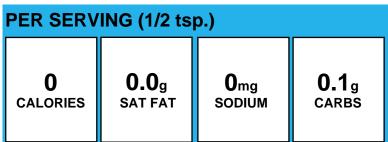
### Build-to-Order Mediterranean Sub

PER SERVING (1 sandwich)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

# **Cinnamon & Sugar**



Allergens:

Made With: Cinnamon Ground (CINNAMON)

### Hand Tossed Style Buffalo Chicken Pizza

PER SERVING (1 slice)				
355	<b>6.0</b> g	926 <sub>mg</sub>	<b>36.2</b> g	
CALORIES	SAT FAT	SODIUM	carbs	

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Cheese Pizza Wg 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, ENZVMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS)), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE , (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZVMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CUL TU RED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. ); Grilled Chicken Strips (See Label for ingredients and allergens); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.); Green Onion (GREEN ONIONS)

### Hand Tossed Style Pepperoni Pizza

PER SERVING (1 slice)			
378	<b>7.7</b> g	490 <sub>mg</sub>	<b>35.5</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Cheese Pizza Wg 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, ENZVMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS)), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE , (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZVMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CUL TU RED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. ); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), ); Pepperoni (Pork, Beef, Salt, Contains, 2% or Less of Spices, Dextrose,, Oleoresin Of Paprika, Lactic Acid Starter, Culture, Garlic Powder, Sodium Nitrite, , BHA, BHT, Citric Acid.)

## Hand Tossed Style Sausage Pizza

PER SERVING (1 slice)			
<b>434</b>	<b>9.3</b> g	634 <sub>mg</sub>	<b>36.5</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Cheese Pizza Wg 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, ENZVMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS)), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE , (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZVMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CUL TU RED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. ); Italian Sausage (PORK, WATER, SEASONINGS (SPICES, SUGAR, SALT, HYDROLYZED SOY PROTEIN, GARLIC POWDER, ONION POWDER, SOYBEAN OIL), TEXTURED VEGETABLE PROTEIN PRODUCT (TEXTURED SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CORN SYRUP SOLIDS, SALT, SODIUM PHOSPHATE, SPICES, PAPRIKA, GARLIC POWDER, CARAMEL COLOR, BHA, BHT AND CITRIC ACID.); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), )

### **Kidney Beans**



Allergens:

Made With: Low Sodium Kidney Beans (PREPARED KIDNEY BEANS, WATER, SUGAR, DEXTROSE, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)

### 1 % Milk

PER SERVING (8 fl. oz.)			
100	<b>1.5</b> g	110 <sub>mg</sub>	<b>11.0</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: 1 % Milk (Low fat milk, Vitamins A & amp; D added)

### 1% Milk

PER SERVING (1 Carton)				
100 calories	<b>1.5</b> g SAT FAT	105 <sub>mg</sub> sodium	<b>12.0</b> g carbs	
Allergens:	Contains Milk.			

Made With: Milk, Smith Brothers 1% (Lowfat Milk with Vitamin A Palmitate and D3 added.)

### 1% Milk

PER SERVING (1/2 pt.)			
110	<b>1.5</b> g	130 <sub>mg</sub>	<b>13.0</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: White Milk 1% (Lowfat milk, vitamin A palmitate, vitamin D3)

### 100% Apple Juice



#### Allergens:

Made With:	Apple Juice (100% Apple Juice (Water sufficient to
	reconstitute Apple Juice Concentrate))

## 100% Apple Juice



Allergens:

Made With: Apple Juice (Water, Apple Juice Concentrate)

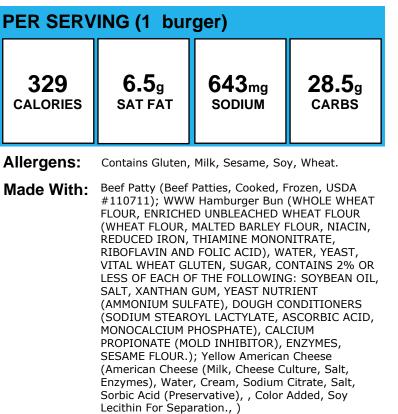
### **100% Beef Cheeseburger**

PER SERVING (1 burger)			
338	<b>6.5</b> g	545 <sub>mg</sub>	<b>29.0</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Beef Patty (Beef Patties, Cooked, Frozen, USDA #110711); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); American Cheese (CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN.)

# 100% Beef Cheeseburger



## 100% Beef Hamburger



Allergens: Contains Gluten, Sesame, Wheat. May contain Soy.

Made With: Beef Patty (Beef Patties, Cooked, Frozen, USDA #110711); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.)

## 100% Grape Juice



Allergens:

Made With:	Grape Juice, 4 oz, plastic cup (WATER, GRAPE JUICE CONCENTRATE, ASCORBIC ACID (VITAMIN
	C))

# 100% Orange Juice



Allergens:

Orange Juice (WATER, ORANGE JUICE Made With: CONCENTRATE)

## Alaskan Pollock

PER SERVING (4 Ounce serving)			
212	<b>1.0</b> g	313 <sub>mg</sub>	<b>19.2</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Fish, Gluten, Wheat.

Made With: Pollock Sticks (65.00% Fish (Alaska Pollock), 35.00%, Batter & amp; Breading (Whole Wheat Flour, , Vegetable Oil [Soybean and/or Canola], , Enriched Wheat Flour [Wheat Flour, , Niacin, Iron, Thiamine, Mononitrate, , Riboflavin, Folic Acid], Water, Enriched, Rice Flour [Rice Flour, Niacin, Reduced, Iron, Thiamine Mononitrate, Riboflavin,, Folic Acid], Whole Grain Yellow Corn , Flour, Contains 2% or Less of: Whole , Grain Yellow Corn Meal, Salt, Wheat, Gluten, Sugar, Palm Oil, Yeast, Onion, Powder, Dehydrated Tomato, Garlic, Powder, Tapioca Starch, Leavening, [Cream of Tartar, Baking Soda], Malted , Barley Flour, Dehydrated Red Bell , Pepper, Corn Starch, Autolyzed Yeast, , Spices, Ascorbic Acid [Added as a, Dough Conditioner], Dehydrated Green, Bell Pepper.)

# **Alaskan Pollock Nuggets**

220 CALORIES1.5g SAT FAT330mg SODIUM23.0g CARBS	PER SERVING (4 nuggets)			

Allergens: Contains Fish, Gluten, Milk, Wheat.

Whole Grain Pollock Nugget (64.2% ALASKA Made With: POLLOCK; 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, CONTAINS 2%, OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DEHYDRATED ONION, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, ANNATTO AND, TURMERIC (COLOR). PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK)

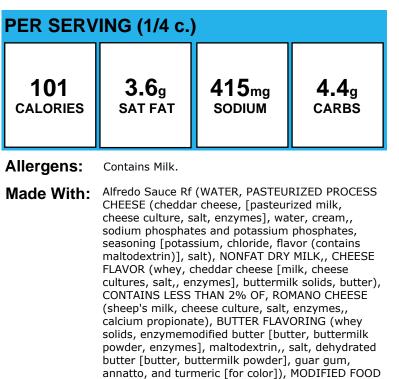
## Alfredo Cheese Sauce

PER SERVING (1/2 c.)			
201	<b>7.2</b> g	831 <sub>mg</sub>	<b>8.7</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: Alfredo Sauce Rf (WATER, PASTEURIZED PROCESS CHEESE (cheddar cheese, [pasteurized milk, cheese culture, salt, enzymes], water, cream,, sodium phosphates and potassium phosphates, seasoning [potassium, chloride, flavor (contains maltodextrin)], salt), NONFAT DRY MILK,, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt,, enzymes], buttermilk solids, butter), CONTAINS LESS THAN 2% OF, ROMANO CHEESE (sheep's milk, cheese culture, salt, enzymes,, calcium propionate), BUTTER FLAVORING (whey solids, enzymemodified butter [butter, buttermilk powder, enzymes], maltodextrin,, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto, and turmeric [for color]), MODIFIED FOOD STARCH, SODIUM, PHOSPHATES AND POTASSIUM PHOSPHATES, DEHYDRATED, GARLIC, SPICES, CITRIC ACID.)

### **Alfredo Cheese Sauce**



STARCH, SODIUM, PHOSPHATES AND POTASSIUM PHOSPHATES, DEHYDRATED, GARLIC, SPICES,

CITRIC ACID.)

## **American Cheese Slice**

PER SERVING (1 oz.)				
110 calories	<b>5.0</b> g SAT FAT	270 <sub>mg</sub> SODIUM	<b>2.0</b> g carbs	
Allergens: Contains Milk, Soy.				

Made With: American Cheese (CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN.)

### **American-style Meat Combination**

PER SERVING (1 5/8 oz.)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

#### Allergens:

Made With: Roast Turkey Breast (Turkey Breast, White Turkey, Turkey Broth, Contains 2% or Less Modified Food Starch, Potassium Chloride, Sodium Phosphate, Salt, Rosemary Extract); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite. )

## American-Style Meat Combo

PER SERVING (4 slice)			
<b>93</b>	<b>0.8</b> g	453 <sub>mg</sub>	<b>1.0</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Deli Turkey (INGREDIENTS: TURKEY BREAST, TURKEY BROTH: CONTAINS 2% OR LESS SEA SALT, MODIFIED FOOD STARCH, SUGAR, SODIUM PHOSPHATE. , This item is fully cooked deli-style turkey producedfrom formed turkey breast meat. This product contains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5pound packages., CREDITING/YIELD One case of turkey deli breast provides approximately 448 1.43 -ounce portions., CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement., , , , ); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.)

# **Apple Cinnamon Muffin**

PER SERVING (1 muffin)					
180 CALORIES2.0g SAT FAT125mg SODIUM31.0g CARBS					
Allergens: Contains Egg, Gluten, Soy, Wheat. Made With: Muffin, apple cinnamon, Delicious Essentials, Otis Spunkmeyer, WGR, 2 oz (WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID [VITAMIN C]), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS					

CUNTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, OAT FIBER, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, CINNAMON, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, SOY LECITHIN, NATURAL FLAVORS, SODIUM STEAROYL LACTYLATE, CARAMEL COLOR, ENZYMES.)

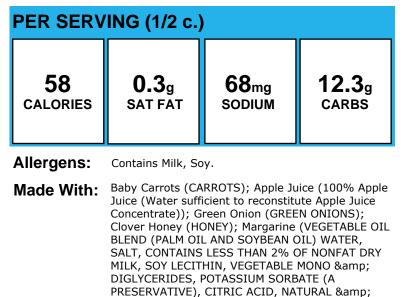
## **Apple Frudel Stick**

PER SERVING (1 pkg.)				
175 calories	175 0.8g 216mg 30.4g			

Allergens: Contains Gluten, Milk, Wheat.

Made With: Apple Frudel (WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLE STRUDEL FILLING (WATER, SUGAR, CORN SYRUP, MODIFIED CORN STARCH, APPLE PULP, MALIC ACID, PALM KERNAL OIL, MOLASSES, SODIUM CITRATE, SALT, SODIUM BENZOATE [PRESERVATIVE], GELLAN GUM, SPICE, XANTHAN GUM, LOCUST BEAN GUM, CARRAGEENAN, NATURAL FLAVOR), SUGAR, SOYBEAN OIL. CONTAINS 2% OR LESS OF: Y EAST, NONFAT MILK, SALT, NATURAL FLAVOR. )

### **Apple Glazed Baby Carrots**



ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED. ); Black Pepper

Ground (BLACK PEPPER)

### Aztec Corn

PER SERVING (1/2 c.)			
92	<b>0.1</b> g	52 <sub>mg</sub>	<b>18.0</b> g
CALORIES	SAT FAT	sodium	carbs

#### Allergens:

Made With: Corn (SWEET CORN); Beans, black, canned, drained, ready-to-serve (1/2c=3.1oz=1/2c legume or 2oz M/MA) , Recipe (Low Sodium Black Beans (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT).)); Peppers, red, sweet (bell), 1/4-inch diced, readyto-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Salsa, original, homemade (1/2c = 3/8cred/orange + 1/8c other veg) (Tomato; Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Light Chile Powder (INGREDIENTS: CHILI PEPPER, SPICES, SALT, GARLIC, AND SILICON DIOXIDE (TO MAKE FREE FLOWING).); Cumin Ground (CUMIN); Paprika (PAPRIKA); Onion Powder (ONION POWDER

### **Baby Carrots**

PER SERVING (1/2 c.)				
<b>25</b>	<b>0.0</b> g	57 <sub>mg</sub>	<b>6.0</b> g	
calories	SAT FAT	sodium	carbs	

#### Allergens:

Made With: Baby Carrots (CARROTS)

### **Bagel & Cream Cheese**

PER SERVING (1/2 ea.)			
<b>107</b>	<b>1.1</b> g	195 <sub>mg</sub>	<b>18.4</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Bagel, plain, sliced, Burry, WGR, 2.3 oz (WHITE WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT, FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON,, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, DOUGH, CONDITIONER (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID] HYDROLYZED, WHEAT GLUTEN AND 2% OR LESS OF EACH OF THE FOLLOWING: CANOLA, OIL, ASCORBIC ACID, ENZYMES, SALT), SALT, YEAST, WHEAT GLUTEN,, VINEGAR, VEGETABLE OIL BLEND (SOYBEAN OIL, PALM OIL, SOY LECITHIN).); Light Cream Cheese (PASTEURIZED MILK AND CREAM, WHEY PROTEIN CONCENTRATE, CONTAINS LESS THAN, 2% OF SALT, CAROB BEAN GUM, GUAR GUM, SORBIC ACID (AS A PRESERVATIVE)\*, VITAMIN A PALMITATE, CHEESE CULTURE. \*INGREDIENT NOT IN REGULAR CREAM

## **Bagel & Cream Cheese**

PER SERVING (1 ea.)			
215	<b>2.2</b> g	390mg	<b>36.7</b> g
CALORIES	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Bagel, plain, sliced, Burry, WGR, 2.3 oz (WHITE WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT, FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON,, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, DOUGH, CONDITIONER (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID] HYDROLYZED, WHEAT GLUTEN AND 2% OR LESS OF EACH OF THE FOLLOWING: CANOLA, OIL, ASCORBIC ACID, ENZYMES, SALT), SALT, YEAST, WHEAT GLUTEN,, VINEGAR, VEGETABLE OIL BLEND (SOYBEAN OIL, PALM OIL, SOY LECITHIN).); Light Cream Cheese (PASTEURIZED MILK AND CREAM, WHEY PROTEIN CONCENTRATE, CONTAINS LESS THAN, 2% OF SALT, CAROB BEAN GUM, GUAR GUM, SORBIC ACID (AS A PRESERVATIVE)\*, VITAMIN A PALMITATE, CHEESE CULTURE. **\*INGREDIENT NOT IN REGULAR CREAM CHEESE)** 

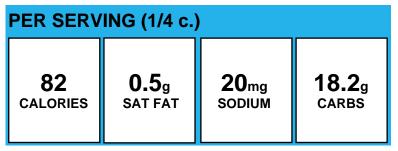
## **Baked Biscuit with Grape Jelly**

PER SERVING (1 ea.)			
225	<b>6.0</b> g	310 <sub>mg</sub>	<b>33.0</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Wheat.

Made With: Biscuit, baked, whole grain, Easy Split, 2 oz (1 biscuit = 2 oz eq grain), Recipe (CACFP) (Whole Grain Biscuit (WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY, FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, PALM KERNEL OIL, SUGAR, BAKING SODA, CALCIUM, ACID PYROPHOSPHATE, BUTTERMILK, SALT, SODIUM ALUMINUM PHOSPHATE, PECTIN.)); Grape Jelly (CONCORD GRAPE JUICE, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, FRUIT PECTIN, CITRIC ACID, SODIUM CITRATE)

# **Baked Cinnamon Raisin Apples**



Allergens: Contains Milk, Soy.

Made With: Apples, canned, slices, unsweetened, in water, drained (1/2=3.7oz=1/2c fruit), Recipe (Apples, canned, slices, unsweetened, in water, solids and liquids (SLICED APPLES, WATER)); Light Brown Sugar (BROWN SUGAR); Raisins (Raisins.); Margarine (VEGETABLE OIL BLEND (PALM OIL AND SOYBEAN OIL) WATER, SALT, CONTAINS LESS THAN 2% OF NONFAT DRY MILK, SOY LECITHIN, VEGETABLE MONO & amp; DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & amp; ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED. ); Cinnamon Ground (CINNAMON)

## **Baked French Fries**

PER SERVING (1/2 c.)			
90	<b>0.0</b> g	<b>30</b> mg	<b>16.1</b> g
calories	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: French Fries (Potatoes, Vegetable Oil (Contains One Or More Of, The Following Oils: Canola, Soybean, Cottonseed, Sunflower,, Corn), Potato Starch -Modified. Contains 2% or less of Dextrin,, Dextrose, Extractive of Paprika (color), Extractive of Turmeric, (color), Leavening (Sodium Acid Pyrophosphate, Sodium, Bicarbonate), Pea Fiber, Pea Protein, Rice Flour, Sodium Acid, Pyrophosphate Added To Maintain Color, Xanthan Gum.)

### **Baked Potato**

PER SERVING (1 potato)				
172 calories	172 0.4g 19mg 29.6g			

#### Allergens:

Made With: Russet Potato (RUSSET POTATO); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.)

### Banana

PER SERVING (1/4 medium (7" to 7-7/8" long))					
26 calories					
Allergener					

#### Allergens:

Made With: Banana (BANANA)



### Banana

PER SERVING (1/2 medium (7" to 7-7/8" long))			
53	<b>0.1</b> g	1 <sub>mg</sub>	13.5g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Banana (BANANA)

### Banana

PER SERVING (1 medium (7" to 7-7/8" long))			
105	<b>0.1</b> g	1 <sub>mg</sub>	<b>27.0</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Banana (BANANA)

# Banana Berry Smoothie Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

### **Barbecue Sauce**



#### Allergens:

Made With: Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED)

### **Barbecue Sauce**

PER SERVING (1 tbsp.)				
15	<b>0.0</b> g	235 <sub>mg</sub>	<b>3.5</b> g	
calories	SAT FAT	SODIUM	carbs	

#### Allergens:

Made With: Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED)

### **Basil Corn Salad**

PER SERVING (1/2 c.)			
102	<b>0.3</b> g	296 <sub>mg</sub>	<b>16.8</b> g
CALORIES	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: Corn (SWEET CORN); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Red Wine Vinegar (RED WINE VINEGAR (DILUTED WITH WATER TO 5% ACIDITY), POTASSIUM METABISULFITE (A PRESERVATIVE).); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Basil, finely chopped, Recipe (Fresh Basil (BASIL)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

# **BBQ Chick'n Sandwich**

PER SERVING (1 sandwich)			
<b>398</b>	<b>1.3</b> g	1050 <sub>mg</sub>	<b>58.1</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Chick'n Nugget, plant (4 Nugget = 3.04 oz = 2 oz MMA) (Vegan Chickn Nugget (Water, wheat flour, soy protein concentrate, vegetable oil (corn, canola and/or sunflower), soy protein isolate., Contains 2% or less of wheat gluten, yellow corn flour, dextrose, methylcellulose, cornstarch, potato starch, yeast extract, maltodextrin, sugar, natural flavors, wheat starch, salt, spices, onion powder, , yeast, potassium salt, paprika color, leavening (sodium acid pyrophosphate, sodium bicarbonate), garlic powder, citric acid, xanthan gum)); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED)

## **BBQ Chicken**

PER SERVING (1/2 c.)				
165	<b>1.7</b> g	915 <sub>mg</sub>	<b>14.3</b> g	
calories	SAT FAT	sodium	carbs	

#### Allergens:

Made With: Grilled Chicken Strips (See Label for ingredients and allergens); Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED)

# **BBQ Chicken Sandwich**

PER SERVING (1 ea.)				
<b>302</b> calories	<b>2.8</b> g SAT FAT	764 <sub>mg</sub> sodium	<b>37.2</b> g carbs	
Allergens:	Contains Gluten, Soy.	Milk, Sesame, Wh	neat. May contain	
Made With:	,			

# **BBQ Pork Riblet Sandwich**

PER SERVING (1 ea.)				
315	<b>3.5</b> g	827 <sub>mg</sub>	<b>38.5</b> g	
calories	SAT FAT	SODIUM	carbs	

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: BBQ Pork Rib Patty (Ground Pork (Not More Than 24% Fat), Barbeque Sauce [Tomato Ketchup (Tomato, Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice,, Garlic Powder), Brown Sugar, Sugar, Mustard (Distilled Vinegar, Water, Mustard Seed, Salt,, Turmeric, Paprika, Spice, Garlic Powder), Dextrose, Vinegar, Clove], Water, Vegetable, Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper, Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Smoke Flavor, Salt,, Modified Food Starch, Sodium Phosphate.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR) MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED)

### Bean & Vegetable Burrito

PER SERVING (1 burrito)				
CALORIES SAT FAT SODIUM GARBS				
Allergens:	Allergens:			

Made With:

# Bean & Vegetable Taco

PER SERVING (1 taco)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

### Bean and Cheese Enchilada

PER SERVING (1 enchilada)			
<b>197</b>	<b>2.8</b> g	386 <sub>mg</sub>	<b>26.2</b> g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Refried Beans, pinto, vegetarian (1/2c = 1/2c)legume veg or 2 oz M/MA) , Recipe (Municipal Water (WATER); Reduced Sodium Vegetarian Refried Bean Mix (PINTO BEANS (DRY), SALT.)); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour,, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable, shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or, less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium, bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium, propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and, Diglycerides, Sodium metabisulphite)., ); Queso Blanco (CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), WATER, TOMATILLOS (with citric, acid), GREEN CHILES (with citric acid), CONTAINS LESS THAN 2% OF SODIUM PHOSPHATES AND , POTASSIUM PHOSPHATES, MODIFIED FOOD STARCH, CREAM, JALAPENO PEPPERS (with salt, , acetic acid, water, calcium chloride), SEASONING (potassium chloride, flavor [contains maltodextrin]), , ONIONS, SALT, DEHYDRATED GARLIC, DEHYDRATED CILANTRO, CITRIC ACID.); Enchilada Sauce (WATER, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), MODIFIED FOOD STARCH, SPICE, VEGETABLE OIL (CORN, AND/OR CANOLA), SALT, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE).); Enchilada Sauce (WATER, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), MODIFIED FOOD STARCH, SPICE, VEGETABLE OIL (CORN, AND/OR CANOLA), SALT, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE).); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Green Onion (GREEN ONIONS)

### **Beef Bolognese**

PER SERVING (2/3 c.)				
174 calories	<b>3.3</b> g SAT FAT	611 <sub>mg</sub> sodium	12.4 <sub>g</sub> carbs	
Allergens:	Contains Soy.			

Made With: Spaghetti Sauce (TOMATO PUREE (WATER, TOMATC PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC..); Beef Crumble (Ground Beef (No More Than 30% Fat), Water, Textured Vegetable, Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide,, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate,, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine, Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Salt And, Potassium Chloride, Flavorings, Sugar, Sodium Phosphates.)

