

Kindness Week 2021

Next week, Lehigh Area Middle School will celebrate “Random Acts of Kindness Week” from Tuesday, February 16, 2021 through Friday, February 19, 2021. We invite all students and staff to participate in this national movement with the following activities:

Tuesday, February 16th: Spread kindness around our school. Some ideas include tutoring someone, befriending the new kid, thanking someone, making a handmade card, cheering on a teammate, holding the door open, writing down someone’s best qualities. For more ideas, visit www.randomactsofkindness.org/kindness-ideas

Wednesday, February 17th: Avidum day - “We’ve got your back”. Wear yellow and/or black. Avidum’s goal is to “create a healthy community where everyone feels accepted, appreciated, acknowledged, and cared for in schools”. Lehigh Area Middle School has an Avidum Club and we encourage all of you to learn more about Avidum at www.aavidum.com.

Thursday, February 18th: Wear or write some positive message others can see (in your notebook, on your phone screen, social media, etc).

Friday, February 19th: Spread kindness around our community. Lehigh Area Middle School will be accepting monetary donations for Trinity Evangelical Lutheran Church Food Pantry (they are not accepting food donations at this time, but all money raised will be used to purchase food for the pantry by the pantry). There will be an envelope in the main office to collect donations. We will also be collecting non-perishable food items and these will be donated to Zion UCC Food Pantry. Food items should be placed in the boxes located at the main entrances of the school building. Donations will be accepted all week.

Lehigh Area Middle School