson discussed opioid. Narcan for schools program is a focus to bring to La Vega campuses. Currently the LV Police Department has some doses of Narcan on hand if there were ever an opioid overdose on campus.
- Epi-Pens training for the campus nurses will begin for the 23-24 school year.
- T-CHAT services – La Vega and Texas A&M Health Services will be added in addition to the Telehealth. T-CHAT will offer mental health services
  - Counselors are attending T-CHAT training today to identify students to the program.
  - If a student is identified as a candidate for these services, they will be given up to 5 telehealth conferences. If they need still presents itself after the 5 visits, the student will be referred out to appropriate appointments.
  - If the student requires psychiatric appointments, the parents must be available at those appointments.
  - 50% of all mental health issues present by age 14.
- The advantages for teleconference counselors, the students come in for their 45 minute conference and return to class. When they go to an outside counselor, they tend to miss most of the day of school.

The Committee was given opportunities throughout the meeting to ask questions and concerns.

Meeting adjourned at 12:25 pm on February 16, 2023. Next meeting date March 16, 2023.