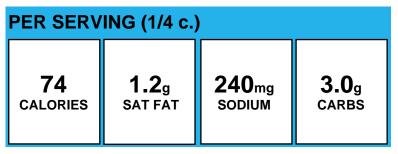
### **Beef Enchilada**

PER SERVING (1 enchilada)			
172	<b>3.4</b> g	437 <sub>mg</sub>	<b>17.2</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour,, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable, shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or, less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium, bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium, propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and, Diglycerides, Sodium metabisulphite)., ); Beef Taco Filling (BEEF, WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), SEASONING (dehydrated onions, chili pepper and other spices, dehydrated garlic, salt), SALT, SEASONING (potassium chloride, natural flavor [contains maltodextrin], CARAMEL COLOR, VINEGAR, PAPRIKA EXTRACT.); Queso Blanco (CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), WATER, TOMATILLOS (with citric, acid), GREEN CHILES (with citric acid), CONTAINS LESS THAN 2% OF SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, MODIFIED FOOD STARCH, CREAM, JALAPENO PEPPERS (with salt, , acetic acid, water, calcium chloride), SEASONING (potassium chloride, flavor [contains maltodextrin]), , ONIONS, SALT, DEHYDRATED GARLIC, DEHYDRATED CILANTRO, CITRIC ACID.); Enchilada Sauce (WATER, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), MODIFIED FOOD STARCH, SPICE, VEGETABLE OIL (CORN, AND/OR CANOLA), SALT, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE).); Enchilada Sauce (WATER, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), MODIFIED FOOD STARCH, SPICE, VEGETABLE OIL (CORN, AND/OR CANOLA), SALT, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE).); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Green Onion (GREEN ONIONS)

### **Beef Taco Filling**



Allergens: Contains Soy.

Made With: Taco Filling, beef, soy, JTM , reduced fat and sodium (BEEF, WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), SEASONING (dehydrated onions, chili pepper and other spices, dehydrated garlic, salt), SALT, SEASONING (potassium chloride, natural flavor [contains maltodextrin], CARAMEL COLOR, VINEGAR, PAPRIKA EXTRACT.)

### **Beef Taco Filling**

PER SERVING (3 tbsp.)			
56	<b>0.9</b> g	180 <sub>mg</sub>	2.3 <sub>g</sub>
calories	SAT FAT	sodium	carbs

Allergens: Contains Soy.

Made With: Taco Filling, beef, soy, JTM , reduced fat and sodium (BEEF, WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), SEASONING (dehydrated onions, chili pepper and other spices, dehydrated garlic, salt), SALT, SEASONING (potassium chloride, natural flavor [contains maltodextrin], CARAMEL COLOR, VINEGAR, PAPRIKA EXTRACT.)

### **Beef Taco Filling**

PER SERVING (1/3 c.)			
99	<b>1.6</b> g	320mg	<b>4.0</b> g
CALORIES	SAT FAT	SODIUM	carbs

Allergens: Contains Soy.

Made With: Taco Filling, beef, soy, JTM , reduced fat and sodium (BEEF, WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), SEASONING (dehydrated onions, chili pepper and other spices, dehydrated garlic, salt), SALT, SEASONING (potassium chloride, natural flavor [contains maltodextrin], CARAMEL COLOR, VINEGAR, PAPRIKA EXTRACT.)

### **Berry Patch Smoothie**

PER SERVING (1 c.)			
154	<b>0.3</b> g	61 <sub>mg</sub>	<b>32.8</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: Low Fat Strawberry Yogurt (Cultured Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1 % or less of: Natural Flavor, Corn, Starch, Citric Acid, Vegetable Juice (for color), Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Unsweetened Apple Sauce (Apples, water and ascorbic acid (Vitamin C) to maintain color. ); Apple Juice (100% Apple Juice (Water sufficient to reconstitute Apple Juice Concentrate))

### **Blueberries**

PER SERVING (2 tbsp.)			
<b>10</b>	<b>0.0</b> g	<b>O</b> mg	<b>2.2</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Blueberries (BLUEBERRIES)

### Blueberry Bagel w/ Cream Cheese Burry

PER SERVING (1/2 ea.)				
<b>102</b> calories	<b>1.1</b> g SAT FAT	185 <sub>mg</sub> sodium	17.4 <sub>g</sub> carbs	
Allergens:	,		essed in a facility	
Made With:	Contains Gluten, Milk, Wheat. Processed in a facility that also processes Egg, Soy. Whole Grain Blueberry Bagel (INGREDIENTS: WHITE WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Ribofavin, Folic Acid), Dried Blueberries (Sugar, Blueberry, Sunfower Oll), Blueberry Flavor Bits (Sugar, Wheat Flour, Canola Oil, Wheat Starch, Dextrose [colored with fruit juice], Natural Flavor (WONF), Blueberry Solids, Sodium Bicarbonate), Brown Sugar, Contains less than 2% of Blueberry Flavor (Natural and Artfcial Flavor), Dough Conditoner (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Ribofavin, Folic Acid] Hydrolyzed Wheat Gluten and 2% or Less of Each of the Following: Canola Oil, Ascorbic Acid, Enzymes, Salt), Salt, Vinegar, Wheat Gluten, Yeast, ); Light Cream Cheese (PASTEURIZED MILK AND CREAM, WHEY PROTEIN CONCENTRATE, CONTAINS LESS THAN, 2% OF SALT, CAROB BEAN GUM, GUAR GUM, SORBIC ACID (AS A PRESERVATIVE)*, VITAMIN A		TER, ENRICHED Ited Barley amin , d), Dried unfower Oll), heat Flour, see [colored (WONF), nate), Brown f Blueberry r), Dough ur [Wheat Flour, Mononitrate, Wheat Gluten the Following: hes, Salt), Salt, Light Cream CREAM, WHEY IS LESS THAN, GUAR GUM,	

### Blueberry Bagel w/ Cream Cheese Burry

PER SERVING (1 ea.)				
<b>205</b> calories	<b>2.2</b> g SAT FAT	370 <sub>mg</sub> SODIUM	<b>34.7</b> g carbs	
Allergens:	Contains Gluten, that also process	Milk, Wheat. Proc es Egg, Soy.	essed in a facility	
Made With:	WHITE WHOLE W WHEAT FLOUR, ( Flour, Niacin, Re Mononitrate, Ril Blueberries (Su Blueberry Flavor Canola Oil, Whe with fruit juice]. Blueberry Solids Sugar, Contains Flavor (Natural a Conditoner (Enri Niacin, Reduced Ribofavin, Folic and 2% or Less Canola Oil, Asco Vinegar, Wheat Cheese (PASTEU) PROTEIN CONCE 2% OF SALT, CA SORBIC ACID (AS	berry Bagel (INGF /HEAT FLOUR, WA Wheat Flour, Ma educed Iron, Thia bofavin, Folic Acid gar, Blueberry, S Bits (Sugar, Wi eat Starch, Dextro , Natural Flavor ( , Sodium Bicarbo less than 2% of and Artfcial Flavor (ched Wheat Flou Iron, Thiamine Acid] Hydrolyzed s of Each of the orbic Acid, Enzyn Gluten, Yeast, ); L RIZED MILK AND ( NTRATE, CONTAIN ROB BEAN GUM, C S A PRESERVATIV ESE CULTURE. *I EAM CHEESE)	TER, ENRICHED Ited Barley amin , d), Dried unfower OII), heat Flour, ose [colored (WONF), nate), Brown f Blueberry r), Dough ur [Wheat Flour, Mononitrate, Wheat Gluten e Following: nes, Salt), Salt, .ight Cream CREAM, WHEY IS LESS THAN, GUAR GUM, E)*, VITAMIN A	

### **Blueberry Muffin**

PER SERVING (1 muffin)			
<b>190</b>	<b>2.0</b> g	130 <sub>mg</sub>	<b>30.0</b> g
calories	SAT FAT	sodium	carbs

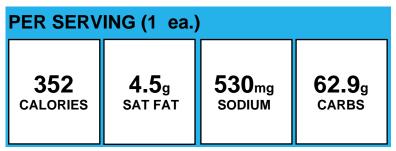
Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Whole Grain Blueberry Muffin (WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID [TO RETAIN COLOR]), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FRACTIONATED INTERESTERIFIED PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, OAT FIBER, MONO- AND DIGLYCERIDES, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), CINNAMON, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, NATURAL APPLE FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, CARAMEL COLOR, ENZYMES.)

### **Blueberry Muffin Square**

PER SERVING (1/2 ea.)				
176 calories	<b>2.3</b> g SAT FAT	<b>265</b> mg SODIUM	<b>31.5</b> g carbs	
Allergens: Made With:	Contains Egg, Gluten, Milk, Soy, Wheat. Muffin ( WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING , (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM , SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR. ); Blueberries, highbrush, frozen (Blueberries (BLUEBERRIES))			

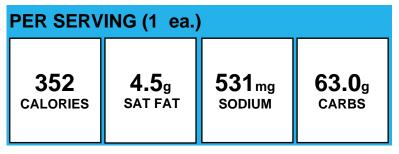
## **Blueberry Muffin Square**



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Muffin ( WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING, (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM, SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR. ); Blueberries, highbrush, frozen (Blueberries (BLUEBERRIES))

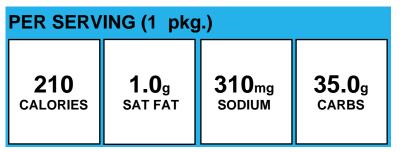
### **Blueberry Muffin Square**



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Muffin ( WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING, (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM, SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR. ); Municipal Water (WATER); Wild Blueberries (BLUEBERRIES)

## **Blueberry Pancake Bites**

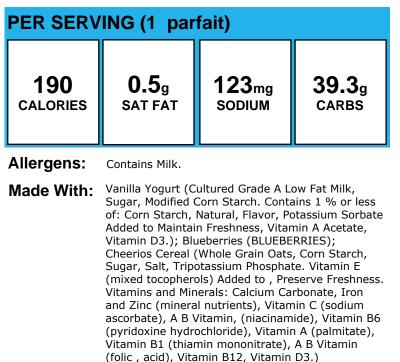


Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

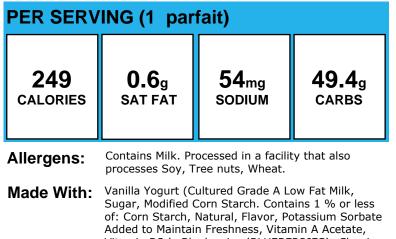
Made With: Pancakes, mini, blueberry, WGR, Eggo Bites (WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, PALM KERNEL, AND/OR CANOLA OIL), BUTTERMILK, EGGS, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, SALT, NATURAL FLAVORS, CORN CEREAL, YELLOW CORN FLOUR, CORNSTARCH, CORN SYRUP SOLIDS, BLACK CARROT JUICE CONCENTRATE FOR COLOR, BLUEBERRY JUICE CONCENTRATE FOR COLOR, SOY LECITHIN, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B6 (PYRODOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B12.)



### **Blueberry Parfait**

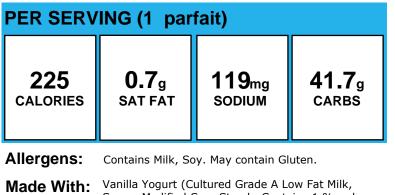


### **Blueberry Patch Parfait**



Vitamin D3.); Blueberries (BLUEBERRIES); Classic Granola (Whole grain rolled oats, cane sugar, whole grain brown rice flour, mixed fruit blend concentrate (pineapple, pear, peach), oat flour, vanilla extract (vanilla bean extractives, alcohol, water), vitamin E)

### **Blueberry Patch Parfait**



Made With: Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Wild Blueberries (BLUEBERRIES); Oats & amp; Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, , Soy Lecithin, Natural Flavor.)

## **Bob's Redmill Classic Granola**

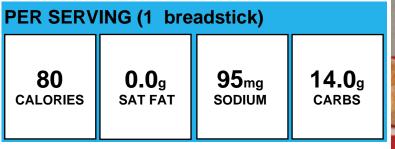
PER SERVING (1/4 c.)				
55 CALORIES	<b>0.1</b> g SAT FAT	Omg SODIUM	<b>10.3</b> g carbs	
Allergens:	Processed in a facility that also processes Milk, Soy, Tree nuts, Wheat.			

Made With:	Classic Granola (Whole grain rolled oats, cane sugar, whole grain brown rice flour, mixed fruit blend concentrate (pineapple, pear, peach), oat
	flour, vanilla extract (vanilla bean extractives, alcohol, water), vitamin E)

# **Bread Roll**

PER SERVING (2 roll.)					
140 calories	<b>0.0</b> g SAT FAT	180 <sub>mg</sub> sodium	<b>26.0</b> g carbs		
Allergens:	Contains Gluten, Sesame, Soy, Wheat.				
Made With:	WWW Tea Roll (WHOLE GRAIN WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin and Folic Acid), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: Vegetable oil (canola and/or soy), Salt, Guar and/or Xanthan Gum, Yeast Nutrient (Ammonium Sulfate), Dough Conditioners (Mono- diglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Monocalcium Phosphate, Calcium Propionate (Mold Inhibitor), Calcium Sulfate, Enzymes)				

#### Breadstick



- Allergens: Contains Gluten, Soy, Wheat. May contain Egg, Milk.
- Made With: Whole Grain Breadstick (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF THE FOLLOWING: FRUCTOSE, SOYBEAN OIL, OAT FIBER, SEA SALT, HONEY, SOY LECITHIN, NATURAL FLAVOR, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; Diglycerides, Propellant.)



### Breakfast on a Stick

PER SERVING (1 stick.)			
<b>190</b> calories	<b>2.5</b> g SAT FAT	310 <sub>mg</sub> sodium	<b>17.0</b> g carbs
Allergens:	Contains Egg, Gl	uten, Soy, Wheat.	
Made With:Whole Grain Pancake with Turkey Sausage (GROUND TURKEY AND VEGETABLE PROTEIN LINK INGREDIENTS: GROUND TURKEY, MECHANICALLY, SEPARATED TURKEY, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN, CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A, PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE,, RIBOFLAVIN, CYANOCOBALAMIN), CONTAINS 2% OR LESS OF SALT, SPICES, SODIUM PHOSPHATE,, POTASSIUM CHLORIDE, NATURAL FLAVORING, SUGAR, SODIUM 			

### **Bruschetta Chicken**

PER SERVING (5/8 c.)			
149	<b>2.0</b> g	<b>368</b> mg	7.1 <sub>g</sub>
calories	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: Grilled Chicken Strips (See Label for ingredients and allergens); Bruschetta Topping, tomatoes, balsamic vinaigrette (1/2c = 1/2c red veg), Recipe (Tomatoes, fresh, 1/4-inch diced, ready-toserve (1/2c = 4.2 oz = 1/2c red/orange veg)Recipe (Tomato (TOMATO)); Low Fat Balsamic Vinaigrette (WATER, BALSAMIC VINEGAR, SOYBEAN OIL, RED WINE VINEGAR, SUGAR, OLIVE OIL, SALT, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, XANTHAN GUM, SPICES, GARLIC\*, MUSTARD SEED, ONION\*, RED BELL PEPPER\*, POLYSORBATE 60, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \*DEHYDRATED); Basil, finely chopped, Recipe (Fresh Basil (BASIL)); Garlic Chopped in Water (GARLIC); Black Pepper Ground (BLACK PEPPER)); Low Fat Balsamic Vinaigrette (WATER, BALSAMIC VINEGAR, SOYBEAN OIL, RED WINE VINEGAR, SUGAR, OLIVE OIL, SALT, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, XANTHAN GUM, SPICES, GARLIC\*, MUSTARD SEED, ONION\*, RED BELL PEPPER\*, POLYSORBATE 60, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \*DEHYDRATED)

# **Buffalo Chicken Filling**

PER SERVING (3 oz.)			
153	<b>2.0</b> g	847 <sub>mg</sub>	<b>6.4</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Grilled Chicken Strips (See Label for ingredients and allergens); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)

# **Buffalo Chicken Flatbread Roll Up**

PER SERVING (1 ea.)			
402	<b>6.4</b> g	<b>1362</b> mg	<b>37.3</b> g
CALORIES	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Buffalo Chicken, Tyson popcorn, Franks hot sauce (12 pieces=4.6 oz=2 oz M/MA+1 oz grain), Recipe (Popcorn Chicken, Tyson (12 pieces = 3.36 oz = 2 oz M/MA + 1 oz eq grain), Recipe (Chick Popcorn (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anticaking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.)); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)); Whole Grain Oven Fired Flatbread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, NONFAT DRY MILK, WHEAT GLUTEN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SODIUM STEAROYL LACTYLATE, GUAR GUM.); Shredded Cheddar Cheese Reduced Fat (See Label f

## **Buffalo Ranch Sauce**

PER SERVING (1 tbsp.)			
18	<b>0.2</b> g	<b>336</b> mg	<b>1.8</b> g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Egg, Milk, Soy.

Made With: Reduced Calorie Ranch Dressing (WATER, CULTURED LOWFAT BUTTERMILK, CORN SYRUP, SOYBEAN OIL, RANCH SEASONING & amp; SPICES (SALT, FOOD STARCH-MODIFIED, MONOSODIUM GLUTAMATE, SUGAR, DRIED GARLIC, DRIED ONION, NATURAL AND ARTIFICIAL FLAVOR [INCLUDES MILK, SOYBEAN], WHEY PROTEIN CONCENTRATE, CORN SYRUP, SPICES, XANTHAN GUM, SORBIC ACID AND CALCIUM DISODIUM EDTA AS PRESERVATIVES, CITRIC ACID, CALCIUM STEARATE), DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF EGG YOLKS, CULTURED BUTTERMILK, WHEY, FOOD STARCH-MODIFIED, SALT, NATURAL FLAVOR (INCLUDES MILK), PHOSPHORIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), ARTIFICIAL COLOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. ); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.); Cayenne Pepper (CAYENNE PEPPER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

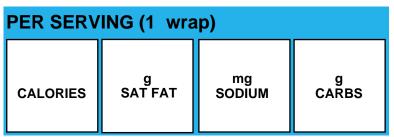
## **Buffalo Sauce**

PER SERVING (1 tbsp.)			
<b>3</b>	<b>0.0</b> g	627 <sub>mg</sub>	<b>0.5</b> g
CALORIES	SAT FAT	sodium	carbs

#### Allergens:

Made With: Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)

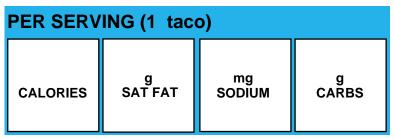
## **Build-to-Order Asian Burrito**



Allergens:

Made With:

## **Build-to-Order Asian Taco**



Allergens:

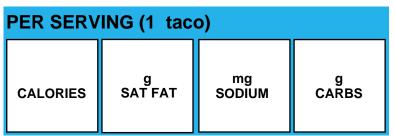
Made With:

#### Build-to-Order Mexican Burrito, MIA

PER SERVING (1 burrito)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

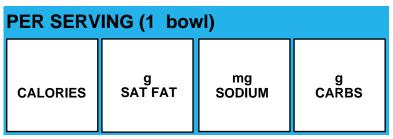
#### **Build-to-Order Taco**



Allergens:

Made With:

### **Build-to-Order, Italy Bowl**



Allergens:

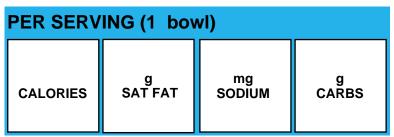
Made With:

#### Build-to-Order, Mediterranean Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

## **Builld-to-Order Asian Rice Bowl**



Allergens:

Made With:

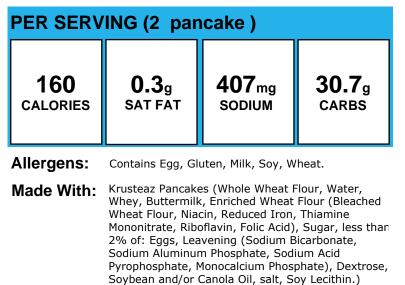
## **Burger Topping**



#### Allergens:

Made With: Lettuce, Iceburg, shredded, ready-to-serve (Shredded Lettuce (ICEBERG LETTUCE)); Dill Pickle (CUCUMBERS, WATER, VINEGAR, SALT, ALUM, CALCIUM CHLORIDE, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVE), NATURAL FLAVORS, POLYSORBATE 80, YELLOW 5, BLUE 1.); Tomatoes, fresh, 1/8-inch sliced, ready-to-serve (2.5 slices = 1/8 cup red veg), Recipe (Tomato (TOMATO))

#### **Buttermilk Pancakes**



### **Buttery Whole Grain Toast**

PER SERVING (1 slice)			
95	<b>0.8</b> g	125 <sub>mg</sub>	<b>14.3</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

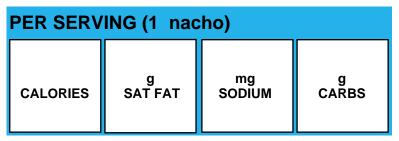
Made With: 51%WWW Sandwich Bread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES.); Margarine (VEGETABLE OIL BLEND (PALM OIL AND SOYBEAN OIL) WATER, SALT, CONTAINS LESS THAN 2% OF NONFAT DRY MILK, SOY LECITHIN, VEGETABLE MONO & amp; DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & amp; ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED. )

#### **Caesar Side Salad**

PER SERVING (1/2 c.)			
<b>85</b>	<b>1.6</b> g	163 <sub>mg</sub>	<b>2.8</b> g
calories	SAT FAT	sodium	carbs

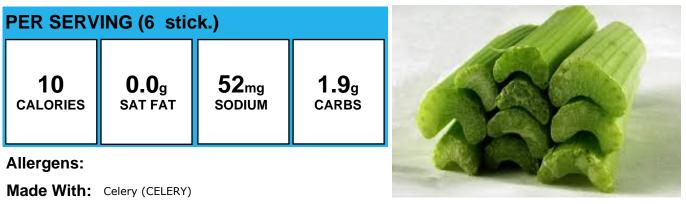
- Allergens: Contains Egg, Fish, Gluten, Milk, Wheat. Processed in a facility that also processes Tree nuts.
- Made With: Romaine Lettuce (ROMAINE LETTUCE); Caesar Dressing (SOYBEAN OIL, WATER, PARMESAN CHEESE WITH FLAVOR (PARMESAN CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], FLAVOR [ENZYME MODIFIED CHEESE {CULTURED MILK, WATER, SALT, ENZYMES}], POWDERED CELLULOSE TO PREVENT CAKING), CORN VINEGAR, EGG YOLKS, EXTRA VIRGIN OLIVE OIL, CONTAINS LESS THAN 2% OF SALT, ANCHOVY DISTILLED VINEGAR, SPICES, GARLIC, LEMON JUICE CONCENTRATE, GARLIC\*, PHOSPHORIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), XANTHAN GUM, MOLASSES, CORN SYRUP, CARAMEL COLOR, SUGAR, TAMARIND, NATURAL FLAVORS, CELERY SEED. \*DEHYDRATED CONTAINS: MILK, EGG, FISH (ANCHOVY).); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Croutons (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil (With Rosemary Extract And Ascorbic Acid [To Preserve Freshness], ), Whey, Salt, Sugar, Yeast, 2% Or Less of Spices, Dehydrated Parsley, Onion Powder, Paprika (Color), Turmeric (Color), Extractive of Paprika (Color), Spice Extractive, Enzymes.)

