

May 2023

This institution is an equal opportunity provider.

MENU IS SUBJECT TO CHANGE.



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Burrito

1

CHEESE STUFFED STICKS

OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Mixed Fruit, Marinara Sauce, Milk

Pancakes

2

FISH NUGGETS w/DINNER ROLL

OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Pickle, Tomato Tartar Sauce, Peaches, Corn, Milk

Breakfast Pizza

3

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE

Strawberries Slices, Broccoli, Applesauce, Ketchup, BBQ Sauce & Milk

French Toast Sticks

4

LUKE SKYWALKER ORANGE CHICKEN & RICE
OR DARTH VADAR NACHO CHEESE & CHIPS
OR WOOKIE TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle Green Beans/Carrots, Pears, Orange Slices & Milk

Dutch Waffle

5

CORN DOG
OR EZ JAMMER

Chips, Mixed Berry Cup, Ketchup, Mustard & Milk

2022-2023 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast \$1.00
Lunch \$2.00

ADULT MEALS & 2nd STUDENT MEALS

Breakfast \$2.75
Lunch \$3.75

During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are offered daily at breakfast time.

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information. <https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL

Pancake on a Stick

8

BEAN & CHEESE BURRITO

OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Corn, Peaches, Salsa & Milk

Biscuits & Gravy

9

PIZZA

OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Green Beans, Strawberry Slice & Milk

French Toast Sticks

10

BBQ CHICKEN FILLET
OR MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE

Roll, Mashed Potato, Gravy, Broccoli, Applesauce & Milk

Breakfast Pizza

11

GRILLED CHEESE w/ TOMATO SOUP

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Mixed Fruit, Snickerdoodle, Milk

Mini Waffles

12

CHEESE BURGER OR HAMBURGER
OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips, Ketchup, Mustard, Mayo, Strawberry Cup, Milk

Breakfast Burrito

15

CHICKEN NUGGETS & CORN MUFFIN

OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Ketchup, BBQ Sauce, Peaches, Milk

Pancakes

16

CHEESE STUFFED STICKS
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato Marinara Sauce, Pears, Broccoli, Cookie, Milk

Breakfast Pizza

17

HOT HAM & CHEESE CROISSANT
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE

Mixed Fruit, Green Beans, Applesauce Cup, Milk

French Toast Sticks

18

SLOPPY JOES

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Potato Wedge, Corn, Strawberry Slice, Milk

Dutch Waffle

19

SPICY/REG CHICKEN SANDWICH
OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips, Mixed Berry Cup, Ketchup, Mayo, Mustard, Milk

Pancake on a Stick

22

DRUMSTICK & CORN MUFFIN

OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Green Beans, Peaches, Milk

Biscuits & Gravy

23

MAC AND CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato Broccoli, Strawberry Slice, Cookie, Milk

French Toast Sticks

24

PIZZA
OR MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE

Corn, Applesauce Cup, Milk

Breakfast Pizza

25

CHICKEN POTATO BOWL
OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle Fresh Apple, Mixed Fruit, Roll, Milk

Mini Waffles

26

CHEESE BURGER OR HAMBURGER
OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips, Ketchup, Mustard, Mayo, Strawberry Cup, Milk

29

Memorial Day

Pancakes

30

CHILI w/ CHIPS & CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato Corn, Peas, Milk

Breakfast Pizza

31

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE

Strawberries Slices, Ketchup, BBQ Sauce, Milk

Did you know?

The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world.

