

MIDDLE SCHOOL LUNCH

Lunch Pricing

Milk Only: \$0.50

Staff Lunch: \$4.50

SANDWICH OR SALAD SERVED DAILY AS AN ALTERNATE LUNCH

2 OZ MEAT/MEAT ALTERNATE

2 OZ WHOLE GRAINS

8 OZ FLUID MILK

1/2 CUP OF FRUIT AND 3/4 CUP OF VEGETABLES OFFERED WITH EVERY LUNCH

OUR FANTASTIC FRUIT TRAY AND RAINBOW VEGGIE TRAY AVAILABLE EVERY DAY FOR LUNCH

STUDENT NUTRITION PROGRAM



GROTON PUBLIC SCHOOLS



Mon	Tue	Wed	Thu	Fri
1 GRILLED CHEESE SANDWICH SEASONED POTATO WEDGES DILL ROASTED CARROTS APPLE SLICES	2 BREADED CHICKEN FILET ON A WG ROLL SWEET POTATO FRIES ROASTED BROCCOLI FRESH GRAPES	3 CHEESEBURGER ON A WG ROLL SEASONED RICE SEASONED CORN DICED PEARS	4 TOASTED PEPPERONI & CHEESE GRINDER CAPE COD CHIPS FRESH CUCUMBER SLICES ASSORTED FRUIT	5 WG PIZZA ROMAINE MIXED SALAD ASSORTED FRUIT
8 MANAGERS SPECIAL	9 TOASTED PEPPERONI & CHEESE GRINDER ASSORTED CHIPS ASSORTED VEGETABLES APPLE SLICES	10 TURKEY GRINDER ASSORTED CHIPS ASSORTED VEGETABLES ASSORTED FRUIT	11 TURKEY GRINDER WITH LETTUCE & TOMATO ASSORTED CHIPS GREEN PEPPER STRIPS ASSORTED FRUIT	12 WG PIZZA CAESAR MIXED SALAD FROZEN SLUSHIE
15 MANAGERS SPECIAL	16 BRUNCH FOR LUNCH FRENCH TOAST STICKS HASH BROWN TURKEY SAUSAGE ASSORTED FRUIT	17 CRISPY CHICKEN NUGGETS FRENCH FRIES LETTUCE & TOMATO ROASTED CHICK PEAS ASSORTED FRUIT	18 HAM & CHEESE WRAP ASSORTED CHIPS FRESH BABY CARROTS APPLE SLICES	19 WG PIZZA ROMAINE MIXED SALAD ASSORTED FRUIT
22 MANAGERS SPECIAL	23 MOZZARELLA STICKS MARINARA SAUCE GARLIC KNOTS STEAMED GREEN BEANS DICED PEACHES	24 MANDARIN ORANGE CHICKEN WITH FRIED RICE DINNER ROLL STIR-FRIED VEGETABLES ASSORTED FRUIT	25 MEATBALL GRINDER CAPE COD CHIPS ROASTED CAULIFLOWER FRUIT COCKTAIL	26 WG PIZZA CAESAR MIXED SALAD ASSORTED FRUIT FROZEN TREAT
29 NO SCHOOL MEMORIAL DAY	30 MANAGERS SPECIAL	31 POPCORN CHICKEN WITH WG BEADSTICKS ROASTED BROCCOLI ASSORTED FRUIT		