#### **Carnitas Nachos**

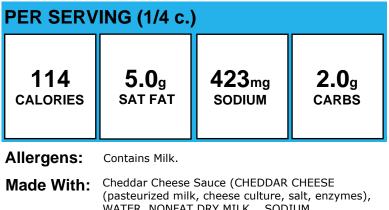


Allergens:

## **Celery Sticks**



## **Cheddar Cheese Sauce**



(pasteurized milk, cheese culture, salt, enzymes), WATER, NONFAT DRY MILK, , SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, CONTAINS LESS THAN 2% OF MODIFIED , FOOD STARCH, SEASONING (potassium chloride, flavor [contains maltodextrin]), SALT, PAPRIKA , EXTRACT, ANNATTO EXTRACT., )

# **Cheddar Cheese Sauce**

PER SERVING (3/8 c.)				
172 calories	<b>7.5</b> g SAT FAT	635 <sub>mg</sub> SODIUM	<b>3.1</b> g carbs	
Allergens:	Contains Milk.			
Made With:	Cheddar Cheese Sauce (CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), WATER, NONFAT DRY MILK, , SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, CONTAINS LESS THAN 2% OF MODIFIED , FOOD STARCH, SEASONING (potassium chloride, flavor [contains maltodextrin]), SALT, PAPRIKA , EXTRACT, ANNATTO EXTRACT., )			

## Cheerios

PER SERVING (1 bowl)			
101	<b>0.4</b> g	136 <sub>mg</sub>	<b>20.8</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Cheerios Cereal (WHOLE GRAIN OATS, CORN STARCH, SUGAR, SALT, TRIPOTASSIUM PHOSPHATE, VITAMIN E (MIXED TOCOPHEROLS) ADDED TO PRESERVE FRESHNESS, VITAMINS AND MINERALS: CALCIUM CARBONATE, IRON AND ZINC (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN A (PALMITATE), VITAMIN B1 (THIAMIN MONONITRATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.)



Cheese	Calzone,	5"
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PER SERVING (1 ea.)			
<b>363</b> calories	<b>6.4</b> g SAT FAT	593 <sub>mg</sub> SODIUM	<b>42.5</b> g carbs
Allergens:			
Made With:	that also processes Soy. May contain Egg.		

# Cheese Lasagna Roll

PER SERVING (1 roll.)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

## Cheese Lasagna Rollup

PER SERVING (1 roll.)			
277	<b>2.1</b> g	510 <sub>mg</sub>	<b>42.9</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Wheat.

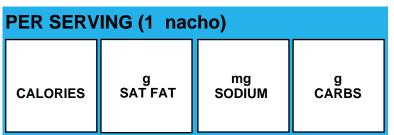
Made With: Whole Grain Cheese Lasagna Roll up (Low Fat Ricotta Cheese (Pasteurized Whey, Pasteurized Milk,, Pasteurized Cream, Vinegar, Carrageenan, Xanthan Gum), Ultragrain Durum, Semolina Blend (Whole Wheat Flour, Semolina [Wheat], Niacin, Ferrous Sulfate,, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Low-Moisture Part Skim, Mozzarella Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Cellulose, Powder To Prevent Caking, Natamycin To Inhibit Mold), Whey Protein Isolate,, Sodium Caseinate, Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures,, Salt, Enzymes), Modified Food Starch, Sugar, Salt, Garlic Powder, Ascorbic Acid, (To Promote Color Retention).); Spaghetti Sauce (TOMATO PUREE (WATER, TOMATO PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC..); Spaghetti Sauce (TOMATO PUREE (WATER, TOMATO PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC..)

#### **Cheesy Broccoli Baked Potato**

PER SERVING (1 potato)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

## **Cheesy Cheddar Nachos**



Allergens:

Made With:

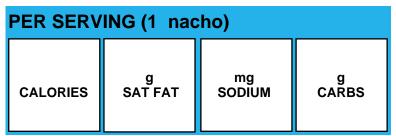
### Cheesy Nachos with Refried Beans

PER SERVING (1 nacho)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

# **Cheesy Nachos with Taco Meat**



Allergens:

#### **Chef Salad**

PER SERVING (1 salad)			
148	<b>3.7</b> g	500mg	5.2g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Egg, Milk, Soy.

Made With: Salad Mix (ROMAINE LETTUCE, ICEBERG LETTUCE); Hard Boiled Egg (HARD COOKED EGGS); Cucumber (CUCUMBER); Deli Turkey (INGREDIENTS: TURKEY BREAST, TURKEY BROTH: CONTAINS 2% OR LESS SEA SALT, MODIFIED FOOD STARCH, SUGAR, SODIUM PHOSPHATE. , This item is fully cooked deli-style turkey produced from formed turkey breast meat. This product contains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5-pound packages., CREDITING/YIELD One case of turkey deli breast provides approximately 448 1.43-ounce portions., CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement., , , , ); Fresh Tomatoes (TOMATO); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite. ); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation., )

#### Chef Salad

PER SERVING (1 salad)			
131	<b>3.6</b> g	435 <sub>mg</sub>	<b>5.3</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Egg, Milk, Soy.

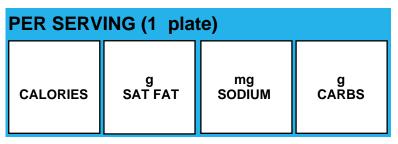
Made With: Salad Mix with color (Iceburg Lettuce, Shredded Red Cabbage, Shredded Carrots ); Egg, Large Hardboiled, Peeled CONV (Hard Boiled Egg (HARD COOKED EGGS)); Cucumber (CUCUMBER); Fresh Tomatoes (TOMATO); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation., ); Deli Smoked Turkey (Turkey, Deli Breast, Smoked, Sliced, USDA #110910); Deli Turkey Ham (See product packaging for sub-ingredients and allergens. Allergen Information: The specification for this product requires that there be no gluten or soy used in the formulation. Please be sure to verify this information using the allergen, statement on the product packaging upon receipt. For more information, please contact the product manufacturer directly)

## **Cherry Frudel Stick**

PER SERVING (1 pkg.)			
<b>176</b> calories	<b>0.7</b> g SAT FAT	221 <sub>mg</sub> sodium	<b>30.9</b> g carbs
Allergens:	Contains Gluten, Milk, Wheat.		
Made With:	With: Cherry Frudel (WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHERRY STRUDEL FILLING (WATER, SUGAR, CORN SYRUP, MODIFIED CORN STARCH, CHERRIES, CITRIC ACID, SODIUM		

CITRATE, BLACK CARROT AND BLACK CURRANT JUICE CONCENTRATE ADDED FOR COLOR, MALIC ACID, SALT, INVERT SUGAR, SODIUM BENZOATE [PRESERVATIVE], NATURAL FLAVOR, GELLAN GUM, XANTHAN GUM, LOCUST BEAN GUM, CARRAGEENAN), SUGAR, SOYBEAN OIL. CONTAINS 2% OR LESS OF: YEAST, NONFAT MILK, SALT, NATURAL FLAVOR.)

#### Chick'n & Waffle Stacker Breakfast Plate



Allergens:

Made With:

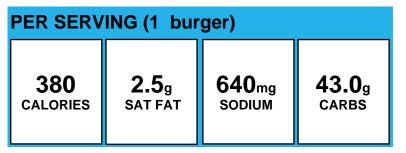
## **Chicken & Vegetable Potstickers**

PER SERVING (3 ea.)					
<b>120</b> calories	0.3g SAT FAT 275mg SODIUM 15.5g CARBS				
Allergens: Made With:	Chicken Potsticke SOY PROTEN COI PROTEIN CONCEI GREEN ONION, C SUGAR, SALT, SE PROTEIN WITH L WHOLE WHEAT F (ENRICHED WHE NIACIN, REDUCE MONOMITRATE, I MALTED BARLEY STARCH, SALT, C	Sesame, Soy, Wher (FILLING: CHIC) NCENTRATE (WAT NTRATE), GREEN ( CANOLA OIL, WAT ESAME OIL, ISOLA ESS THAN 2% LEC FLOUR, ENRICHED AT FLOUR [WHEAT D IRON, THIAMIN RIBOFLAVIN, FOLI FLOUR), WATER, CONOLA OIL, WHE la Oil, Phosphated pellant.)	KEN HYDRATED ER, SOY CABBAGE, ER, CARROT, TED SOY CITHIN. DOUGH: WHEAT FLOUR T FLOUR, E C ACID], MODIFIED CORN AT GLUTEN.);		

#### Chicken Bruschetta Flatbread Pizza

FIZZA				
PER SERV	/ING (1 ea.)			
384 CALORIES	<b>7.7</b> g SAT FAT	894 <sub>mg</sub> SODIUM	<b>35.9</b> g carbs	
Allergens:	Contains Gluten,	Milk, Wheat. May	contain Soy.	
Made With:	SAT FAT     SODIUM     CARBS       Contains Gluten, Milk, Wheat. May contain Soy.			

#### **Chicken Burger**



Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.)

## Chicken Caesar Salad

PER SERVING (1 salad)			
238	<b>3.5</b> g	596mg	<b>16.8</b> g
CALORIES	SAT FAT	SODIUM	carbs

- Allergens: Contains Gluten, Milk, Wheat. Processed in a facility that also processes Tree nuts.
- Made With: Romaine Lettuce (ROMAINE LETTUCE); Grilled Chicken Strips (See Label for ingredients and allergens); Croutons (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil (With Rosemary Extract And Ascorbic Acid [To Preserve Freshness], ), Whey, Salt, Sugar, Yeast, 2% Or Less of Spices, Dehydrated Parsley, Onion Powder, Paprika (Color), Turmeric (Color), Extractive of Paprika (Color), Spice Extractive, Enzymes.); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING))

### **Chicken Drumstick Basket**

PER SERVING (1 Basket)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

#### Chicken Enchilada Suiza

PER SERVING (1 enchilada)			
204	<b>3.2</b> g	491 <sub>mg</sub>	<b>20.8</b> g
CALORIES	SAT FAT	sodium	carbs

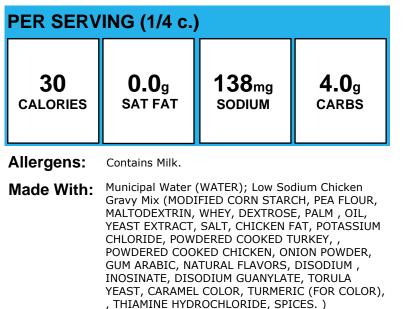
Allergens: Contains Gluten, Milk, Wheat.

**Made With:** Mexican Chicken, USDA Unseasoned Strip, taco seasoning, salsa (Grilled Chicken Strips (See Label for ingredients and allergens); Salsa, Original, homemade (1/2c = 3/8c red/orange + 1/8c other veg) (Tomatoes (Vine-Ripened Peeled Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid.);

Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28) oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)); Taco Seasoning (INGREDIENTS: SPICES (INCLUDING PAPRIKA, CHILI PEPPER), ONION, SALT, GARLIC, POTATO FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA POWDER PROCESSED WITH ALKALI, CORN SYRUP SOLIDS, AND NATURAL FLAVOR.)); (Use SR3319) White Enchilada Sauce, USDA Mozz (Municipal Water (WATER); Salsa, Original, homemade (1/2c = 3/8c red/orange +1/8c other veg) (Tomatoes (Vine-Ripened Peeled Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid.); Onion, yellow, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)); Low Sodium Chicken Gravy Mix (MODIFIED CORN STARCH, PEA FLOUR, MALTODEXTRIN, WHEY, DEXTROSE, PALM , OIL, YEAST EXTRACT, SALT, CHICKEN FAT, POTASSIUM CHLORIDE, POWDERED COOKED TURKEY, POWDERED COOKED CHICKEN, ONION POWDER, GUM ARABIC, NATURAL FLAVORS, DISODIUM, INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CARAMEL COLOR, TURMERIC (FOR COLOR), THIAMINE HYDROCHLORIDE, SPICES. ); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), ); Garlic Powder (GARLIC POWDER); Onion Powder (ONION POWDER)); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour,, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable, shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or, less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium, bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium, propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and, Diglycerides, Sodium metabisulphite)., ); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Black Olives, sliced, canned, drained (1/2c = 2.2 oz = 1/2c other)

veg), Recipe (Sliced Black Olives (RIPE OLIVES, WATER, SEA SALT, FERROUS GLUCONATE (AN IRON DERIVATIVE))); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

## **Chicken Gravy**



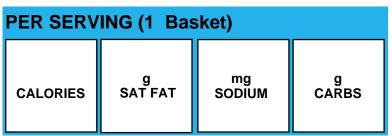
#### **Chicken Meatballs**

PER SERVING (5 Meatballs)			
177	<b>3.4</b> g	202 <sub>mg</sub>	<b>5.9</b> g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Meatballs, 0.54oz (Ground chicken, water, textured soy protein concentrate, wheat flour, contains 2% or less of the following: dextrose, garlic powder, maltodextrin, natural flavors, onion, powder, salt, soybean oil, spice, sugar, torula yeast, yeast, yeast extract. )

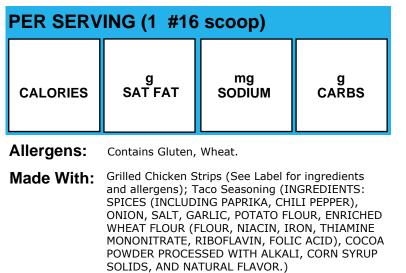
## **Chicken Nugget Basket**



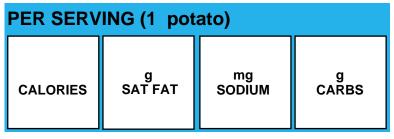
Allergens:

Made With:

# **Chicken Strip Filling**

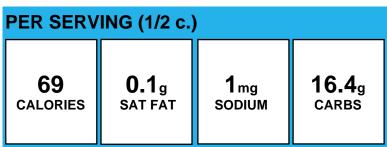


## **Chili & Cheese Baked Potato**



Allergens:

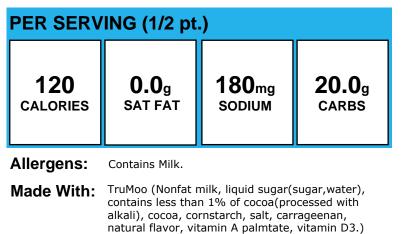
## **Chilled Corn**



Allergens:

Made With: Corn (SWEET CORN)

## **Chocolate Milk**



# **Chocolate Milk**

PER SERVING (8 fl. oz.)				
<b>120</b> calories	<b>0.0</b> g SAT FAT	180 <sub>mg</sub> sodium	<b>21.0</b> g carbs	
Allergens:	Contains Milk.			
Made With:	Chocolate Milk (Skim Milk, Sucrose, Corn Syrup,			

Cocoa processed with alkali, Cornstarch, Salt, Carrageenan, Vanillin, Natural Flavor, Vitamin A & D added)

## **Chocolate Skim Milk**

PER SERVING (1 Half Pint)			
130 calories	<b>0.0</b> g SAT FAT	210 <sub>mg</sub> SODIUM	<b>24.0</b> g carbs
Allergens:	Contains Milk.		

Made With: Chocolate Milk Darigold (Skim Milk, Sucrose, Corn Syrup, Cocoa processed with alkali, Cornstarch, Salt, Carrageenan, Vanillin, Natural Flavor, Vitamin A & amp; D added)

## **Cilantro Lime Rice**

PER SERVING (2/3 c.)			
155	<b>0.2</b> g	185 <sub>mg</sub>	<b>29.1</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Municipal Water (WATER); Brown Rice (LONG Made With: GRAIN PARBOILED BROWN RICE); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Chopped in Water (GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

## **Cinnamon Toast Crunch Cereal**

PER SERVING (1 bowl)			
120	<b>0.0</b> g	<b>160</b> mg	<b>22.0</b> g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Cinnamon Toast Crunch Cereal, reduced sugar (WHOLE GRAIN WHEAT, SUGAR, RICE FLOUR, RICE BRAN AND/OR CANOLA OIL, POLYDEXTROSE, MALTODEXTRIN, FRUCTOSE, DEXTROSE, SALT, CINNAMON, TRISODIUM PHOSPHATE, SOY LECITHIN, CARAMEL COLOR, BHT ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, ZINC AND IRON (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3).)



PER SERVING (1 Bar)			
157	<b>0.4</b> g	122 <sub>mg</sub>	<b>29.6</b> g
calories	SAT FAT	sodium	carbs

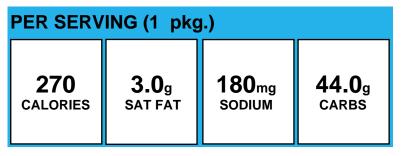
Allergens: Contains Gluten, Soy, Wheat.

Made With: Cinnamon Toast Crunch Cereal Bar (WHOLE GRAIN OATS, CORN SYRUP, WHOLE GRAIN WHEAT, SUGAR, FRUCTOSE, CANOLA OIL, BROWN RICE FLOUR, RICE FLOUR, MALTODEXTRIN, CHICORY ROOT EXTRACT, WHOLE CORN FLOUR, CONTAINS 2% OR LESS OF: VEGETABLE GLYCERIN, WHEAT STARCH, CALCIUM CARBONATE, SALT, DEXTROSE, COLOR (CARAMEL COLOR, ANNATTO EXTRACT), CINNAMON, BAKING SODA, TRISODIUM PHOSPHATE, ZINC AND IRON (MINERAL NUTRIENTS), A B VITAMIN (NIACINAMIDE), NATURAL FLAVOR, SOY LECITHIN, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), A B VITAMIN (FOLIC ACID).)





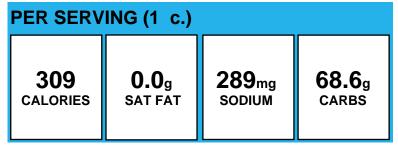
#### **Cinnamon UBR**



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Cinnamon UBR (WHOLE WHEAT FLOUR, SUGAR, OATS, PALM AND SOYBEAN OILS, CINNAMON DROPS (SUGAR, PALM OIL, CINNAMON, NONFAT DRY MILK, SOY LECITHIN (AN EMULSIFIER)), CHICKORY ROOT FIBER, MOLASSES, CONTAINS LESS THAN 2% OF THE FOLLOWING: GLYCERINE (VEGETABLE BASED), BROWN SUGAR, LEAVENING (BAKING SODA), CINNAMON, MODIFIED CORNSTARCH, EGGS, RAISIN PASTE, NATURAL AND ARTIFICIAL FLAVOR, EGG WHITES, SALT, CARRAGEENAN, GUAR GUM, SOY LECITHIN, CORN SYRUP SOLIDS.)

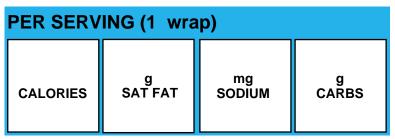
#### **Citrus Herb White Rice**



#### Allergens:

Made With:	Rice, white, oven, steamed (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Converted White Rice (LONG GRAIN PARBOILED WHITE RICE)); Citrus Vinagrette Dressing (Fat Free Golden Italian Dressing (INGREDIENTS: WATER, DISTILLED VINEGAR, MALTODEXTRIN, CORN SYRUP*, SUGAR, SALT, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION*, GARLIC*, RED BELL PEPPERS*, SPICES, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5, YELLOW 6. *DEHYDRATED); Orange Juice (WATER, ORANGE JUICE CONCENTRATE); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS))); Matchstick Carrots, fresh (1/2
	(GREEN ONIONS))); Matchstick Carrots, fresh (1/2 c =1.6 oz=1/2c red/orange veg) (Carrot (CARROTS))

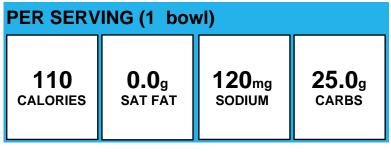
### **Classic Ham & Cheddar Wrap**



Allergens:

Made With:

#### **Cocoa Puffs Cereal**



#### Allergens:

Made With: Cocoa Puffs Cereal (Whole Grain Corn, Sugar, Corn Meal, Corn Syrup, Cocoa Processed with Alkali,, Fructose, Canola Oil, Salt, Caramel Color, Refiner's Syrup, Baking Soda, Natural, Flavor. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Zinc, and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin, (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin),, Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid),, Vitamin B12, Vitamin D3.)



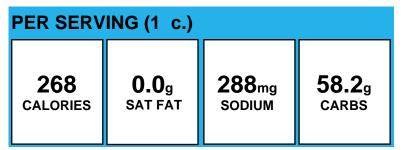
# Cocoa Puffs Cereal Bar

PER SERVING (1 Bar)			
158	<b>0.4</b> g	106 <sub>mg</sub>	<b>29.5</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Cocoa Puffs Cereal Bar (WHOLE GRAIN OATS, CEREAL (WHOLE GRAIN CORN, SUGAR, CORN MEAL, CORN SYRUP, COCOA PROCESSED WITH ALKALI, FRUCTOSE, CANOLA OIL, SALT, CARAMEL COLOR, BROWN SUGAR SYRUP, BAKING SODA, NATURAL FLAVOR, VITAMINS AND MINERALS,: TRICALCIUM PHOSPHATE, CALCIUM CARBONATE, ZINC AND IRON [MINERAL NUTRIENTS], VITAMIN C [SODIUM ASCORBATE], A B VITAMIN [NIACINAMIDE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN A [PALMITATE], A B VITAMIN [FOLIC ACID], VITAMIN B12, VITAMIN D3) CORN SYRUP, SUGAR, WHOLE WHEAT FLOUR, FRUCTOSE, CANOLA OIL, BROWN RICE FLOUR, CHICORY ROOT EXTRACT. CONTAINS 2% OR LESS OF: VEGETABLE GLYCERIN, CALCIUM CARBONATE, COCOA PROCESSED WITH ALKALI, MALTODEXTRIN, CORN FLOUR, MODIFIED WHEAT STARCH, SALT, CARAMEL COLOR, BAKING SODA, NATURAL FLAVOR, SOY LECITHIN.)

