

Breakfast Menu for Metcalfe Elementary

May 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	French Toast & Sausage 100% Fruit Juice Seasonal Fresh Fruit	2	Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	3	Assorted Pastries 100% Fruit Juice Seasonal Fresh Fruit	4	Chicken Biscuit 100% Fruit Juice Seasonal Fresh Fruit	5	Bacon Egg & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit
8	Ham & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit	9	Chicken Biscuit 100% Fruit Juice Seasonal Fresh Fruit	10	Mini Cinnies 100% Fruit Juice Seasonal Fresh Fruit	11	Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	12	Bacon Egg & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit
15	Ham & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit	16	Pastries with Parents 100% Fruit Juice Seasonal Fresh Fruit	17	Mini Cinnies 100% Fruit Juice Seasonal Fresh Fruit	18	Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	19	Bacon Egg & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit
22	Ham & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit	23	Chicken Biscuit 100% Fruit Juice Seasonal Fresh Fruit	24	Mini Cinnies 100% Fruit Juice Seasonal Fresh Fruit	25	Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	26	Cereals, Pop Tarts, Muffins 100% Fruit Juice

Whole Grain Strawberry, Chocolate or Cinnamon Pop Tarts are available daily.

**1% or Fat Free
White or Flavored Milk
Available Daily!**

Meat/Meat alternatives are listed in bold type • Menu is subject to change due to availability of food items.

Seasonal fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).



This institution is an equal opportunity provider.

Lunch Menu for Metcalfe Elementary

May 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Chicken Fingers Salisbury Steak Mashed Potatoes Green Beans Fruit Selection Roll	2	Sloppy Joes Fish Sticks Tater Tots Green Peas Fruit Selection	3	Hot Dogs Pizza Rolls French Fries Baked Beans Fruit Selection	4	Beef Tacos Turkey Sandwich Chips and Salsa Side Salad Queso Fruit Cup	5	Chicken Nuggets Hot Ham & Cheese Waffle Fries Fruit Ice Cream
8	Pepperoni Pizza Corn Dog Whole Kernel Corn Side Salad Fruit	9	Extreme Nachos Beef Tacos Side Salad Chips & Salsa Queso Fruit	10	Boneless Wings Cheese Breadsticks French Fries Fresh Veggies Fruit & Yogurt Parfait	11	Spaghetti w/ Meat Sauce Ham Sandwich Side Salad Breadstick Fruit Ice Cream	12	Chicken Sandwich Pepperoni Calzone Waffle Fries Fruit Fresh Baked Cookie
15	Cheeseburger Turkey Sandwich Onion Rings Baked Beans Ice Cream	16	McRib Sandwich Hot Ham & Cheese Baked Chips Carrot Sticks w/ Dip Fruit Selection Rice Krispy Treat	17	Pork BBQ Sandwiches Sloppy Joes Tater Tots Baked Beans Brownie	18	Fish Sticks Pizza Rolls French Fries Carrot Sticks Fruit Selection	19	Burgers & Dogs Baked Chips Baked Beans Watermelon Cookies
22	Chicken Fingers Salisbury Steak Mashed Potatoes Green Beans Fruit Selection Roll	23	Chicken Sandwich Pepperoni Calzone Waffle Fries Fruit Fresh Baked Cookie	24	Cheeseburger Turkey Sandwich French Fries Fruit Fresh Baked Cookie	25	Pepperoni Pizza Corn Dog Whole Kernel Corn Baked Chips Ice Cream	26	Sack Lunches

1% or Fat Free
White or Flavored Milk
Available Daily!

Meat/Meat alternates are listed in bold type • Menu is subject to change due to availability of food items

Assorted fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).

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