

# **Local School Wellness Policy Annual Progress Report**

7-23-19

This school year's District Wellness Council meetings were held on:

October 18<sup>th</sup>, 2018 from 4-5:30PM

March 7<sup>th</sup>, 2019 from 3:30-5PM

The topics for the October 18<sup>th</sup> meeting included: discussion of the new elementary school health curriculum adoption that will roll out in the fall of 2019 (Great Body Shop and Flash). Other topics included the upcoming holiday parties, newsletter contents, Smart Snacks at the elementary school level, and food service feedback from the student representative.

The topics for the March 7<sup>th</sup> meeting included: Wellness Council recruitment, a movement towards waste reduction through use of sharing tables, the EPELC serving model, new allergen data on the FNS website, comment card boxes at the High Schools, questions about student mental health and how to track progress of PBIS/SWISS/Registrar.

The Wellness Council newsletter was sent out in the fall of 2018 and the spring of 2019 to all staff and families in the Shoreline School District.

The plan for the 2019-2020 Wellness Council work is to review the policy to see if there are areas that still need work and to create a plan to address the work needed. Additionally, the first meeting will include an introduction to the Shoreline Race & Equity Impact Decision-Making Tool for all future decisions.