#### **Cold Citrus Herb Brown Rice**



Allergens:

Rice, brown, oven, steamed (1/2c = 1 oz eq grain)Made With: Recipe (Municipal Water (WATER); Brown Rice (LONG GRAIN PARBOILED BROWN RICE)); Citrus Vinagrette Dressing (Fat Free Golden Italian Dressing (INGREDIENTS: WATER, DISTILLED VINEGAR, MALTODEXTRIN, CORN SYRUP\*, SUGAR, SALT, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION\*, GARLIC\*, RED BELL PEPPERS\*, SPICES, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5, YELLOW 6. \*DEHYDRATED); Orange Juice (WATER, ORANGE JUICE CONCENTRATE); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS))); Matchstick Carrots, fresh (1/2 c =1.6 oz=1/2c red/orange veg) (Carrot (CARROTS))

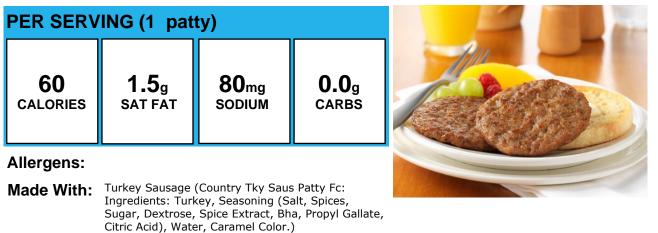
#### Corn Dog

PER SERVING (1 corn dog)			
240	<b>2.5</b> g	470 <sub>mg</sub>	<b>30.0</b> g
calories	SAT FAT	sodium	carbs

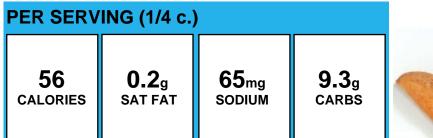
Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Corn Dogs (BATTER INGREDIENTS: WATER, WHOLE WHEAT FLOUR, WHOLE GRAIN CORN, SUGAR, CONTAINS 2% OR LESS OF LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SOYBEAN OIL, SALT, EGG YOLK WITH SODIUM, SILICOALUMINATE, ASCORBIC ACID, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR. FRIED IN VEGETABLE OIL. CHICKEN FRANKFURTER INGREDIENTS: MECHANICALLY SEPARATED CHICKEN, WATER, CORN SYRUP SOLIDS, CONTAINS LESS THAN 2% OF SPICES, SALT, POTASSIUM, LACTATE, SODIUM LACTATE, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, FLAVORINGS, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE. )

### **Country Breakfast Sausage Patty**



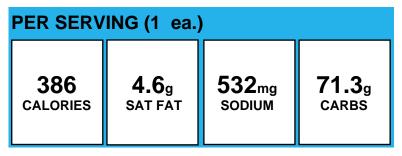
## **Country Style Potato Wedges**



#### Allergens:

Made With: Wedge Cut Fries (Potatoes, Vegetable Oil (Contains One Or More, Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower,, Corn), Potato Starch - Modified. Contains 2% or less of Annatto, Extract (color), Corn Starch, Corn Starch -Modified, Dextrin,, Dextrose, Extractives of Capsicum, Garlic Powder, Leavening, (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion, Powder, Paprika (color), Paprika Extract (color), Potassium, Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To, Maintain Color, Spices, Tapioca Starch - Modified, Xanthan Gum.)

#### **Cranberry Peach Muffin Square**



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Muffin ( WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING, (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM, SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR. ); Peaches, Canned, Diced, packed in extra light syrup, USDA (Diced Peaches (See label for ingredients and allergens.)); Dried Sweetened Cranberries (CRANBERRIES, SUGAR, CITRIC ACID, ELDERBERRY JUICE CONCENTRATE, SUNFLOWER OIL.); Nutmeg Ground (NUTMEG)



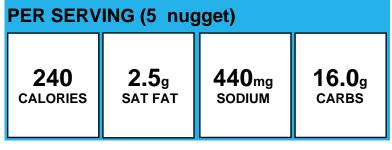
### **Cranberry Peach Muffin Square**

PER SERVING (1/2 ea.)			
193	<b>2.3</b> g	266 <sub>mg</sub>	<b>35.6</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Muffin ( WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING, (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM, SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR. ); Peaches, Canned, Diced, packed in extra light syrup, USDA (Diced Peaches (See label for ingredients and allergens.)); Dried Sweetened Cranberries (CRANBERRIES, SUGAR, CITRIC ACID, ELDERBERRY JUICE CONCENTRATE, SUNFLOWER OIL.); Nutmeg Ground (NUTMEG)

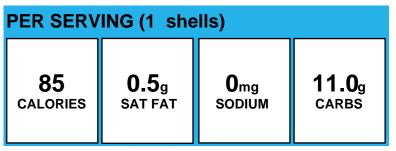
### **Crispy Chicken Nuggets**



Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Nuggets (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.)

# **Crispy Corn Taco Shell**



Allergens:

Made With: 6" Yellow Corn Taco Shell (Whole Grain Corn, Water Vegetable Oil (Cottonseed, Corn, and/or Sunflower))

# **Crispy Garden Bowl**

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

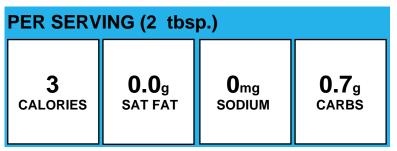
# **Crispy Whole Apple**

PER SERVING (1 extra small (2-1/2" dia))			
<b>48</b>	<b>0.0</b> g	1 <sub>mg</sub>	<b>12.7</b> g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Apple (APPLE)

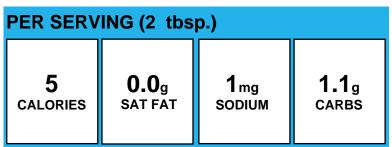
## **Diced Cucumber**



Allergens:

Made With: Cucumber (CUCUMBER)

## **Diced Green Bell Peppers**



Allergens:

Made With: Green Bell Pepper (GREEN SWEET PEPPER)

## **Diced Peaches**

PER SERVING (1/2 c.)			
<b>59</b>	<b>0.0</b> g	5 <sub>mg</sub>	<b>13.8</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Diced Peaches (See label for ingredients and allergens.)

#### **Diced Peaches**

PER SERVING (2 tbsp.)			
<b>19</b>	<b>0.0</b> g	2 <sub>mg</sub>	<b>5.1</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Diced Peaches (PEACHES, WATER, PEAR JUICE FROM CONCENTRATE)

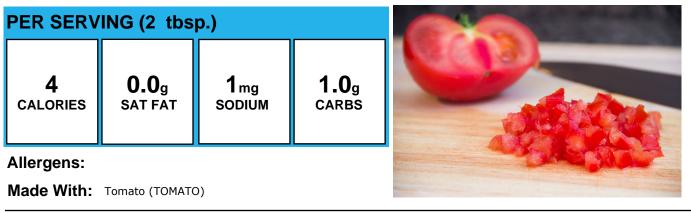
#### **Diced Pears**

PER SERVING (1/2 c.)			
<b>57</b>	<b>0.0</b> g	5 <sub>mg</sub>	<b>15.3</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Diced Pears (See label for ingredients and allergens.)

## **Diced Red Tomatoes**



## **Dill Pickle Chips**

PER SERVING (2 tbsp.)			
<b>O</b>	<b>0.0</b> g	256 <sub>mg</sub>	<b>0.0</b> g
CALORIES	SAT FAT	sodium	carbs

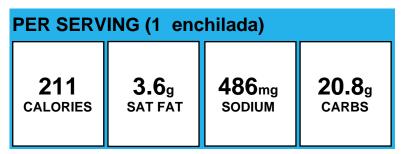
#### Allergens:

Made With: Pickle Slices (CUCUMBERS, WATER, VINEGAR, SALT, ALUM, CALCIUM CHLORIDE, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVE), NATURAL FLAVORS, POLYSORBATE 80, YELLOW 5, BLUE 1.)

## Elote Corn

PER SERVING (1/4 c.)			
65 calories	<b>0.3</b> g SAT FAT	21 <sub>mg</sub> sodium	<b>14.2</b> g carbs
Allergens:	Contains Milk.		
Made With:	Roasted Corn, mexican seasoning (1/2c=2.96oz=1/2c starchy veg) (Corn (SWEET CORN); Salt Free Mexican Seasoning (INGREDIENTS: SPICES (INCLUDING CUMIN, ANCHO CHILI PEPPER, OREGANO, RED PEPPER), SUGAR, ONION, RED & amp; amp; GREEN BELL PEPPER, TOMATO, GARLIC, CITRIC ACID, SILICON DIOXIDE AND CALCIUM SILICATE (TO MAKE FREE FLOWING), EXTRACTIVES OF LIME & amp; amp; NATURAL FLAVOR.)); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING))		

#### Enchilada Suiza, Mexican Chicken, USDA Strip, USDA Reg Cheese

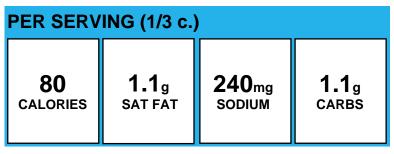


Allergens: Contains Gluten, Milk, Wheat.

Mexican Chicken, USDA Unseasoned Strip, taco Made With: seasoning, salsa (Grilled Chicken Strips (See Label for ingredients and allergens); Salsa, Original, homemade (1/2c = 3/8c red/orange + 1/8c other)veg) (Tomatoes (Vine-Ripened Peeled Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid.); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)); Taco Seasoning (INGREDIENTS: SPICES (INCLUDING PAPRIKA, CHILI PEPPER), ONION, SALT, GARLIC, POTATO FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA POWDER PROCESSED WITH ALKALI, CORN SYRUP SOLIDS, AND NATURAL FLAVOR.)); (Use SR3319) White Enchilada Sauce, USDA Mozz (Municipal Water (WATER); Salsa, Original, homemade (1/2c = 3/8c red/orange +1/8c other veg) (Tomatoes (Vine-Ripened Peeled Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid.); Onion, yellow, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES) YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)); Low Sodium Chicken Gravy Mix (MODIFIED CORN STARCH, PEA FLOUR, MALTODEXTRIN, WHEY, DEXTROSE, PALM, OIL, YEAST EXTRACT, SALT, CHICKEN FAT, POTASSIUM CHLORIDE, POWDERED COOKED TURKEY, , POWDERED COOKED CHICKEN, ONION POWDER, GUM ARABIC, NATURAL FLAVORS, DISODIUM, INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CARAMEL COLOR, TURMERIC (FOR COLOR), , THIAMINE HYDROCHLORIDE, SPICES. ); Past Skim Mozzarella Cheese (Low Moisture Part Skim

Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), ); Garlic Powder (GARLIC POWDER); Onion Powder (ONION POWDER)); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour,, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable, shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or, less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium, bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium, propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and, Diglycerides, Sodium metabisulphite)., ); Yellow Cheddar Cheese (Cheddar Cheese (Cultured Pasteurized , Milk, Salt, Enzymes, Color Added [If , Colored], Anticake (Potato Starch, , Powdered Cellulose)); Black Olives, sliced, canned, drained (1/2c = 2.2 oz = 1/2c other veg), Recipe (Sliced Black Olives (RIPE OLIVES, WATER, SEA SALT, FERROUS GLUCONATE (AN IRON DERIVATIVE))); Onion, green, sliced (1/2c = 2.2 oz)= 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

#### Fajita Chicken



#### Allergens:

Made With: Chicken Thigh Fajita Strips (Dark Chicken, Water, Modified Food Starch, Salt, Spices, Sodium Phosphates, Sugar, Dehydrated Onion, Dehydrated Garlic, Chili Powder (Chili Pepper, Salt, Cumin, Oregano, Dehydrated Garlic), Lemon Juice Powder (Corn Syrup Solids, Concentrated Lemon Juice, Lemon Oil), Natural Mesquite Smoke Flavor (Maltodextrin, Natural Smoke Flavor), Grill Flavor (From Sunflower Oil). Use vendor CN Label or Product Formulation Statement to confirm crediting information., , )

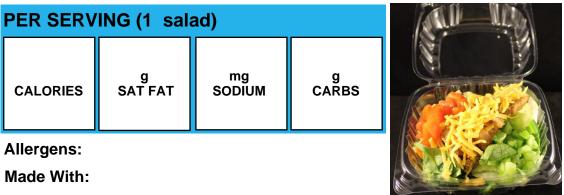
#### Fajita Chicken & Cheese Nachos, MIA

PER SERVING (1 nacho)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

# Fajita Chicken Salad



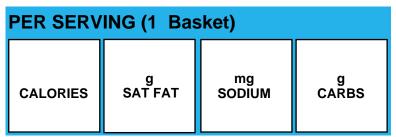
#### **Falafel Fritters**

PER SERVING (3 ea.)			
130	<b>0.0</b> g	420 <sub>mg</sub>	<b>23.0</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Falafel Balls (Water, Chickpeas, Parsley, Onions, Cilantro, Serrano Peppers, Garlic Puree (Garlic, Citric Acid and Ascorbic Acid), Contains 2% or less of: Salt, Spices, Rice Flour, Xanthan Gum.); Pan Spray (Canola Oil, Phosphated Mono & amp; Diglycerides, Propellant.)

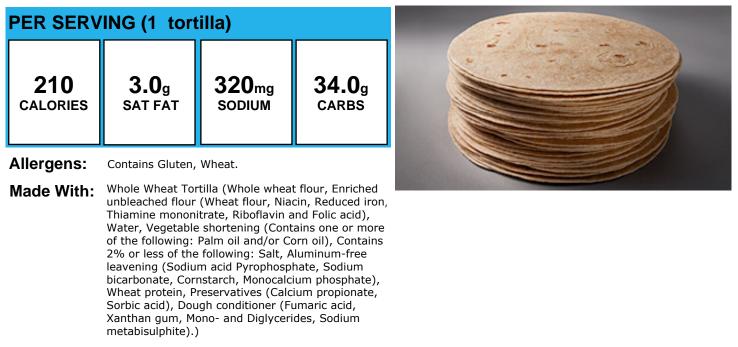
### **Fish N Chips Basket**



Allergens:

Made With:

# Flour Tortilla



#### Flour Tortilla

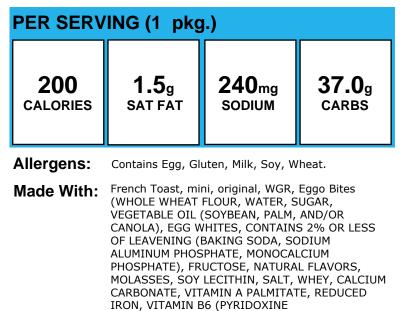




Allergens: Contains Gluten, Wheat.

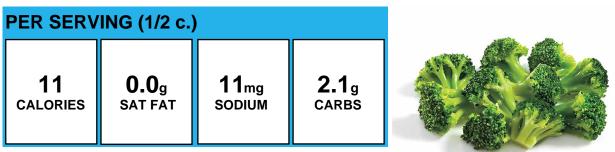
Made With: Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable, shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or, less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium, bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium, propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and, Diglycerides, Sodium metabisulphite)., )

#### **French Toast Bites**



HYDROCHLORIDE), VITAMIN B12.)

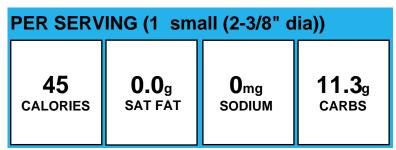
#### Fresh Broccoli Florets



Allergens:

Made With: Broccoli Florets (BROCCOLI)

#### **Fresh Oranges**



#### Allergens:

Made With: Fresh Orange (ORANGES)

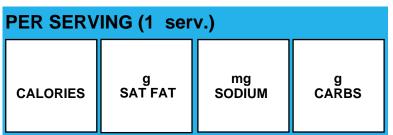
#### **Fried Rice**

PER SERVING (2/3 c.)			
177	<b>0.2</b> g	326 <sub>mg</sub>	<b>35.2</b> g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Rice, white, oven, steamed (1/2c = 1 oz eq grain), Made With: Recipe (Municipal Water (WATER); Converted White Rice (LONG GRAIN PARBOILED WHITE RICE)); Onion, yellow, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Green Pea (PEAS); Carrot (CARROTS); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric, Acid); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Garlic Powder (GARLIC POWDER); Ginger Ground (GROUND GINGER); Pan Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)

#### From the Garden Bar



Allergens:

Made With:

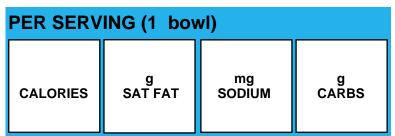
#### Fruit-Topped Waffle Breakfast Plate

PER SERVING (1 plate)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

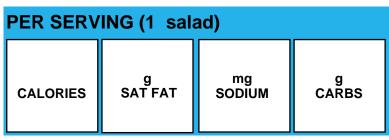
Made With:

# Garden Noodle Grain Bowl



Allergens:

#### Garden Salad

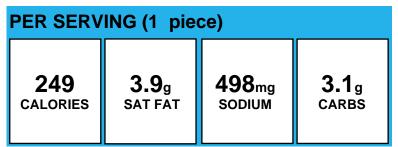


Allergens:

Made With:



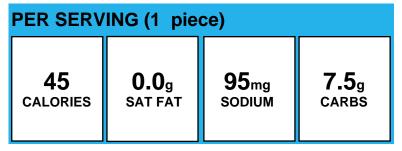
# **Glazed Chicken Drumstick**



#### Allergens:

Made With: Chicken Drumstick Glz Ckd, WM (Chicken drumsticks, water, contains 2% or less of the following: caramelized sugar, garlic powder, maltodextrin, modified corn starch, chicken type flavor [brown sugar,, yeast extract, onion powder, maltodextrin, canola oil, carrot powder, garlic powder, citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], natural, flavors, onion powder, salt, sodium phosphates, sugar, xanthan gum, yeast extract. Blanched in vegetable oil., )

#### Golden Hash Brown Rounds



#### Allergens:

Made With: Hash Brown, potato, rounds, McCain (POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN), MODIFIED CELLULOSE, DEXTROSE, NATURAL FLAVOR, SALT, SODIUM ACID PYROPHOSPHATE ADDED TO MAINTAIN COLOR.)

#### **Grated Parmesan Cheese**

PER SERVING (1/2 tsp.)				
3 CALORIES0.2g SAT FAT15mg SODIUM0.2g CARBS				
Allergens:	Contains Milk.			

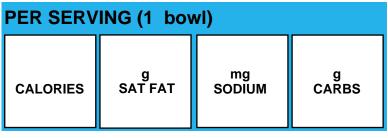
Made With: Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING))

# Gravy, Pepper (Country, Biscuit)

PER SERVING (1/4 c.)					
<b>44</b> CALORIES	<b>1.2</b> g SAT FAT	<b>168</b> mg SODIUM	<b>5.0</b> g carbs		
Allergens:	Contains Milk.				
Made With:	Municipal Water (WATER); Cream Soup Base (MODIFIED CORN STARCH, PALM OIL,				

(MODIFIED CORN STARCH, PALM OIL, MALTODEXTRIN, BUTTERMILK, CORN SYRUP, SOLIDS, SUGAR, SALT, BUTTERMILK POWDER, YEAST EXTRACT, SOYBEAN OIL, ONION POWDER, , POTASSIUM CHLORIDE, NATURAL FLAVOR, DISODIUM GUANYLATE, DISODIUM INOSINATE ); Black Pepper Ground (BLACK PEPPER); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)

#### **Grecian Chicken Grain Bowl**



Allergens:

# **Greek Meatball Flatbread Roll Up**

PER SERVING (1 ea.)			
458	<b>7.1</b> g	655 <sub>mg</sub>	<b>36.6</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Greek Meatballs, Chicken, Tyson (Chicken Meatball (Ground chicken, water, textured soy protein concentrate, wheat flour, contains 2% or less of the following: dextrose, garlic powder, maltodextrin, natural flavors, onion, powder, salt, soybean oil, spice, sugar, torula yeast, yeast, yeast extract. ); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Ground Oregano (DRIED OREGANO)); Whole Grain Oven Fired Flatbread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, NONFAT DRY MILK, WHEAT GLUTEN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SODIUM STEAROYL LACTYLATE, GUAR GUM.); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), )

#### **Greek Meatball Veggie Bowl**

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

#### **Greek Meatballs**

PER SERVING (5 Meatballs)					
247 calories					

Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Meatball (Ground chicken, water, textured soy protein concentrate, wheat flour, contains 2% or less of the following: dextrose, garlic powder, maltodextrin, natural flavors, onion, powder, salt, soybean oil, spice, sugar, torula yeast, yeast, yeast extract. ); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Ground Oregano (DRIED OREGANO)

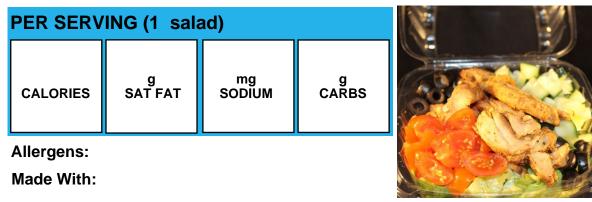
#### **Greek Meatballs**

PER SERVING (4 Meatballs)					
<b>197</b> calories					

Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Meatball (Ground chicken, water, textured soy protein concentrate, wheat flour, contains 2% or less of the following: dextrose, garlic powder, maltodextrin, natural flavors, onion, powder, salt, soybean oil, spice, sugar, torula yeast, yeast, yeast extract. ); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Ground Oregano (DRIED OREGANO)

#### **Greek Salad**



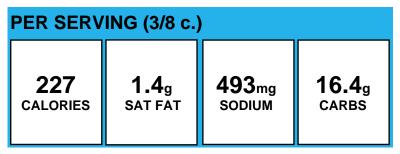
#### **Greek Spiced Meatball Sub**

PER SERVING (1 sandwich)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

#### **Greek Turkey**



#### Allergens:

Made With: Turkey Pot Roast (TURKEY THIGH MEAT, WATER, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, SALT, SUGAR, NATURAL FLAVOR (POTATO MALTODEXTRIN, GUM ARABIC, NATURAL FLAVOR), SEASONING (NATURAL FLAVORING, SALT, POTATO MALTODEXTRIN), SODIUM PHOSPHATE, SEASONING (YEAST EXTRACT, NATURAL FLAVORS, SALT), FLAVORING.); Lemon Juice (WATER, LEMON JUICE CONCENTRATE AND LESS THAN 2% OF: LEMON, OIL, SODIUM BENZOATE AND SODIUM METABISULFITE , (PRESERVATIVES).); Clover Honey (HONEY); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Granulated (GRANULATED GARLIC); Low Sodium Lemon Pepper (BLACK PEPPER, SALT, MODIFIED FOOD STARCH, CITRIC ACID, LEMON PEEL, SUGAR, GARLIC, ONION, NATURAL FLAVOR, RIBOFLAVIN (FOR COLOR).); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.)

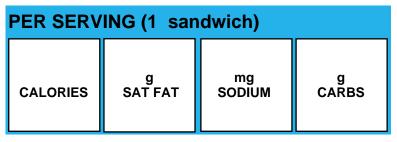
#### **Greek Turkey**

PER SERVING (1/2 c.)			
<b>302</b>	<b>1.9</b> g	658 <sub>mg</sub>	<b>21.8</b> g
CALORIES	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: Turkey Pot Roast (TURKEY THIGH MEAT, WATER, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, SALT, SUGAR, NATURAL FLAVOR (POTATO MALTODEXTRIN, GUM ARABIC, NATURAL FLAVOR), SEASONING (NATURAL FLAVORING, SALT, POTATO MALTODEXTRIN), SODIUM PHOSPHATE, SEASONING (YEAST EXTRACT, NATURAL FLAVORS, SALT), FLAVORING.); Lemon Juice (WATER, LEMON JUICÉ CONCENTRATE AND LESS THAN 2% OF: LEMON, OIL, SODIUM BENZOATE AND SODIUM METABISULFITE , (PRESERVATIVES).); Clover Honey (HONEY); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Granulated (GRANULATED GARLIC); Low Sodium Lemon Pepper (BLACK PEPPER, SALT, MODIFIED FOOD STARCH, CITRIC ACID, LEMON PEEL, SUGAR, GARLIC, ONION, NATURAL FLAVOR, RIBOFLAVIN (FOR COLOR).); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.)

