



# BREAKFAST @SCHOOL

**For first-class learning!**  
**Telfair County Middle/High School**



## BREAKFAST MENU FOR May 2023

This institution is an equal opportunity provider. Menu is subject to change.



Featuring Healthy Fruits & Grains!

## I SCHOOL BREAKFAST



| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|--|--|---|---|
| Chicken Biscuit or Cereal/Pop tart<br>Juice<br>Fruit<br>Milk | Blueberry Muffins with Sausage or Cereal/Pop tart<br>Juice<br>Milk | Breakfast Pizza or Cereal/Yogurt<br>Juice<br>Fruit<br>Milk | Grits and Eggs or Grits and Sausage<br>Toast<br>Juice<br>Milk | Steak Biscuit or Cereal/ Pop tart<br>Juice<br>Fruit<br>Milk |
| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
| Chicken Biscuit or Cereal/Pop tart<br>Juice<br>Fruit<br>Milk | Blueberry Muffins with Sausage or Cereal/Pop tart<br>Juice<br>Milk | Breakfast Pizza or Cereal/Yogurt<br>Juice<br>Fruit<br>Milk | Grits and Eggs or Grits and Sausage<br>Toast<br>Juice<br>Milk | Steak Biscuit or Cereal/ Pop tart<br>Juice<br>Fruit<br>Milk |



class of **2023**