

Gym or Home?

We'll keep you active either way.

11,500+ STANDARD FITNESS CENTERS
for just \$25 a month
and/or

4,500+ PREMIUM EXERCISE STUDIOS
with 20% - 70% discounts on most

PLUS

6,500+ DIGITAL WORKOUT VIDEOS

ENROLL YOUR SPOUSE**

NO LONG-TERM CONTRACTS

STANDARD FITNESS MEMBERSHIP

\$25/mo*

11,500+ FITNESS CENTERS
6,500+ WORKOUT VIDEOS

Active&Fit[®]
DIRECT

TM

Learn More: kp.org/choosehealthy

First month's fees, second month's fees, and a \$25 enrollment fee are due at checkout, plus any applicable taxes. Monthly fees vary if selecting a premium fitness center.

11,500+ Standard Fitness Centers, including:



4,500+ Premium Exercise Studios, including:



* Plus an enrollment fee and applicable taxes. Fees may vary based on fitness center selection.

**Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

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