#### **Greek Turkey Sandwich**



Allergens:

#### Green Beans, Low Country Green Beans

PER SERVING (1/4 c.)			
<b>34</b>	<b>0.3</b> g	174 <sub>mg</sub>	<b>2.8</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Cut Green Beans (GREEN BEANS); Municipal Water (WATER); Onion, yellow, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Bacon (Pork Cured with Water, Salt, Sugar, Smoke, Flavoring, Sodium Phosphates, Sodium, Erythorbate, Sodium Nitrite.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

#### Green Beans, Low Country Green Beans

PER SERVING (1/2 c.)			
68	<b>0.6</b> g	348 <sub>mg</sub>	<b>5.7</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Cut Green Beans (GREEN BEANS); Municipal Water (WATER); Onion, yellow, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Bacon (Pork Cured with Water, Salt, Sugar, Smoke, Flavoring, Sodium Phosphates, Sodium, Erythorbate, Sodium Nitrite.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

# **Green Bell Pepper Strips**



Allergens:

Made With: Green Bell Pepper (GREEN SWEET PEPPER)

#### **Green Onion**



Allergens:

Made With: Green Onion (GREEN ONIONS)

#### **Green Salad Mix**

PER SERVING (1 c.)			
12	<b>0.0</b> g	<b>8</b> mg	<b>2.5</b> g
CALORIES	SAT FAT	SODIUM	carbs

Allergens:

Made With: Tossed Salad Mix (90% Iceberg, 5% Red Cabbage, 5% Carrot)

#### **Grilled Cheese Sandwich**

PER SERVING (1 sandwich)			
<b>360</b>	<b>10.0</b> g	860 <sub>mg</sub>	<b>30.0</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Whole Wheat Bread (Whole White Wheat Flour, Water, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Sugar, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Malt (Corn Syrup Solids, Barley Malt Extract), Calcium Propionate (Preservative), Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Potassium Sorbate (Preservative), Wheat Starch, Ascorbic Acid, Enzymes.); American Cheese (CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN.); Pan Spray (Canola Oil, Phosphated Mono & amp; Diglycerides, Propellant.)

# Ham & Cheese English Muffin

# PER SERVING (1 sandwich) 174 3.0g CALORIES SAT FAT

Allergens: Contains Gluten, Milk, Soy, Wheat.

English Muffin WWW (WATER, WHOLE WHEAT Made With: FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), YEAST, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CORNMEAL, SALT, DISTILLED VINEGAR, SOYBEAN OIL, SUGAR, YEAST NUTRIENTS (AMMONIUM SULFATE), ASCORBIC ACID, CALCIÙM SULFATE, ENZYMÉS, POTASSIUM SORBATE (MOLD INHIBITOR), CALCIUM PROPIONATE (MOLD INHIBITOR)., CONTAINS:); 97% Fat Free Deli Ham; Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation., )

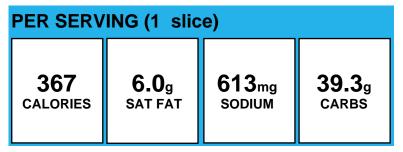
#### Ham & Cheese Muffin

PER SERVING (1 sandwich)			
206	<b>3.3</b> g	653 <sub>mg</sub>	21.5g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: English Muffin WWW (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), YEAST, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CORNMEAL, SALT, DISTILLED VINEGAR, SOYBEAN OIL, SUGAR, YEAST NUTRIENTS (AMMONIUM SULFATE), ASCORBIC ACID, CALCIUM SULFATE, ENZYMES, POTASSIUM SORBATE (MOLD INHIBITOR), CALCIUM PROPIONATE (MOLD INHIBITOR)., CONTAINS:); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite. ); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation., )

#### Hand Tossed BBQ Chicken Pizza



Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Onion, red, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Red Onion (RED ONION)); Cheese Pizza Wg 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, ENZVMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS)), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE , (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZVMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CUL TU RED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. ); Grilled Chicken Strips (See Label for ingredients and allergens); Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED); Fresh Cilantro (CILANTRO LEAVES)

#### Hand Tossed Cheese Pizza

PER SERVING (1 slice)			
<b>361</b>	<b>7.1</b> g	433 <sub>mg</sub>	35.4 <sub>g</sub>
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Cheese Pizza Wg 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, ENZVMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS)), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE , (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZVMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CUL TU RED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. ); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), )

#### Hand Tossed Hawaiian Pizza

PER SERVING (1 slice)			
<b>365</b>	<b>6.7</b> g	473 <sub>mg</sub>	<b>36.5</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Cheese Pizza Wg 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, ENZVMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS)), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE , (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZVMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CUL TU RED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. ); Pineapple Tidbits (PINEAPPLE, PINEAPPLE JUICE, CITRIC ACID.): Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), ); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.)

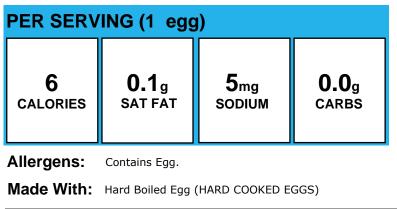
#### Hand Tossed Taco Pizza

PER SERVING (1 slice)			
364	<b>7.2</b> g	437 <sub>mg</sub>	<b>34.9</b> g
calories	SAT FAT	sodium	carbs

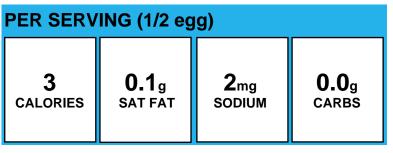
Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Cheese Pizza Wg 16" (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, ENZVMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS)), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE , (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZVMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CUL TU RED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. ); Taco Filling, beef, WA Comm W135 (GROUND BEEF (no more than 20% fat), WATER, CONTAINS LESS THAN 2% OF DEHYDRATED ONION, CITRUS FLOUR, SEASONING (potassium chloride, flavor [contains maltodextrin]), SALT, CHILI PEPPER, DEHYDRATED GARLIC, VINEGAR, SPICES, BLACK COCOA POWDER, PAPRIKA EXTRACT); Yellow Cheddar Cheese (Cheddar Cheese (Cultured Pasteurized , Milk, Salt, Enzymes, Color Added [If , Colored], Anticake (Potato Starch, , Powdered Cellulose))

# Hard Boiled Eggs



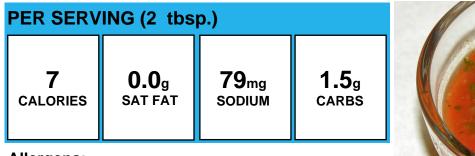
#### Hard Boiled Eggs



Allergens: Contains Egg.

Made With: Hard Boiled Egg (HARD COOKED EGGS)

# Homemade Salsa

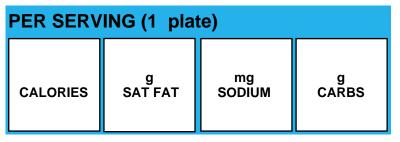


#### Allergens:

Made With: Tomato; Onion, yellow, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg) , Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)



#### **Homestyle Breakfast Plate**



Allergens:

### Honey Graham Crackers

PER SERVING (1 pkg.)			
<b>90</b> calories	<b>0.0</b> g SAT FAT	95 <sub>mg</sub> sodium	<b>17.0</b> g carbs
All Contrine Cluter Cov Wheet Dreesed in a facility			

Allergens: Contains Gluten, Soy, Wheat. Processed in a facility that also processes Egg, Milk.

Made With: Honey Graham Crackers (WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), SUGAR, CANOLA OIL, MOLASSES, HONEY, CORN SYRUP, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, SOY LECITHIN.)

#### **Honey Mustard**

PER SERVING (1 tbsp.)			
72	<b>1.1</b> g	77 <sub>mg</sub>	<b>3.3</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Soy.

Made With: Honey Mustard Dressing (Soybean Oil, White Distilled Vinegar, High Fructose Corn Syrup, Yellow Mustard (Distilled White Vinegar, Water, Mustard Seed, Salt, Turmeric, Natural Flavor), Egg Yolk, Honey, Sugar, Contains 2% or Less of: Modified Cornstarch, Salt, Xanthan Gum, Natural Flavoring, Mustard Bran, Mustard, Sodium Benzoate (Preservative), Corn Maltodextrin, Spice, Horseradish, Beta Carotene (Contains Soy), Yeast Extract, Onion Powder, Molasses, Calcium Disodium EDTA Added to Protect Flavor, Tricalcium Phosphate, Citric Acid)

#### Honey Nut Cheerios Cereal

PER SERVING (1 bowl)			
113	<b>0.3</b> g	158 <sub>mg</sub>	<b>22.7</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Tree nuts.

Made With: Honey Nut Cheerios Cereal (Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, , Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin , B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12,, Vitamin D3.)

#### **Italian Garden Sub**

PER SERVING (1 sandwich)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

#### **Italian Meat Sauce Pasta Bowl**

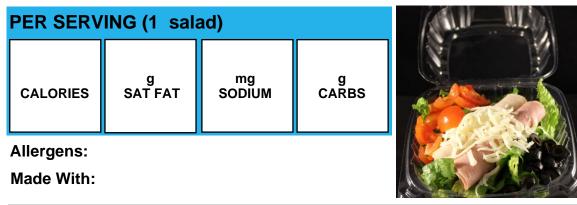
PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

# **Italian Meatball Sub**

		<b>74</b> 15			
PER SERV	PER SERVING (1 sandwich)				
416 CALORIES	<b>4.4</b> g SAT FAT	658 <sub>mg</sub> SODIUM	45.5g carbs		
Allergens:	Contains Gluten, Egg.	Milk, Soy, Wheat	May contain		
Made With:	meatballs= 2 oz (Spaghetti Sauce TOMATO PASTE), FLAVOR, SPICES, CITRIC ACID, , G (Ground chicken, concentrate, whe following: dextro- natural flavors, o spice, sugar, toru Sub Roll, regular, roll = 2 oz eq grain), f (WATER, WHOLE UNBLEACHED WH NIACIN, IRON AS MONONITRATE, E ACID), YEAST, SU OIL, CONTAINS L FOLLOWING: OA FLAVOR (CONTAI SALT, HONEY, EN ASCORBIC ACID, Phosphated Mono Propellant.)); Par Mono &	5chicken, spaghet M/MA + 3/8 c red (TOMATO PUREE ONIONS, SUGAR E TRA VIRGIN C ARLIC); Chicken water, textured s at flour, contains se, garlic powder, nion, powder, salt ala yeast, yeast, y top slice, whole Gra yeast, yeast, y top slice, whole Gra whEAT FLOUR, E HEAT FLOUR, E HEAT FLOUR, C HEAT	veg) , Recipe (WATER, , SALT, NATURAL LIVE OIL, Meatball oy protein 2% or less of the maltodextrin, , soybean oil, east extract. )); grain, Richs (1 Roll Dough, , Richs (1 roll = ain Sub Roll NRICHED EAT FLOUR, TE, THIAMINE VIN, FOLIC JTEN, SOYBEAN THE SE, NATURAL EDIENTS), SEA IS WHEAT), y (Canola Oil, ; Diglycerides, il, Phosphated opellant.));		

#### **Italian Salad**



ingredients and allergens)

# **Italian Salad Dressing**

PER SERVING (1 tbsp.)			
15	<b>0.0</b> g	175 <sub>mg</sub>	<b>4.0</b> g
calories	SAT FAT	sodiuм	carbs

#### Allergens:

Made With: Italian Dressing (Back of the House) (INGREDIENTS: WATER, DISTILLED VINEGAR, MALTODEXTRIN, CORN SYRUP\*, SUGAR, SALT, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION\*, GARLIC\*, RED BELL PEPPERS\*, SPICES, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5, YELLOW 6. \*DEHYDRATED)

# Italian-style Deli Sub

PER SERVING (1 sandwich)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

Allergens:

### Italian-Style Meat Combo

PER SERVING (1 portion)			
147	<b>2.1</b> g	666 <sub>mg</sub>	<b>1.2</b> g
calories	SAT FAT	SODIUM	carbs

#### Allergens:

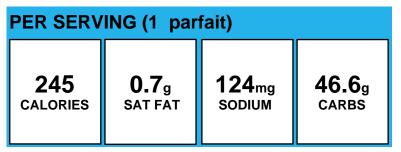
Made With: Deli Turkey (INGREDIENTS: TURKEY BREAST, TURKEY BROTH: CONTAINS 2% OR LESS SEA SALT, MODIFIED FOOD STARCH, SUGAR, SODIUM , This item is fully PHOSPHATE. cooked deli-style turkey producedfrom formed turkey breast meat. This product contains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5pound packages., CREDITING/YIELD One case of turkey deli breast provides approximately 448 1.43 -ounce portions., CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement., , , , ); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite. ); Pepperoni (Pork, Beef, Salt, Contains, 2% or Less of Spices, Dextrose, , Oleoresin Of Paprika, Lactic Acid Starter, Culture, Garlic Powder, Sodium Nitrite, , BHA, BHT, Citric Acid.)

#### **Jalapeno Pepper Slices**

PER SERVING (1 tbsp.)				
0 0.0g SAT FAT 174mg 0.0g CARBS				
Allergens:				

Made With: Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)

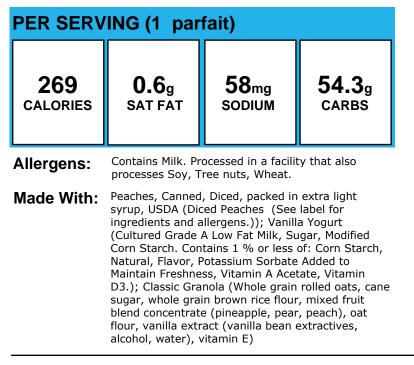
#### Just Peachy Parfait



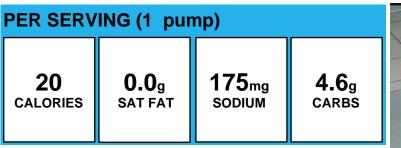
Allergens: Contains Milk, Soy. May contain Gluten.

Made With: Peaches, Canned, Diced, packed in extra light syrup, USDA (Diced Peaches (See label for ingredients and allergens.)); Vanilla Yogurt (Cultured Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Oats & amp; Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, , Soy Lecithin, Natural Flavor.)

#### Just Peachy Parfait



#### Ketchup





#### Allergens:

Made With: Ketchup (Front of the House) (Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring.)

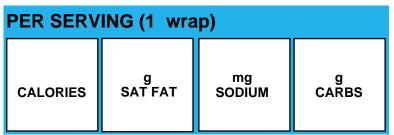
# Korean BBQ Chicken

PER SERVING (3 oz.)			
215	<b>2.6</b> g	765 <sub>mg</sub>	<b>13.0</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Grilled Chicken Strips (See Label for ingredients and allergens); Korean Barbecue Sauce, Asian dressing, lime, cilantro, ginger, garlic, sesame (Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED); Toasted Sesame Dressing (SOYBEAN OIL, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), WATER, DISTILLED VINEGAR, SESAME OIL, RICE VINEGAR, CONTAINS LESS THAN 2% OF TOMATO PASTE, SALT, SESAME SEED, ORANGE PUREE, SPICES, RED BELL PEPPER\*, APRICOT PUREE CONCENTRATE, XANTHAN GUM, GARLIC\*, ONION\*, MUSTARD SEED, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), CARRAGEENAN, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \*DEHYDRATED CONTAINS: WHEAT, SOYBEAN.); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Garlic Granulated (GRANULATED GARLIC); Sesame Seed White (SESAME SEEDS); Ginger Ground (GROUND GINGER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Green Onion (GREEN ONIONS); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

# Korean BBQ Chicken Burrito



Allergens:

Made With:

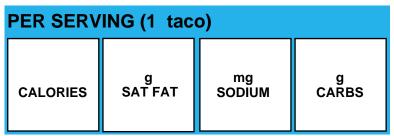
#### Korean BBQ Chicken Flatbread Pizza

PER SERVING (1 ea.)				
417	<b>9.5</b> g	1145 <sub>mg</sub>	<b>37.6</b> g	
calories	SAT FAT	SODIUM	carbs	

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Whole Grain Oven Fired Flatbread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, NONFAT DRY MILK, WHEAT GLUTEN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SODIUM STEAROYL LACTYLATE, GUAR GUM.); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), ); Pizza Sauce (VINE-RIPENED FRESH TOMATOES, SUGAR, SALT, SEASONING (SPICES, SALT, GARLIC POWDER), EXTRA VIRGIN OLIVE OIL); Korean BBQ Chicken, USDA Unseasoned Chicken Strip (Grilled Chicken Strips (See Label for ingredients and allergens); Korean Barbecue Sauce, Asian dressing, lime, cilantro, ginger, garlic, sesame (Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC\*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. \*DEHYDRATED); Toasted Sesame Dressing (SOYBEAN OIL, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), WATER, DISTILLED VINEGAR, SESAME OIL, RICE VINEGAR, CONTAINS LESS THAN 2% OF TOMATO PASTE, SALT, SESAME SEED, ORANGE PUREE, SPICES, RED BELL PEPPER\*, APRICOT PUREE CONCENTRATE, XANTHAN GUM, GARLIC\*, ONION\*, MUSTARD SEED, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), CARRAGEENAN, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \*DEHYDRATED CONTAINS: WHEAT, SOYBEAN.); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Garlic Granulated (GRANULATED GARLIC); Sesame Seed White (SESAME SEEDS); Ginger Ground (GROUND GINGER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Green Onion (GREEN ONIONS); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens)

### Korean BBQ Chicken Taco

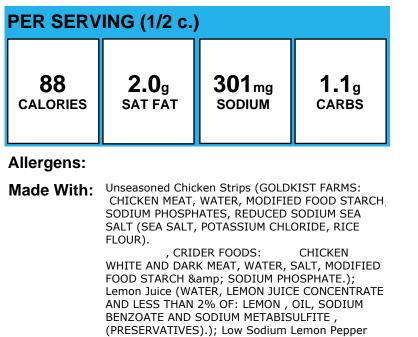


Allergens:

Made With:

#### Lemon Pepper Chicken

COLOR).)



(BLACK PEPPER, SALT, MODIFIED FOOD STARCH, CITRIC ACID, LEMON PEEL, SUGAR, GARLIC, ONION, NATURAL FLAVOR, RIBOFLAVIN (FOR

# Light Ranch Dressing

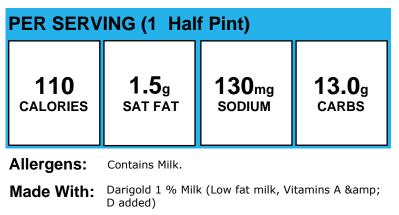




Allergens: Contains Egg, Milk, Soy.

Made With: Reduced Calorie Ranch Dressing (WATER, CULTURED LOWFAT BUTTERMILK, CORN SYRUP, SOYBEAN OIL, RANCH SEASONING & amp; SPICES (SALT, FOOD STARCH-MODIFIED, MONOSODIUM GLUTAMATE, SUGAR, DRIED GARLIC, DRIED ONION, NATURAL AND ARTIFICIAL FLAVOR [INCLUDES MILK, SOYBEAN], WHEY PROTEIN CONCENTRATE, CORN SYRUP, SPICES, XANTHAN GUM, SORBIC ACID AND CALCIUM DISODIUM EDTA AS PRESERVATIVES, CITRIC ACID, CALCIUM STEARATE), DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF EGG YOLKS, CULTURED BUTTERMILK, WHEY, FOOD STARCH-MODIFIED, SALT, NATURAL FLAVOR (INCLUDES MILK), PHOSPHORIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), ARTIFICIAL COLOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. )

#### Lowfat 1% White Milk



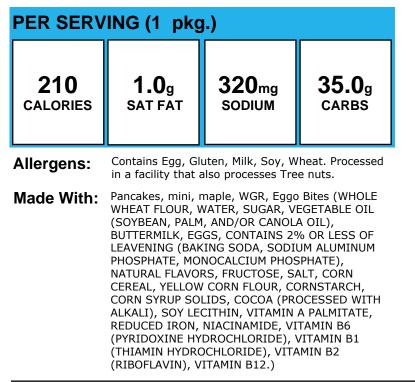
#### **Lucky Charms**

PER SERVING (1 bowl)			
109	<b>0.0</b> g	101 <sub>mg</sub>	23.3g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Lucky Charms Cereal Bowlpak (Whole Grain Oats, Sugar, Corn Starch, Modified Corn Starch, Corn Syrup, Dextrose. Contains 2% or less of: Salt, Gelatin, , Trisodium Phosphate, Red 40, Yellow 5 & 6, Blue 1, Natural And Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin , B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, , Vitamin D3., )

#### **Maple Pancake Bites**



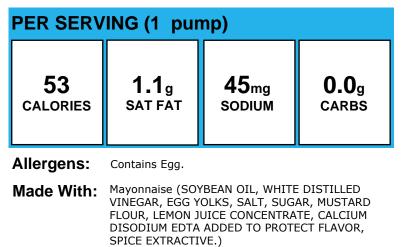
#### **Matchstick Carrots**



Allergens:

Made With: Carrot (CARROTS)

#### **Mayonnaise Pump**



# Mediterranean Falafel & Vegetable Sub

PER SERVING (1 sandwich)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

#### **Mex Roasted Sweet Potatoes**

PER SERVING (1/4 c.)			
<b>76</b>	<b>0.2</b> g	96 <sub>mg</sub>	12.2 <sub>g</sub>
calories	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: Sweet Potato, Raw, Trimmed, Peeled, Diced 1/2" (Raw Sweet Potato (Sweet Potato)); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Light Brown Sugar (BROWN SUGAR); Garlic Powder (GARLIC POWDER); Cumin Ground (CUMIN)

#### **Mex Zucchini**

PER SERVING (1/4 c.)			
74	<b>0.6</b> g	<b>86</b> mg	<b>2.5</b> g
calories	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: Squash, summer, zucchini, 3/4-inch cubes, readyto-serve (1/2c=2.4 oz=1/2c other veg) (Zucchini (ZUCCHINI SUMMER SQUASH)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Light Chile Powder (INGREDIENTS: CHILI PEPPER, SPICES, SALT, GARLIC, AND SILICON DIOXIDE (TO MAKE FREE FLOWING).); Onion Powder (ONION POWDER); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cumin Ground (CUMIN)

### **Mexican Black Beans**

PER SERVING (1 #12 scoop)				
<b>47</b>	<b>0.0</b> g	57 <sub>mg</sub>	9.2g	
calories	SAT FAT	sodium	carbs	

