

MAY 2023

West Hartford-Bloomfield Health District



Our mission is to work in partnership with our local communities to protect, promote, and improve the health of present and future generations through prevention, advocacy, and accessibility.



Contact us at
580 Cottage Grove Road
Suite 100
Bloomfield, CT 06002
Phone: (860) 561 - 7900

Are you following us on social media?



@West Hartford-Bloomfield Health District

NEWSLETTER



Lights, Camera....Smile!



Keep Your Smile Healthy!

It is recommended to visit your dentist every six months to have the best oral health possible. When an individual skips an appointment, there is risk of any changes in dental health going undetected, such as tooth decay or gum disease.

Without timely detection, cavities can cause tooth loss and ultimately impact things like your eating habits or general comfort.

The longer the wait, the more costly dental work can be! Visiting the dentist every six months can prevent cavity progression, diagnose any oral pain or issues, and keep your teeth and mouth feeling great!



If you have Husky Health, and are seeking dental care, please contact us for more information!

A happy mouth is happy health!

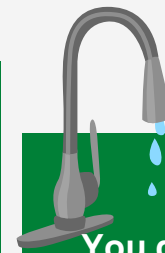
<https://www.deltadental.com/us/en/protect-my-smile/oral-health-habits/oral-health-tips.html>

When To Call Your Local Environmental Sanitarians?



You have questions on what to do if your home has flooded

You have seen unsafe food handling in a restaurant or at an event



You do not have heat, running water, or hot water in your rented home

Employee Spotlight



Nicole Gibeau, RS

Registered Sanitarian

Role at HD:

Environmental Health Program Coordinator

Background:

B.S. in Secondary Education from Central CT State University & Certified Food Inspector

Interests:

Trail running, ice climbing/mountaineering, gardening, travel

Passions relevant to field:

Achieving compliance with the FDA's Retail Food Program Standards, serving on the National Environmental Health Association's Body Art Committee

Proudest accomplishment:

Securing \$70,000 in federal grant money for the district

What's on your Bucket List?

Going to as many national parks as possible

Fun facts: I have 3 pet ducks



Upcoming Events

Free Wellness Screenings with WHBHD:

Tuesdays, 11 am - 12:30 pm

Bloomfield Senior Center

1st Thursdays, 9 am - 10:30 am

Bishops Corner Senior Center

3rd Thursdays, 9 am - 10:30 am

Elmwood Community Center

Health District Child & Adult Vaccinations

West Hartford-Bloomfield Health
District

Wednesdays by Appointment

Call (860) 561 - 7900 to schedule

Walk Like MADD

Town Hall Parking Lot, 50 South Main Street, West Hartford

May 6th, 10 am

Pre-Mother's Day Shopping: Hair, Health, and Wealth III Fund Raiser

Bloomfield Village Pizza, 34 Tunxis Avenue, Bloomfield

May 7th, 12-3 pm

Senior Day - Health Screenings, Senior Services & More

Bishops Corner Senior Center, 15 Starkel Rd, West Hartford

May 10th, 9:30 am - 12:30 pm

WeHa Health & Wellness Fair

Webster Walk at Blue Back Square, Isham Road, West Hartford

May 10th, 4-7 pm

Mental Health Awareness Clinic

15 Barber Pond Road, Suite E, Bloomfield

May 27th, 1-5 pm



Email us at whbhd@westhartfordct.gov