

## District 31 Networking

*Networking can be a valuable connection between you and the community you live in. Here are some connections in your area that might be of interest to you.*

**Care Solace**- Care Solace provides quick and confidential mental health support for students, staff, and family members in District 31. You can reach them [online](#) or by calling 888-515-0595. Support is available 24 hours a day, 7 days a week, 365 days a year in any language. No insurance is needed.

**Association of Parents and Staff**- APS is an organization through TrueNorth Educational Cooperative 804 (formerly NSSD) that provides resources, events, training, and networking opportunities for families with children who have a disability. To subscribe to their newsletter, please click [here](#).

**Local Libraries**- The Glenview Public library not only has a wonderful children's section, they also offer classes (many of which are free of charge with a library card). To check out the classes they offer, please click [here](#). The Northbrook Public Library also hosts a variety of classes from children to adults. You can find that information [here](#).

**Local Park Districts**- Our [Glenview](#) and [Northbrook](#) Park Districts offer a variety of programs for infants through seniors including day camps.

**Northfield Dial-a-Ride**- [Dial-a-Ride](#) is a discount transportation program for those with disabilities, age 18 and older.

**Family Service Center**- [FSC](#) is an organization that supports families with stress, depression, substance abuse, relationship problems, and concerns regarding a child's behavior. They also offer counseling support for students in grades 5-12 which is safe, anonymous and available 24/7/357. Text "NSHELP812" and a brief message to 274637.

**Glenview Northbrook Coalition for Youth-** [GNCY](#) supports keeping teens in Glenview and Northbrook drug and alcohol free. Many of their programs are focused on prevention and they work with other community organizations.

**Youth Service of Glenview/Northbrook-** [YSGN](#) believes that every child should grow up happy, healthy and hopeful. Their mission is to foster the social-emotional well being of children and youth. They offer individual therapy, group therapy, crisis intervention, youth development programs, Pride youth programs, study buddies, sexual health and relationship education, juvenile diversion and referrals to outside providers.

*If there are resources or networking connections you would like to suggest being added to this list, please reach out to Janine Gruhn, Assistant Superintendent of Student Services at [jgruhn@district31.net](mailto:jgruhn@district31.net) or Erin Kranz, instructional coach at [ekranz@glenview31.net](mailto:ekranz@glenview31.net). Thank you!*