### Allergens:

Made With: Low Sodium Black Beans (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT).); Municipal Water (WATER); Peppers, green, sweet (bell), 1/4-inch diced, readyto-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Salt Free Mexican Seasoning (INGREDIENTS: SPICES (INCLUDING CUMIN, ANCHO CHILI PEPPER, OREGANO, RED PEPPER), SUGAR, ONION, RED & amp; GREEN BELL PEPPER, TOMATO, GARLIC, CITRIC ACID, SILICON DIOXIDE AND CALCIUM SILICATE (TO MAKE FREE FLOWING), EXTRACTIVES OF LIME & amp; NATURAL FLAVOR.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Cumin Ground (CUMIN); Black Pepper Ground (BLACK PEPPER)

### **Mexican Black Beans**

PER SERVING (1/4 c.)				
<b>35</b>	<b>0.0</b> g	42 <sub>mg</sub>	<b>6.9</b> g	
calories	SAT FAT	sodium	carbs	

### Allergens:

Made With: Low Sodium Black Beans (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT).); Municipal Water (WATER); Peppers, green, sweet (bell), 1/4-inch diced, readyto-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Salt Free Mexican Seasoning (INGREDIENTS: SPICES (INCLUDING CUMIN, ANCHO CHILI PEPPER, OREGANO, RED PEPPER), SUGAR, ONION, RED & amp; GREEN BELL PEPPER, TOMATO, GARLIC, CITRIC ACID, SILICON DIOXIDE AND CALCIUM SILICATE (TO MAKE FREE FLOWING), EXTRACTIVES OF LIME & amp; NATURAL FLAVOR.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Cumin Ground (CUMIN); Black Pepper Ground (BLACK PEPPER)

### **Mexican Black Beans**

PER SERVING (1/2 c.)				
71	<b>0.0</b> g	<b>85</b> mg	<b>13.7</b> g	
calories	SAT FAT	SODIUM	carbs	

### Allergens:

Made With: Low Sodium Black Beans (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT).); Municipal Water (WATER); Peppers, green, sweet (bell), 1/4-inch diced, readyto-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Salt Free Mexican Seasoning (INGREDIENTS: SPICES (INCLUDING CUMIN, ANCHO CHILI PEPPER, OREGANO, RED PEPPER), SUGAR, ONION, RED & amp; GREEN BELL PEPPER, TOMATO, GARLIC, CITRIC ACID, SILICON DIOXIDE AND CALCIUM SILICATE (TO MAKE FREE FLOWING), EXTRACTIVES OF LIME & amp; NATURAL FLAVOR.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Cumin Ground (CUMIN); Black Pepper Ground (BLACK PEPPER)

### Mexican Tinga Chicken

PER SERVING (1 portion)				
151	<b>1.7</b> g	420 <sub>mg</sub>	9.7 <sub>g</sub>	
calories	SAT FAT	SODIUM	carbs	

### Allergens:

Made With: Grilled Chicken Strips (See Label for ingredients and allergens); Salsa Roja, homemade (1/2c= 3/8c red + 1/8c other veg) (Salsa, Original, homemade (1/2c = 3/8c red/orange + 1/8c other veg)(Tomatoes (Vine-Ripened Peeled Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid.); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)); Chipotle Peppers In Adobo Sauce (CHIPOTLE PEPPERS, WATER, VINEGAR, SUGAR, SALT, TOMATO PASTE, SMOKE ESSENCE, ONION, GARLIC); Apple Cider (APPLE CIDER VINEGAR (DILUTED WITH WATER TO 5% ACIDITY)); Ancho Chile Powder (ANCHO CHILE PEPPERS AND SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING).)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Garlic Powder (GARLIC POWDER)

### Mexican Tinga Chicken

PER SERVING (3 oz.)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

### Allergens:

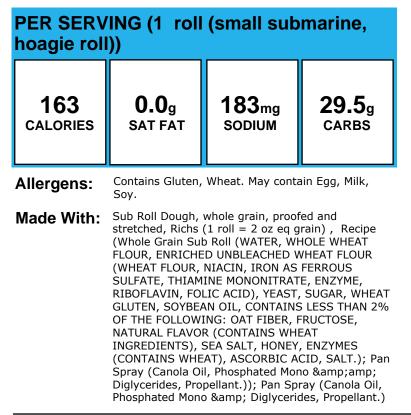
Grilled Chicken Strips (See Label for ingredients Made With: and allergens); Salsa Roja, homemade (1/2c= 3/8c red + 1/8c other veg) (Salsa, Original, homemade (1/2c = 3/8c red/orange + 1/8c other veg)(Tomatoes (Vine-Ripened Peeled Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid.); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)); Chipotle Peppers In Adobo Sauce (CHIPOTLE PEPPERS, WATER, VINEGAR, SUGAR, SALT, TOMATO PASTE, SMOKE ESSENCE, ONION, GARLIC); Apple Cider (APPLE CIDER VINEGAR (DILUTED WITH WATER TO 5% ACIDITY)); Ancho Chile Powder (ANCHO CHILE PEPPERS AND SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING).)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Garlic Powder (GARLIC POWDER)

### **Mini Maple Waffles**

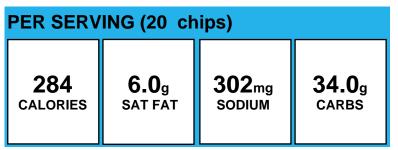
PER SERVING (1 pkg.)				
<b>200</b>	<b>1.5</b> g	220 <sub>mg</sub>	<b>35.0</b> g	
calories	SAT FAT	SODIUM	carbs	

- Allergens: Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Tree nuts.
- Made With: Waffles, mini, maple, WGR, Eggo Bites (WHOLE WHEAT FLOUR, WATER, SUGAR, EGG WHITES, VEGETABLE OIL (SOYBEAN, PALM AND/OR CANOLA), CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MOLASSES, SOY LECITHIN, MALTODEXTRIN, NATURAL FLAVORS, WHEY, SALT, MODIFIED CORN STARCH, CALCIUM CARBONATE, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B12, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN).)

### Mini Sub Roll



## **Mission Tortilla Chip**



### Allergens:

Made With: Mission Tortilla Chip (Whole Grain Corn, Water, Vegetable Oil (Cottonseed, Corn, and/or Sunflower), Salt)

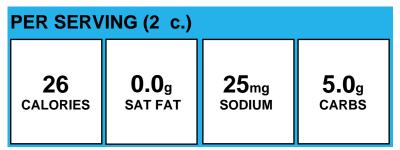
# **Mixed Berries Fruit Cup**

PER SERVING (1 Container)				
90	<b>0.0</b> g	Omg	<b>20.0</b> g	
calories	SAT FAT	SODIUM	carbs	

### Allergens:

Made With: Mixed Berries Fruit Cup (See label for ingredients and allergens.)

## **Mixed Salad Greens**



### Allergens:

Made With: Salad Mix (ROMAINE LETTUCE, ICEBERG LETTUCE); Fresh Spinach (SPINACH)

# **Moroccan Spiced Carrots**

PER SERVING (1/2 c.)				
119	<b>0.8</b> g	127 <sub>mg</sub>	<b>8.0</b> g	
calories	SAT FAT	sodium	carbs	

### Allergens:

Made With: Carrots (CARROTS); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Spice Mix, Moroccan (Cumin Ground (CUMIN); Coriander Ground (Dried Ground Coriander (Cilantro).); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER); Cinnamon Ground (CINNAMON); Cayenne Pepper (CAYENNE PEPPER))

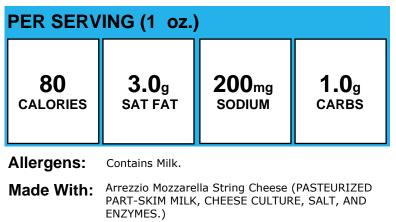
### **Mozzarella Cheese**

PER SERVING (1/2 oz.)				
<b>40</b>	<b>1.5</b> g	<b>81</b> mg	<b>1.0</b> g	
calories	SAT FAT	SODIUM	carbs	

Allergens: Contains Milk.

Made With: Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), )

# **Mozzarella String Cheese**



### Mozzarella Stuffed Breadstick Basket

PER SERVING (1 Basket)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

Allergens:

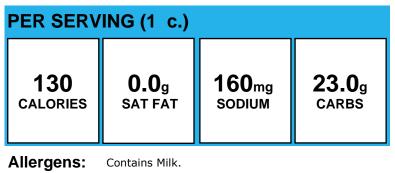
Made With:

# **Mozzarella Stuffed Breadsticks**

PER SERV	PER SERVING (2 breadstick)				
290 CALORIES	<b>6.0</b> g SAT FAT	500mg SODIUM	<b>28.0</b> g carbs	111 0 ar 1	
Allergens:	Contains Egg, Gl	uten, Milk, Soy, W	'heat.		
Made With:					



# Nonfat Chocolate Milk



Made With: Nonfat Chocolate Milk (FAT FREE MILK, SUGAR, COCOA (PROCESSED WITH ALKALI) CORN STARCH, SALT, CARRAGEENAN, VANILLIN, VITAMIN A PALMITATE, VITAMIN D3)

# **Oatmeal Chocolate Chip UBR**

# PER SERVING (1 pkg.) 270 CALORIES 3.0g SAT FAT 180mg ODIUM 44.0g CARBS

Made With: Oatmeal Chocolate Chip UBR (WHOLE WHEAT FLOUR, SUGAR, OATS, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, MILKFAT, SOY LECITHIN (AN EMULSIFIER), DEXTROSE, NATURAL FLAVOR), PALM AND SOYBEAN OILS, CHICKORY ROOT FIBER, MOLASSES, CONTAINS LESS THAN 2% OF THE FOLLOWING: GLYCERINE (VEGETABLE BASED), BROWN SUGAR, LEAVENING (BAKING SODA), MODIFIED CORNSTARCH, EGGS, RAISIN PASTE, NATURAL AND ARTIFICIAL FLAVOR, EGG WHITES, SALT, CARRAGEENAN, GUAR GUM, SOY LECITHIN, CORN SYRUP SOLIDS.)

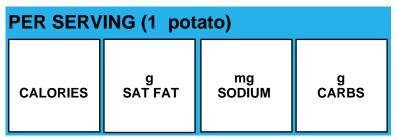


# **Oats & Honey Granola**

PER SERVING (1/4 c.)					
<b>86</b> calories	<b>0.4</b> g SAT FAT	65 <sub>mg</sub> sodium	<b>12.8</b> g carbs		
Allergens: Contains Soy. May contain Gluten.					

Made With: Oats & amp; Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, , Soy Lecithin, Natural Flavor.)

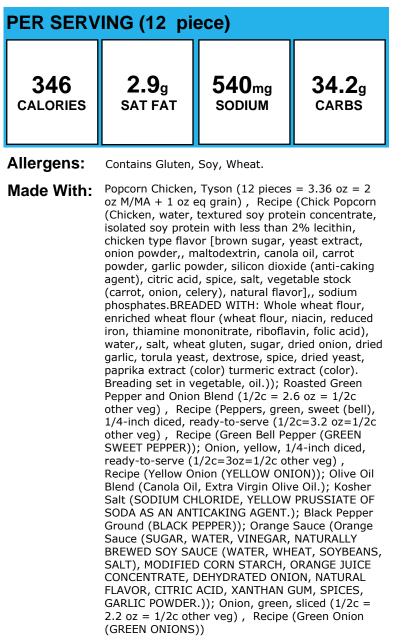
# **Old School Spud**



Allergens:

Made With:

### **Orange Chicken**



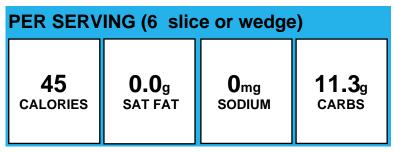
# Orange Chicken Rice Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

### **Orange Smiles**



Allergens:

Made With: Fresh Orange (ORANGES)

## **Orange Smoothie**

PER SERVING (1 c.)				
<b>156</b> calories	<b>0.3</b> g SAT FAT	59 <sub>mg</sub> sodium	<b>33.3</b> g carbs	
Allergens:	Contains Milk.			
Made With:	Vanilla Yogurt (C	ultured Grade A L	ow Fat Milk,	

Iade With:Vanilla Yogurt (Cultured Grade A Low Fat Milk,<br/>Sugar, Modified Corn Starch. Contains 1 % or less<br/>of: Corn Starch, Natural, Flavor, Potassium Sorbate<br/>Added to Maintain Freshness, Vitamin A Acetate,<br/>Vitamin D3.); Applesauce, canned, unsweetened<br/>(1/2c = 4.5 oz = 1/2c fruit), Recipe (Unsweetened<br/>Apple Sauce (Apples, water and ascorbic acid<br/>(Vitamin C) to maintain color. )); Orange Juice<br/>(WATER, ORANGE JUICE CONCENTRATE)

# **Original Homemade Hummus**

PER SERVING (2/3 c.)			
249	<b>0.8</b> g	402 <sub>mg</sub>	24.4 <sub>g</sub>
calories	SAT FAT	SODIUM	carbs

### Allergens:

Made With: Beans, garbanzo, Bush, canned, drained, ready-toserve (1/2c=3.1oz=1/2c legume or 2oz M/MA), Recipe (Beans, garbanzo (chickpeas), Bushs Best, low-sodium (PREPARED CHICK PEAS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Lemon Juice (WATER, LEMON JUICE CONCENTRATE AND LESS THAN 2% OF: LEMON, OIL, SODIUM BENZOATE AND SODIUM METABISULFITE , (PRESERVATIVES).); Municipal Water (WATER); Garlic Chopped in Water (GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cayenne Pepper (CAYENNE PEPPER); Cumin Ground (CUMIN); Black Pepper Ground (BLACK PEPPER)

### **Oven Fired Flatbread**

PER SERVING (1 piece)				
180 calories	<b>1.0</b> g SAT FAT	330 <sub>mg</sub> SODIUM	<b>28.0</b> g carbs	
Allergens:	Contains Gluten, Milk, Wheat. May contain Soy.			
Made With:	FLOUR, ENRICHE (WHEAT FLOUR, ASCORBIC ACID CONDITIONER, M THIAMINE MONO ACID), WATER, S LESS THAN 2% C NONFAT DRY MII LEAVENING (SOI BAKING SODA, M	n Fired Flatbread ( D UNBLEACHED W MALTED BARLEY F ADDED AS A DOU VIACIN, REDUCED WITRATE, RIBOFL SOYBEAN OIL, YEA DF THE FOLLOWIN LK, WHEAT GLUTE DIUM ACID PYROP MONOCALCIUM PH DYL LACTYLATE, GI	VHEAT FLOUR FLOUR, GH IRON, AVIN, FOLIC ST, CONTAINS G: SUGAR, N, SALT, HOSPHATE, OSPHATE),	

### **Oven Fired Flatbread**

PER SERVING (1/2 piece)			
90	<b>0.5</b> g	165 <sub>mg</sub>	<b>14.0</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Wheat. May contain Soy.

Made With: Whole Grain Oven Fired Flatbread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, NONFAT DRY MILK, WHEAT GLUTEN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SODIUM STEAROYL LACTYLATE, GUAR GUM.)

### **Oven Fried Rice**

PER SERVING (2/3 c.)					
156 CALORIES	0.2g SAT FAT 326mg SODIUM 30.0g CARBS				
Allergens: Made With:	Contains Egg, Gluten, Milk, Soy, Wheat. Rice, brown, oven, steamed (1/2c = 1 oz eq grain) , Recipe (Municipal Water (WATER); Brown Rice (LONG GRAIN PARBOILED BROWN RICE)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Green Pea (PEAS); Carrot (CARROTS); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric, Acid); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe				
	(Green Onion (GI (GARLIC POWDE	REEN ONIONS)); ( R); Ginger Ground pray (Canola Oil, P	Garlic Powder I (GROUND		

### Pancake & Waffle Syrup



### Allergens:

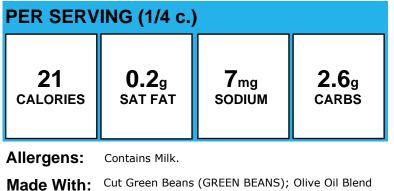
Made With: Maple Syrup (Corn Syrup, Water, Salt, Potassium Sorbate, Sodium Benzoate and Benzoic Acid (Preservatives), Cellulose Gum, Caramel Color, Sodium Hexametaphosphate, Natural and Artificial Flavor, Phosphoric Acid)

### **Parmesan Green Beans**

PER SERVING (1/2 c.)			
<b>42</b> calories	<b>0.3</b> g SAT FAT	14 <sub>mg</sub> sodium	<b>5.2</b> g carbs
Allergens:	Contains Milk.		
Made With:	Cut Green Beans (GREEN BEANS); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Grated		

(Canola Oil, Extra Virgin Olive Oil.); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Garlic Chopped in Water (GARLIC)

### Parmesan Green Beans



(Canola Oil, Extra Virgin Olive Oil); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Garlic Chopped in Water (GARLIC)

# Peach Cup,

PER SERVING (1 ea.)			
<b>90</b>	<b>0.0</b> g	Omg	<b>21.0</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With:	Diced Peaches Cups (DICED PEACHES PACKED IN EXTRA LIGHT SYRUP.)
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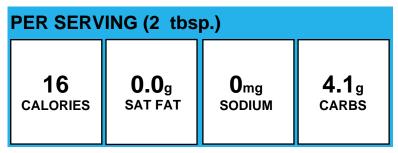
# **Peachy Parfait**

PER SERVING (1 parfait)				
209 CALORIES	<b>0.5</b> g SAT FAT	126 <sub>mg</sub> SODIUM	44.2g carbs	
Allergens: Made With:				

# Pepperoni Flatbread Pizza

PER SERVING (1 ea.)				
<b>405</b> calories	<b>10.1</b> g SAT FAT	1093 <sub>mg</sub> SODIUM	<b>35.0</b> g carbs	
Allergens:			essed in a facility	
Made With:	Contains Gluten, Milk, Wheat. Processed in a facility that also processes Soy. Whole Grain Oven Fired Flatbread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, NONFAT DRY MILK, WHEAT GLUTEN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SODIUM STEAROYL LACTYLATE, GUAR GUM.); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), ); Pizza Sauce (VINE- RIPENED FRESH TOMATOES, SUGAR, SALT, SEASONING (SPICES, SALT, GARLIC POWDER), EXTRA VIRGIN OLIVE OIL); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Pepperoni (Pork, Beef, Salt, Contains , 2% or Less of Spices, Dextrose, , Oleoresin Of Paprika, Lactic Acid Starter , Culture, Garlic Powder, Sodium			

## **Pineapple Tidbits**



### Allergens:

Made With: Pineapple Tidbits (PINEAPPLE, PINEAPPLE JUICE, CITRIC ACID.)

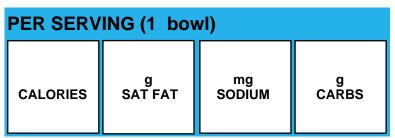
### **Pinto Beans**

PER SERVING (1 #16 scoop)			
58	<b>0.0</b> g	81 <sub>mg</sub>	<b>10.4</b> g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Low Sodium Pinto Beans (PREPARED PINTO BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND CALCIUM DISODIUM EDTA (PROMOTES COLOR RETENTION). )

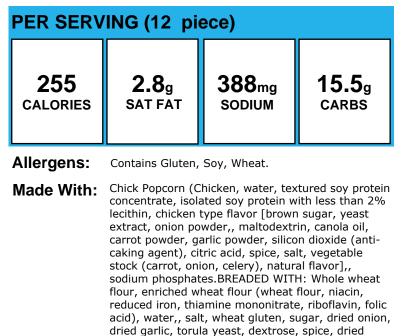
### Plant-Based Sweet & Sour Chick'n Bowl



Allergens:

Made With:

# **Popcorn Chicken**



yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.)

### **Rainbow Chili**

PER SERVING (1 c.)				
186	<b>0.0</b> g	413 <sub>mg</sub>	<b>36.2</b> g	
calories	SAT FAT	sodium	carbs	

### Allergens:

Municipal Water (WATER); Vegetarian Chili Mix Made With: (RED BEANS (DRY) TOMATO, CHILI PEPPER, ONION, SUGAR, SALT, MODIFIED CORN STARCH, SPICE, GREEN BELL PEPPER, GARLIC, CITRIC ACID, CALCIUM CHLORIDE, NATURAL FLAVOR); Peppers, green, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Onion, red, 1/4inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Red Onion (RED ONION)); Carrots (CARROTS); Beans, kidney, dark red, canned, drained, ready-to-serve (1/2c=3.3oz=1/2c legume or 2oz M/MA), Recipe (Low Sodium Kidney Beans (PREPARED KIDNEY BEANS, WATER, SUGAR, DEXTROSE, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)); Peppers, red, sweet (bell), 1/4inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER))

### **Raisin Box**

PER SERVING (1 Box)			
119	<b>0.0</b> g	5 <sub>mg</sub>	<b>28.8</b> g
calories	SAT FAT	sodium	carbs

### Allergens:

Made With: Raisins, 1.33 oz PKGS (Raisins, Unsweetened, USDA #100293)

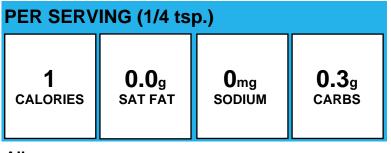
### **Ranch Dressing**

PER SERVING (1 pump)			
60	<b>1.0</b> g	125 <sub>mg</sub>	<b>1.0</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Egg, Milk.

Made With: Ranch Dressing (Soybean Oil, Water, Distilled Vinegar, Cultured Lowfat Buttermilk (Cultured Lowfat Milk, Nonfat Milk, Salt, Sodium Citrate, Vitamin A Palmitate), Corn Syrup, Egg Yolk, Salt, Contains Less Than 2% Of: Sugar, Modified Food Starch, Modified Tapioca Starch, Lactic Acid, Sodium Benzoate And Potassium Sorbate (Preservatives), Disodium Inosinate And Disodium Guanylate, Xanthan Gum, Garlic Powder, Lemon Juice Concentrate, Onion Powder, Natural Flavoring, Cultured Cream, Dehydrated Parsley, Buttermilk, Heavy Cream (From Milk), Calcium Disodium Edta Added To Protect Flavor, Yeast Extract.)

### **Red Pepper Flakes**



Allergens:

Made With: Crushed Red Pepper (CRUSHED RED PEPPER)

### **Roasted Broccoli**

PER SERVING (2 tbsp.)			
16	<b>0.1</b> g	18 <sub>mg</sub>	<b>1.3</b> g
calories	SAT FAT	sodium	carbs

### Allergens:

Made With: Broccoli (BROCCOLI); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Granulated (GRANULATED GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

### **Roasted Broccoli**

PER SERVING (1/2 c.)			
65	<b>0.3</b> g	72 <sub>mg</sub>	<b>5.4</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Broccoli (BROCCOLI); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Granulated (GRANULATED GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

# **Roasted Broccoli**

PER SERVING (1/4 c.)			
<b>33</b>	<b>0.2</b> g	<b>36</b> mg	<b>2.7</b> g
CALORIES	SAT FAT	SODIUM	carbs

Allergens:

Made With: Broccoli (BROCCOLI); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Granulated (GRANULATED GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

## Roasted Broccoli and Red Peppers

 43<br/>CALORIES
 0.2g<br/>SAT FAT
 5mg<br/>SODIUM
 2.9g<br/>CARBS

Allergens:

Made With: Broccoli (BROCCOLI); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.)

### Roasted Broccoli and Red Peppers

PER SERVING (1/2 c.)			
<b>86</b>	<b>0.5</b> g	9 <sub>mg</sub>	<b>5.8</b> g
calories	SAT FAT	SODIUM	carbs

### Allergens:

Made With: Broccoli (BROCCOLI); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.)

### Roasted Butternut Squash

PER SERVING (1/4 c.)			
<b>37</b>	<b>0.0</b> g	16 <sub>mg</sub>	9.3g
CALORIES	SAT FAT	sodium	carbs

Allergens:

Made With: Butternut Squash (butternut squash); Light Brown Sugar (BROWN SUGAR); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cinnamon Ground (CINNAMON); Cayenne Pepper (CAYENNE PEPPER)

# **Roasted Butternut Squash**



### Allergens:

Made With: Butternut Squash (butternut squash); Light Brown Sugar (BROWN SUGAR); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cinnamon Ground (CINNAMON); Cayenne Pepper (CAYENNE PEPPER)

### **Roasted Chickpeas**

PER SERVING (1 #10 scoop)				
157	<b>0.0</b> g	271 <sub>mg</sub>	24.5 <sub>g</sub>	
calories	SAT FAT	sodium	carbs	

### Allergens:

Made With: Beans, garbanzo, Bush, canned, drained, ready-toserve (1/2c=3.1oz=1/2c legume or 2oz M/MA), Recipe (Beans, garbanzo (chickpeas), Bushs Best, low-sodium (PREPARED CHICK PEAS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)



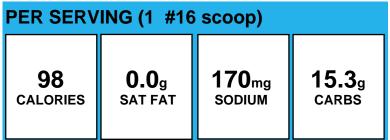
# **Roasted Chickpeas**

PER SERVING (1/4 c.)				
98	<b>0.0</b> g	<b>170</b> mg	<b>15.3</b> g	
CALORIES	SAT FAT	SODIUM	carbs	

### Allergens:

Made With: Beans, garbanzo, Bush, canned, drained, ready-toserve (1/2c=3.1oz=1/2c legume or 2oz M/MA), Recipe (Beans, garbanzo (chickpeas), Bushs Best, low-sodium (PREPARED CHICK PEAS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)

### **Roasted Chickpeas**



### Allergens:

Made With: Beans, garbanzo, Bush, canned, drained, ready-toserve (1/2c=3.1oz=1/2c legume or 2oz M/MA), Recipe (Beans, garbanzo (chickpeas), Bushs Best, low-sodium (PREPARED CHICK PEAS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)



# **Roasted Sesame Carrots**

PER SERVING (1/2 c.)				
131	<b>1.3</b> g	358 <sub>mg</sub>	<b>10.9</b> g	
CALORIES	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Carrots (CARROTS); Toasted Sesame Dressing Made With: (SOYBEAN OIL, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), WATER, DISTILLED VINEGAR, SESAME OIL, RICE VINEGAR, CONTAINS LESS THAN 2% OF TOMATO PASTE, SALT, SESAME SEED, ORANGE PUREE, SPICES, RED BELL PEPPER\*, APRICOT PUREE CONCENTRATE, XANTHAN GUM, GARLIC\*, ONION\*, MUSTARD SEED, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES) CARRAGEENAN, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. \*DEHYDRATED CONTAINS: WHEAT, SOYBEAN.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Sesame Seed White (SESAME SEEDS); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

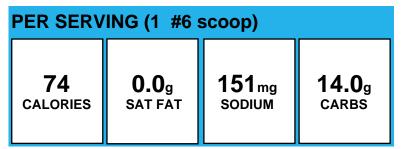
# **Roasted Summer Squash**

PER SERVING (1/4 c.)				
17	<b>0.1</b> g	21 <sub>mg</sub>	<b>1.6</b> g	
CALORIES	SAT FAT	sodium	carbs	

### Allergens:

Made With: Squash, summer, yellow, 1/4-inch coin, ready-toserve (1/2c=2 oz=1/2c other veg), Recipe (Yellow Summer Squash (crookneck or straightneck) (YELLOW SUMMER SQUASH)); Squash, summer, zucchini, 1/4-inch coin, ready-to-serve (1/2c=2.3 oz=1/2c other veg), Recipe (Zucchini (ZUCCHINI SUMMER SQUASH)); Peppers, red, sweet (bell), julienne/strips, ready-to-serve (1/2c=1.7oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Garlic Chopped in Water (GARLIC); Black Pepper Ground (BLACK PEPPER)

### **Roasted Tuscan Vegetables**



### Allergens:

Beans, cannellini, white kidney, canned, drained, Made With: ready-to-serve (1/2c=3.3oz=1/2c legume or 2oz M/MA), Recipe (Cannellini Beans (white kidney) (PREPARED CANNELLINI BEANS, WATER, SALT, AND CALCIUM DISODIUM EDTA (TO PROMOTE COLOR RETENTION).)); Squash, summer, zucchini, 1/4-inch coin, ready-to-serve (1/2c=2.3 oz=1/2cother veg), Recipe (Zucchini (ZUCCHINI SUMMER SQUASH)); Squash, summer, yellow, 1/4-inch coin, ready-to-serve (1/2c=2 oz=1/2c other veg), Recipe (Yellow Summer Squash (crookneck or straightneck) (YELLOW SUMMER SQUASH)); Peppers, red, sweet (bell), 1/4-inch diced, readyto-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Basil, finely chopped Recipe (Fresh Basil (BASIL)); Black Pepper Ground (BLACK PEPPER); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.)

### Sausage Breakfast Pizza



Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Turkey Sausage Breakfast Pizza (CRUST: WHITE WHOLE WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YEAST, VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF WHEAT GLUTEN, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, CALCIUM LACTATE), SEA SALT, FOOD STARCH, DEFATTED SOY FLOUR, DOUGH CONDITIONER (WHEAT STARCH, L-CYSTEINE HYDROCHLORIDE, AMMONIUM SULFATE), ENZYMES (CONTAINS WHEAT) TOPPINGS: COOKED TURKEY PIZZA TOPPING (TURKEY BREAKFAST SAUSAGE [MECHANICALLY SEPARATED TURKEY, SEASONING {SALT, NATURAL FLAVOR, DEXTROSE, SUGAR, CITRIC ACID, BHA, BHT}, WATER], TEXTURED VEGETABLE PROTEIN [SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN], WATER), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES) SUBSTITUTE MOZZARELLA CHEESE (WATER, CORN OIL AND/OR SOY OIL, CASEIN, MODIFIED FOOD STARCH, WHEY, NONFAT DRY MILK, NATURAL FLAVOR, SODIUM ALUMINUM PHOSPHATE, SALT, LACTIC ACID, SODIUM PHOSPHATE, SORBIC ACID [PRESERVATIVE], XANTHAN GUM, VITAMIN AND MINERAL SUPPLEMENT (MAGNESIUM OXIDE, DICALCIUM PHOSPHATE, ZINC OXIDE, RIBOFLAVIN [VITAMIN B2], ELECTROLYTIC IRON, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], NIACINAMIDE, THIAMINE MONONIRATE [VIATMIN B1], CYANOCOBALAMIN [VITAMIN B12], VITAMIN A PALMITATE), ARTIFICIAL COLOR). SAUCE: TOMATOES (WATER, TOMATO PASTE [NO LESS THAN 28% SOLUBLE SOLIDS]), MALTODEXTRIN, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF: SALT, SPICE, SUGAR, HYDROLYZED SOY AND CORN PROTEIN, PAPRIKA, GARLIC POWDER, POWDERED CELLULOSE.)



# Scrambled Eggs

PER SERVING (1/4 c.)				
93 CALORIES	<b>2.0</b> g SAT FAT	<b>87</b> mg SODIUM	<b>0.0</b> g carbs	
Allergens:	Contains Egg.			
Made With:		ble Egg, Citric Acid For Citric Acid. Ci pr.)		

# **Shredded Cheddar Cheese**



Allergens: Contains Milk.

Made With: Yellow Cheddar Cheese (Cheddar Cheese (Cultured Pasteurized, Milk, Salt, Enzymes, Color Added [If, Colored], Anticake (Potato Starch, , Powdered Cellulose))

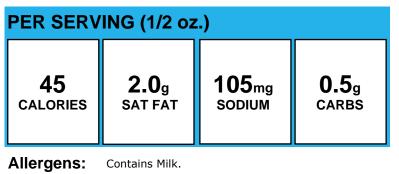
## **Shredded Lettuce**

PER SERVING (1/4 cup shredded)			
<b>3</b>	<b>0.0</b> g	2 <sub>mg</sub>	<b>0.5</b> g
CALORIES	SAT FAT	SODIUM	carbs

Allergens:

Made With: Shredded Lettuce (ICEBERG LETTUCE)

### **Shredded Yellow Cheddar Cheese**



Made With: Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens)

### **Skim Milk**

PER SERVING (1 Half Pint)					
90 Calories	<b>0.0</b> g SAT FAT	mg SODIUM	<b>13.0</b> g carbs		
Allergens:	Contains Milk.				
Made With:	Meadow Gold Skim Milk (NONFAT MILK, VITAMIN A PALMITATE, VITAMIN D3)				

### **Skim Milk**

PER SERVING (8 fl. oz.)					
80 calories	<b>0.0</b> g SAT FAT	<b>110</b> mg SODIUM	<b>11.0</b> g carbs		
Allergens:	Contains Milk.				
Made With:	Skim Milk (Fat Free Milk, Vitamins A & D Added)				

### **Skim Milk**

PER SERVING (1 Carton)				
<b>80</b> calories	<b>0.0</b> g SAT FAT	105 <sub>mg</sub> sodium	<b>12.0</b> g carbs	
Allergens: Contains Milk.				

Made With: Skim Milk (Fat Free Milk with Vitamin A Palmitate and D3 Added. )

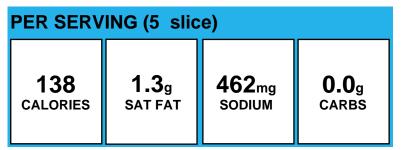
# **Sliced Black Olives**



### Allergens:

Made With:	Sliced Black Olives (RIPE OLIVES, WATER, SEA SALT, FERROUS GLUCONATE (AN IRON DERIVATIVE))
	SALT, FERROUS GLUCONATE (AN IRON

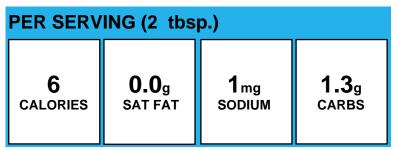
### **Sliced Deli Turkey**



### Allergens:

Made With: Roast Turkey Breast (Turkey Breast, White Turkey, Turkey Broth, Contains 2% or Less Modified Food Starch, Potassium Chloride, Sodium Phosphate, Salt, Rosemary Extract)

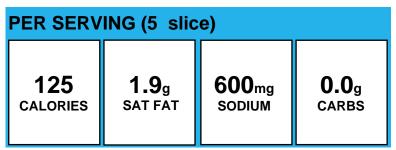
# **Sliced Red Onion**



Allergens:

Made With: Red Onion (RED ONION)

### **Sliced Turkey Ham**



Allergens:

Made With: Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite. )

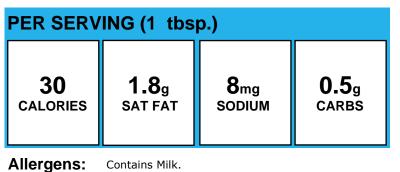
## **Smoky BBQ Chicken Potato Bowl**

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

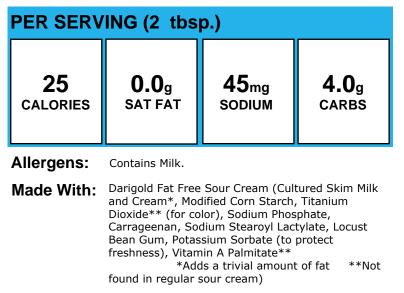
Made With:

### Sour Cream

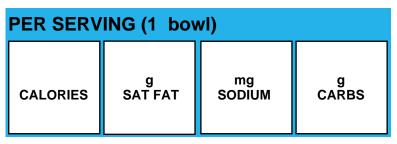


Made With: Sour Cream (Cultured Cream.)

### Sour Cream, Darigold, Fat Free



### Southern Style Crispy Chicken Potato Bowl



Allergens:

Made With:

### Southwest Breakfast Burrito

PER SERVING (1 burrito)			
<b>387</b>	<b>9.5</b> g	613 <sub>mg</sub>	<b>25.7</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Egg, Gluten, Milk, Wheat.

Made With: Egg Omelet, Southwest: K12 (Liquid Eggs (Whole Egg, Citric Acid, 0.15% Water Added As Carrier For Citric Acid. Citric Acid Added To, Preserve Color.); use SR1525 - Roasted Veggie Blend; SW RECIPE (Green Bell Pepper (GREEN SWEET PEPPER); Yellow Onion (YELLOW ONION); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Southwest Seasoning (INGREDIENTS: SPICES, ONION, DEXTROSE, SALT, YELLOW CORN FLOUR, GARLIC, RED BELL PEPPER,, SILICON DIOXIDE (TO MAKE FREE FLOWING), RED PEPPER, CITRIC ACID, JALAPEÑO PEPPER,, EXTRACTIVES OF PAPRIKA & amp; amp; amp; NATURAL FLAVOR., INGREDIENTES: ESPECIAS, CEBOLLA, DEXTROSA, SAL, HARINA DE MAÍZ AMARILLO, AJO, PIMIENTO, MORRON ROJO, DIÓXIDO DE SILICIO (PARADAR FLUIDEZ), CHILE COLORADO, ÁCIDO CÍTRICO, CHILE, JALAPEÑO, EXTRACTOS DE PAPRIKA Y SABORIZANTE NATURAL.)); Tomatoes (Vine-Ripened Peeled Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid.)); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and Diglycerides, Sodium metabisulphite).); Shredded Mild Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO (IF COLORED), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING.); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite. )

### Soy Roasted Potatoes

PER SERVING (1/4 c.)			
<b>93</b>	<b>0.8</b> g	335 <sub>mg</sub>	<b>9.6</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Roasted Potato (Potatoes, Vegetable Oil (Contains One Or More Of, The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn),, Corn Starch - Modified, Dehydrated Garlic, Salt, Black Pepper,, Sodium Acid Pyrophosphate Added To Maintain Natural Color,, Dextrose, Dehydrated Onion, Rosemary, Dehydrated Red Bell, Pepper, Autolyzed Yeast Extract, Paprika (color), Thyme, Celery, Seed.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Onion, green, sliced (1/2c = 2.2)oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Ginger Ground (GROUND GINGER)

# Soy Roasted Potatoes

PER SERVING (2 tbsp.)				
<b>47</b>	<b>0.4</b> g	168 <sub>mg</sub>	<b>4.8</b> g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Soy, Wheat.

Roasted Potato (Potatoes, Vegetable Oil (Contains Made With: One Or More Of, The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn),, Corn Starch - Modified, Dehydrated Garlic, Salt, Black Pepper,, Sodium Acid Pyrophosphate Added To Maintain Natural Color,, Dextrose, Dehydrated Onion, Rosemary, Dehydrated Red Bell, Pepper, Autolyzed Yeast Extract, Paprika (color), Thyme, Celery, Seed.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Onion, green, sliced (1/2c = 2.2)oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Ginger Ground (GROUND GINGER)

### Spaghetti and Meatball Marinara Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

# Spaghetti Sauce

PER SERVING (1/4 c.)			
<b>32</b>	<b>0.0</b> g	<b>130</b> mg	<b>6.7</b> g
calories	SAT FAT	SODIUM	carbs

### Allergens:

Made With:	Spaghetti Sauce (TOMATO PUREE (WATER, TOMATC PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, ,
	GARLIC)

# Spaghetti Sauce

PER SERVING (1/2 c.)					
65	<b>0.1</b> g	260 <sub>mg</sub>	13.3g		
calories	SAT FAT	sodium	carbs		

Allergens:

Made With:	Spaghetti Sauce (TOMATO PUREE (WATER, TOMATC PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC)
	GARLIC)

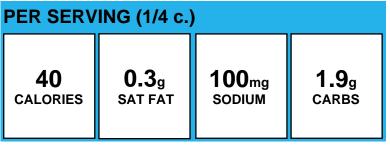
### Spicy Asian Vegetable Blend

PER SERVING (2 tbsp.)					
20	<b>0.1</b> g	50 <sub>mg</sub>	<b>1.0</b> g		
CALORIES	SAT FAT	sodium	carbs		

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Spicy Asian Side Vegetables, cabbage, carrot, pepper, sesame (1/4c = 1/4c other veg), Recipe (Green Cabbage (GREEN CABBAGE); Carrot (CARROTS); Peppers, green, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Sesame Seed White (SESAME SEEDS)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.)

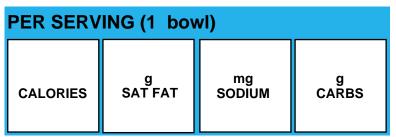
# Spicy Asian Vegetable Blend



Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Spicy Asian Side Vegetables, cabbage, carrot, pepper, sesame (1/4c = 1/4c other veg), Recipe (Green Cabbage (GREEN CABBAGE); Carrot (CARROTS); Peppers, green, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Sesame Seed White (SESAME SEEDS)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.)

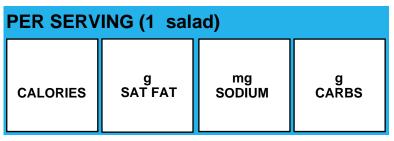
# **Spicy Buffalo Chicken Grain Bowl**



Allergens:

Made With:

# **Spicy Buffalo Chicken Salad**



Allergens:

Made With:

## **Spicy Buffalo Chicken Wrap**

PER SERVING (1 wrap)					
CALORIES	g	mg	g		
	SAT FAT	SODIUM	CARBS		

Allergens:

Made With:

# **Spicy Chicken Burger**

PER SERVING (1 burger)			
<b>370</b>	<b>2.5</b> g	550 <sub>mg</sub>	<b>42.0</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Whole Grain Spicy Chicken Patty (Chicken, water, whole wheat flour, enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), textured soy flour, isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], extractives of paprika, garlic, powder, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), maltodextrin, modified corn starch, natural flavors, onion powder, salt,, sea salt blend (potassium chloride, sea salt), spices (including celery seed), starter distillate, sugar, textured soy protein concentrate, vinegar, wheat gluten, yeast extract., Breading set in vegetable oil., ); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.)

# **Spicy Chicken Tinga Taco**

PER SERVING (1 taco)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

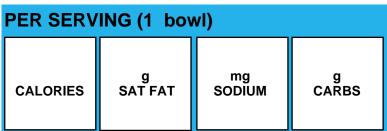
### Spicy Korean BBQ & Dumpling Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

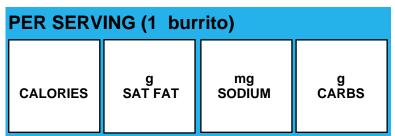
# Spicy Tinga Chicken Bowl



Allergens:

Made With:

# Spicy Tinga Chicken Burrito



Allergens:

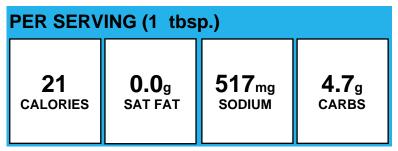
# **Spiral-cut French Fries**

PER SERVING (1/2 c.)			
107	<b>0.7</b> g	257 <sub>mg</sub>	14.3g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Wheat.

Made With: French fries, potato, spiral-cut, skin-on, Redstone Canyon (POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN), BLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID). CONTAINS 2% OR LESS OF ANNATTO (COLOR), BAKING SODA, DEXTRIN, DEXTROSE, EXTRACTIVES OF CAPSICUM, EXTRACTIVES OF PAPRIKA (COLOR), GARLIC POWDER, ONION POWDER, PAPRIKA (COLOR), SALT, SODIUM ACID PYROPHOSPHATE (MAINTAINS NATURAL COLOR & LEAVENING), SPICES, TAPIOCA STARCH, TAPIOCA STARCH - MODIFIED, XANTHAN GUM.)

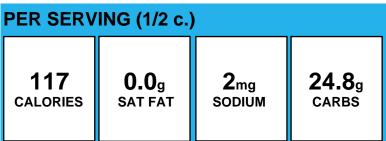
# Sriracha Hot Chili Sauce



Allergens:

Made With:	Sriracha Sauce (CHILI PEPPER, VINEGAR, GARLIC, SUGAR, SALT, WATER, NATURAL FLAVORS, XANTHAN GUM, LESS THAN 0.1% POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES)
	PRESERVATIVES)

# **Steamed Brown Rice**



Allergens:

Made With: Municipal Water (WATER); Brown Rice (LONG GRAIN PARBOILED BROWN RICE)



# **Steamed Brown Rice**



# Steamed Rice

PER SERVING (1/2 c.)			
138	<b>0.0</b> g	2 <sub>mg</sub>	<b>30.0</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Municipal Water (WATER); Converted White Rice (LONG GRAIN PARBOILED WHITE RICE)

## **Steamed Rice**

PER SERVING (1/4 c.)			
69	<b>0.0</b> g	1 <sub>mg</sub>	<b>15.0</b> g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Municipal Water (WATER); Converted White Rice (LONG GRAIN PARBOILED WHITE RICE)

## Strawberries

PER SERVING (2 tbsp.)			
<b>31</b>	<b>0.0</b> g	1 <sub>mg</sub>	<b>8.3</b> g
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Strawberries (STRAWBERRIES, SUGAR)

# **Strawberry Yogurt**

PER SERVING (1 ea.)				
60 calories	<b>0.0</b> g SAT FAT	<b>70</b> mg SODIUM	<b>12.0</b> g carbs	
Allergens:	Contains Milk.			
Made With:	Strawberry Yogurt (CULTURED GRADE A NON FAT MILK, CANE SUGAR, WATER, MODIFIED CORN STARCH, STRAWBERRIES, CONTAINS LESS THAN 1% OF NATURAL FLAVORS, FRUIT AND VEGETABLE			

LEMON JUICE CONCENTRATE, )

JUICE (FOR COLOR), AGAR AGAR, VITAMIN D3,

# **String Cheese**

PER SERVING (1 stick.)				
<b>80</b> calories	<b>3.5</b> g SAT FAT	190 <sub>mg</sub> sodium	<b>0.0</b> g carbs	
Allergens:	Contains Milk.			
Made With:	Mozzarella String Cheese (PASTEURIZED PART- SKIM MILK, CHEESE CULTURE, SALT, AND ENZYMES.)			

# **String Cheese Stick**

PER SERVING (1 stick.)				
90 calories	<b>5.0</b> g SAT FAT	200 <sub>mg</sub> SODIUM	<b>0.0</b> g carbs	
Allergens:	Contains Milk.			
Made With:	String Cheese (See Label for ingredients and allergens)			

# **Sunflower Seeds**

PER SERVING (1/4 c.)				
<b>190</b> calories	<b>2.0</b> g SAT FAT	160 <sub>mg</sub> sodium	<b>6.0</b> g carbs	
Allergens:	Processed in a facility that also processes Egg, Gluten, Milk, Peanuts, Tree nuts, Wheat. May contain Soy.			
Made With:		Roasted Unsalted		

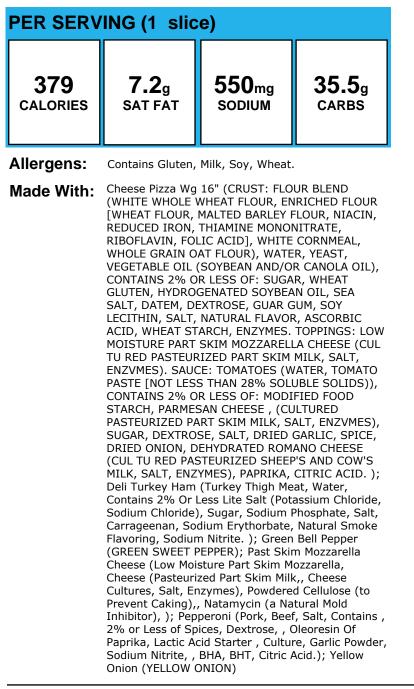
# Sunshine Smoothie Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

### Supreme Pizza



## Sweet & Sour Chick'n

PER SERVING (5 nugget)			
298	<b>1.3</b> g	455 <sub>mg</sub>	<b>42.1</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Soy, Wheat.

Chick'n Nugget, plant (4 Nugget = 3.04 oz = 2 oz Made With: MMA) (Vegan Chickn Nugget (Water, wheat flour, soy protein concentrate, vegetable oil (corn, canola and/or sunflower), soy protein isolate., Contains 2% or less of wheat gluten, yellow corn flour, dextrose, methylcellulose, cornstarch, potato starch, yeast extract, maltodextrin, sugar, natural flavors, wheat starch, salt, spices, onion powder, , yeast, potassium salt, paprika color, leavening (sodium acid pyrophosphate, sodium bicarbonate), garlic powder, citric acid, xanthan gum)); Low Sodium Sweet & amp; Sour Sauce (SUGAR, WATER, VINEGAR, MODIFIED CORN STARCH, PINEAPPLE FLAKES (PINEAPPLE, BROWN SUGAR SYRUP, TAPIOCA FLOUR, NATURAL FLAVOR, ASCORBIC ACID, SALT), DEHYDRATED RED BELL PEPPER, SALT, EXTRACTIVES OF PAPRIKA.)

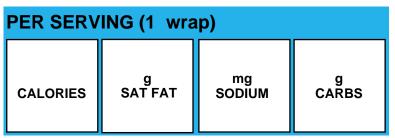
## Sweet & Sour Chick'n

PER SERVING (4 nugget)			
239	<b>1.0</b> g	364 <sub>mg</sub>	33.7g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Soy, Wheat.

Chick'n Nugget, plant (4 Nugget = 3.04 oz = 2 oz Made With: MMA) (Vegan Chickn Nugget (Water, wheat flour, soy protein concentrate, vegetable oil (corn, canola and/or sunflower), soy protein isolate., Contains 2% or less of wheat gluten, yellow corn flour, dextrose, methylcellulose, cornstarch, potato starch, yeast extract, maltodextrin, sugar, natural flavors, wheat starch, salt, spices, onion powder, , yeast, potassium salt, paprika color, leavening (sodium acid pyrophosphate, sodium bicarbonate), garlic powder, citric acid, xanthan gum)); Low Sodium Sweet & amp; Sour Sauce (SUGAR, WATER, VINEGAR, MODIFIED CORN STARCH, PINEAPPLE FLAKES (PINEAPPLE, BROWN SUGAR SYRUP, TAPIOCA FLOUR, NATURAL FLAVOR, ASCORBIC ACID, SALT), DEHYDRATED RED BELL PEPPER, SALT, EXTRACTIVES OF PAPRIKA.)

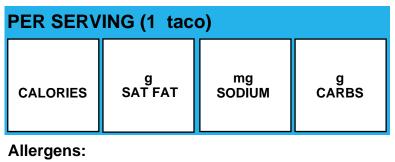
# Sweet & Sour Chick'n Burrito



Allergens:

Made With:

# Sweet & Sour Chick'n Taco



## Sweet & Sour Chicken

PER SERVING (5 nugget)			
310	<b>2.5</b> g	515 <sub>mg</sub>	<b>34.0</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Nuggets, Tyson (5 nuggets = 2.99 oz = 2 oz M/MA + 1 oz eq grain), Recipe (Chicken Nuggets (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anticaking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.)); Sweet and Sour Sauce (Sweet and Sour Sauce (SUGAR, WATER, VINEGAR, MODIFIED CORN STARCH, PINEAPPLE FLAKES (PINEAPPLE, BROWN SUGAR SYRUP, TAPIOCA FLOUR, NATURAL FLAVOR, ASCORBIC ACID, SALT), DEHYDRATED RED BELL PEPPER, SALT, EXTRACTIVES OF PAPRIKA.))

#### Sweet and Sour Chick'n Rice Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

## **Sweet Potato Fries**

PER SERVING (1/4 c.)			
81	<b>0.5</b> g	96 <sub>mg</sub>	12.7 <sub>g</sub>
calories	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: French fries, sweet potato, straight-cut, 5/16-inch, Harvest Splendor (SWEET POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN), CORN STARCH - MODIFIED, POTATO STARCH - MODIFIED. CONTAINS 2% OR LESS OF BAKING SODA, DEXTRIN, EXTRACTS OF PAPRIKA AND TURMERIC (COLOR), FIBER (PEA, CORN), MOLASSES POWDER (REFINERS SYRUP, MOLASSES), RICE FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, (MAINTAINS NATURAL COLOR & amp; LEVENING), SUGAR, XANTHAN GUM.)

# **Taco Beef Baked Potato**

PER SERVING (1 potato)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

# **Taco Calzone**

PER SERVING (1 ea.)				
349 calories	<b>4.2</b> g SAT FAT	481 <sub>mg</sub> sodium	<b>39.3</b> g carbs	
Allergens:	Contains Gluten, Milk, Soy, Wheat. May contain Egg.			
Made With:	Whole Grain Pizza Dough (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE,, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, WHEAT GLUTEN, DEXTROSE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, OAT FIBER, SOYBEAN, OIL,SALT, POTASSIUM CHLORIDE, ENZYME, ASCORBIC ACID, WHEAT STARCH, DEXTRIN.); Turkey Taco Filling (Turkey Taco Filling, Cooked, Frozen, USDA, #100119); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Salsa (See package label for list of ingredients.)			

#### Taco Enchilada

PER SERVING (1 enchilada)			
<b>190</b>	<b>3.6</b> g	413 <sub>mg</sub>	<b>17.6</b> g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour,, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable, shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or, less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium, bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium, propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and, Diglycerides, Sodium metabisulphite)., ); Turkey Taco Filling (Turkey Taco Filling, Cooked, Frozen, USDA, #100119); Queso Blanco (CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), WATER, TOMATILLOS (with citric, acid), GREEN CHILES (with citric acid), CONTAINS LESS THAN 2% OF SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, MODIFIED FOOD STARCH, CREAM, JALAPENO PEPPERS (with salt, , acetic acid, water, calcium chloride), SEASONING (potassium chloride, flavor [contains maltodextrin]), , ONIONS, SALT, DEHYDRATED GARLIC, DEHYDRATED CILANTRO, CITRIC ACID.); Enchilada Sauce (WATER, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), MODIFIED FOOD STARCH, SPICE, VEGETABLE OIL (CORN, AND/OR CANOLA), SALT, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE).); Enchilada Sauce (WATER, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), MODIFIED FOOD STARCH, SPICE, VEGETABLE OIL (CORN, AND/OR CANOLA), SALT, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE).); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Green Onion (GREEN ONIONS)

### **Tartar Sauce**

PER SERVING (1 tbsp.)			
<b>43</b>	<b>0.4</b> g	<b>88</b> mg	<b>3.1</b> g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Egg.

Made With: Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED\*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)\*, SPICE, CITRIC ACID, XANTHAN GUM\*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5\*. \*INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Sweet Pickle Relish (CUCUMBERS, HIGH FRUCTOSE CORN SYRUP, WATER, VINEGAR, SALT, XANTHAN GUM, ALUM, CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), POLYSORBATE 80, NATURAL FLAVORS, TURMERIC (COLOR).); Lemon Juice (WATER, LEMON JUICE CONCENTRATE AND LESS THAN 2% OF: LEMON , OIL, SODIUM BENZOATE AND SODIUM METABISULFITE , (PRESERVATIVES).)

# Teriyaki Chicken

PER SERVING (1/2 c.)					
<b>130</b> calories	<b>2.1</b> g SAT FAT	<b>320</b> mg SODIUM	<b>10.9</b> g carbs		
Allergens:	Contains Gluten, Soy, Wheat.				
Made With:	Unseasoned Chicken Strips (GOLDKIST FARMS: CHICKEN MEAT, WATER, MODIFIED FOOD STARCH SODIUM PHOSPHATES, REDUCED SODIUM SEA SALT (SEA SALT, POTASSIUM CHLORIDE, RICE FLOUR).				
	, CRIDER FOODS: CHICKEN WHITE AND DARK MEAT, WATER, SALT, MODIFIED FOOD STARCH & amp; SODIUM PHOSPHATE.); Low				

Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

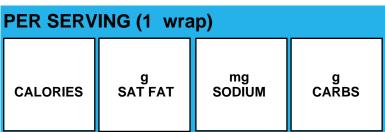
## Teriyaki Chicken & Dumpling Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

# Teriyaki Chicken Burrito



Allergens:

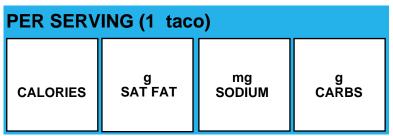
Made With:

# Teriyaki Chicken Rice Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

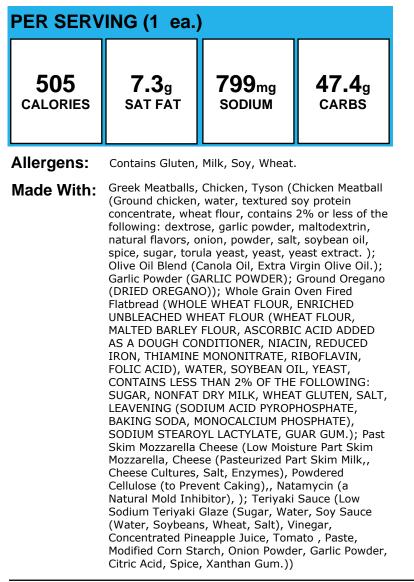
# Teriyaki Chicken Taco



Allergens:

Made With:

# Teriyaki Meatball Roll Up



# Teriyaki Sauce

PER SERVING (1 tbsp.)				
<b>46</b> calories				

Allergens: Contains Gluten, Soy, Wheat.

Made With: Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.)

## **Tex Mex Beef Burrito**

PER SERVING (1 burrito)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

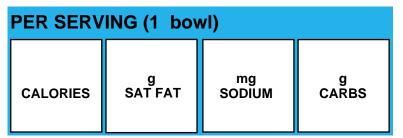
Made With:

#### **Tex Mex Beef Taco**

PER SERVING (1 taco)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

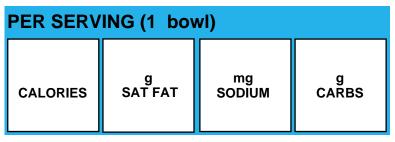
#### **Tex Mex Bowl**



Allergens:

Made With:

### The Greek Gyro Bowl, MIA



Allergens:

Made With:

## **The Mediterranean Flatbread**

PER SERVING (1 wrap)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

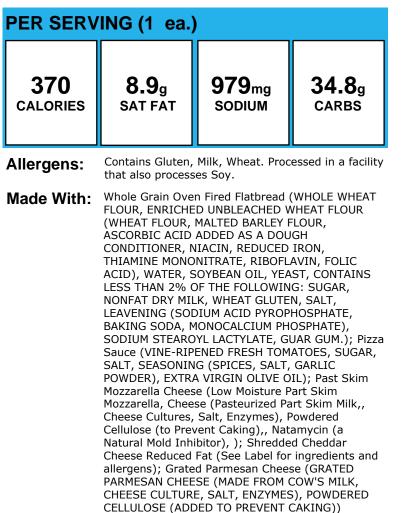
Allergens:

### Three Cheese Caprese Grilled Cheese

PER SERVING (1 sandwich)			
406 calories	<b>8.8</b> g SAT FAT	760 <sub>mg</sub> SODIUM	<b>37.1</b> g carbs
Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.			

Made With: 51%WWW Sandwich Bread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES.); Pesto Mayonnaise Sauce, greek yogurt (Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED\*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)\*, SPICE, CITRIC ACID, XANTHAN GUM\*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5\*. \*INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Nut Free Pesto Sauce (Sunflower Oil, Basil, Grana Padano Cheese [Milk, Salt, Rennet, , Preservative: Lysozyme from Egg], Salt, Extra Virgin Olive Oil, Vegetable Fiber, , Fructose, Garlic, Ascorbic Acid.)); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor), ); Tomatoes, fresh, 1/8-inch sliced, ready-to-serve (2.5 slices = 1/8 cup red veg), Recipe (Tomato (TOMATO)); Sliced Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation., ); Pan Spray (Canola Oil, Phosphated Mono & amp; Diglycerides, Propellant.)

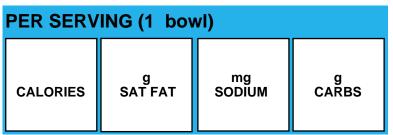
## Three Cheese Flatbread Pizza



## **Toasted Waffle**

PER SERVING (2 waffle)					
186 calories	1.6g 372mg 27.9g SAT FAT SODIUM CARBS				
Allergens:	Contains Egg, Gluten, Milk, Soy, Wheat.				
Made With:	Golden Waffle (Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), water, vegetable oil (soybean, palm and/or canola), eggs, leavening (baking soda, sodium aluminum, phosphate, monocalcium phosphate), contains 2% or less of sugar, salt, whey, soy lecithin, beta-carotene for color. Vitamins and Minerals: Calcium carbonate, reduced iron, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B12)				

# Tokyo Teriyaki Grain Bowl



Allergens:

Made With:

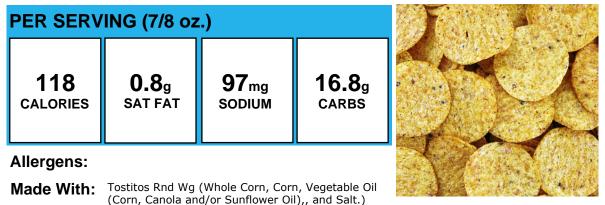
### **Tomato and Shredded Lettuce Salad**

PER SERVING (1/2 c.)			
11	<b>0.0</b> g	4 <sub>mg</sub>	<b>2.5</b> g
calories	SAT FAT	sodium	carbs

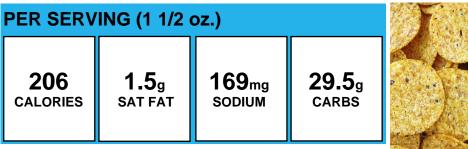
#### Allergens:

Made With: Tomatoes, fresh, 1/4-inch diced, ready-to-serve (1/2c = 4.2 oz = 1/2c red/orange veg), Recipe (Tomato (TOMATO)); Shredded Lettuce (ICEBERG LETTUCE)

# **Tortilla Chips**



# **Tortilla Chips**



#### Allergens:

Made With: Tostitos Rnd Wg (Whole Corn, Corn, Vegetable Oil (Corn, Canola and/or Sunflower Oil),, and Salt.)



### **Trix Cereal Bar**

PER SERVING (1 Bar)			
159 calories	<b>0.6</b> g SAT FAT	107 <sub>mg</sub> SODIUM	<b>29.2</b> g carbs
Allergens: Made With:	SYRUP, SUGAR, Y CANOLA OIL, DE WHOLE WHEAT F MALTODEXTRIN. BROWN RICE FLC CALCIUM CARBO STARCH, SALT, C JUICE, TURMERIC NATURAL FLAVO SODA, TRISODIL (MINERAL NUTRI VITAMIN C (SOD (NIACINAMIDE),	Soy, Wheat. WG (WHOLE GRAI WHOLE GRAIN CO GERMED YELLOW COUR, CHICORY F CONTAINS 2% OI DUR, VEGETABLE COLOR (VEGTEABL COLOR (VEGTEABL CEXTRACT, ANNA R, CALCIUM PHOS JM PHOSPHATE, Z IENTS), CITRIC AC IUM ASCORBATE) SOY LECITHIN, VI DROCHLORIDE), VI	RN, FRÚCTOSE, CORN MEAL, ROOT EXTRACT, R LESS OF: GLYCERIN, JR, WHEAT LE JUICE, FRUIT TTO EXTRACT), PHATE, BAKING INC AND IRON CID, MALIC ACID, , A B VITAMIN ITAMIN B6

(RIBOFLAVIN), VITAMIN B1 (THIAMIN

# Trix Cereal reduced sugar

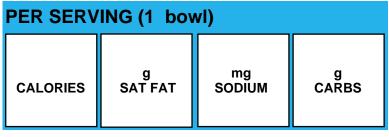
PER SERVING (1 bowl)			
109	<b>0.3</b> g	<b>162</b> mg	23.2g
calories	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: Trix Cereal (Whole Grain Corn, Rice Flour, Sugar, Corn Syrup, Canola and/or Sunflower Oil, Color (vegetable and fruit juice,, annatto extract, turmeric extract), Salt, Trisodium Phosphate, Natural Flavor, Citric Acid, Malic Acid. Vitamins and Minerals: Calcium Carbonate,, Tricalcium Phosphate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride),, Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.)



# **Tropical Smoothie Bowl**



Allergens:

## Turkey

PER SERVING (2 7/8 oz 1 serving)			
87 calories	87 0.0g 433mg 2.0g		

#### Allergens:

Made With: Deli Turkey (INGREDIENTS: TURKEY BREAST, TURKEY BROTH: CONTAINS 2% OR LESS SEA SALT, MODIFIED FOOD STARCH, SUGAR, SODIUM PHOSPHATE. , This item is fully cooked deli-style turkey producedfrom formed turkey breast meat. This productcontains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5pound packages., CREDITING/YIELD One case of turkey deli breast provides approximately 448 1.43 -ounce portions., CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement., , , )

# **Turkey Carnitas**

PER SERVING (1/4 c.)			
76	<b>0.6</b> g	480 <sub>mg</sub>	2.7 <sub>g</sub>
calories	SAT FAT	sodium	carbs

#### Allergens:

Made With: Turkey Pot Roast (TURKEY THIGH MEAT, WATER, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, SALT, SUGAR, NATURAL FLAVOR (POTATO MALTODEXTRIN, GUM ARABIC, NATURAL FLAVOR), SEASONING (NATURAL FLAVORING, SALT, POTATO MALTODEXTRIN), SODIUM PHOSPHATE, SEASONING (YEAST EXTRACT, NATURAL FLAVORS, SALT), FLAVORING.); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Orange Juice (WATER, ORANGE JUICE CONCENTRATE); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Light Chile Powder (INGREDIENTS: CHILI PEPPER, SPICES, SALT, GARLIC, AND SILICON DIOXIDE (TO MAKE FREE FLOWING).); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Garlic Powder (GARLIC POWDER); Black Pepper Ground (BLACK PEPPER); Ground Oregano (DRIED OREGANO); Cumin Ground (CUMIN); Cayenne Pepper (CAYENNE PEPPER)

#### **Turkey Cheddar Ranch Flatbread**

PER SERVING (1 wrap)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

# **Turkey Taco Filling**

PER SERVING (1 3/4 oz.)			
<b>83</b>	<b>1.0</b> g	134 <sub>mg</sub>	3.0g
calories	SAT FAT	sodium	carbs

Allergens: Contains Soy.

Made With: Turkey Taco Filling (Turkey Taco Filling, Cooked, Frozen, USDA, #100119)

## **Turkey Taco Meat**

PER SERVING (1/4 c.)				
<b>56</b> calories	<b>0.7</b> g SAT FAT	91 <sub>mg</sub> sodium	<b>2.1</b> g carbs	
Allergens:	Contains Soy.			
Made With:	Turkey Taco Filling (Turkey Taco Filling, Cooked, Frozen, USDA, #100119)			

#### Tuscan Penne Veggie Alfredo Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

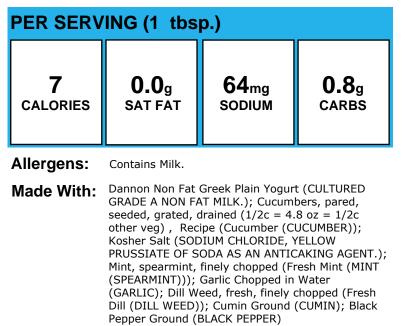
#### Two Bean & Vegetable Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

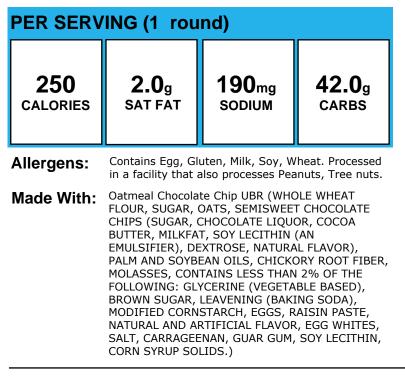
# Tzatziki Sauce



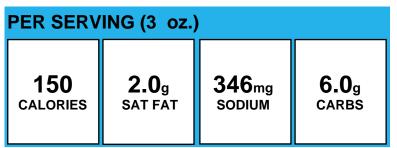
#### Ultimate Breakfast Round, Cinnamon, BULK

PER SERVING (1 round)				
240 calories	<b>2.0</b> g SAT FAT	200 <sub>mg</sub> SODIUM	<b>42.0</b> g carbs	
Allergens:				
Made With:	Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Peanuts, Tree nuts. UBR Cinnamon (INGREDIENTS FOR U.S. MARKET: WHOLE WHEAT FLOUR, OATS, SUGAR, WATER, CINNAMON DROPS (SUGAR, PALM OIL, CINNAMON, NONFAT DRY MILK, SOY LECITHIN (AN EMULSIFIER)), MOLASSES, HIGH OLEIC CANOLA AND HYDROGENATED COTTONSEED OILS, MALTODEXTRIN, EGGS, CONTAINS LESS THAN 2% OF THE FOLLOWING: INULIN, SOYBEAN OIL, LEAVENING (BAKING SODA), CINNAMON, MODIFIED CORNSTARCH, CITRUS FIBER, NATURAL AND ARTIFICIAL FLAVOR, SALT, RICE FLOUR, DATEM, MONO AND DIGLYCERIDES. CONTAINS: WHEAT, MILK, SOY, EGGS MANUFACTURED ON SHARED EQUIPMENT WITH PEANUTS AND TREE			

#### Ultimate Breakfast Round, Oatmeal Chocolate Chip, BULK



# **Unseasoned Chicken Strips**



#### Allergens:

Made With: Grilled Chicken Strips (See Label for ingredients and allergens)

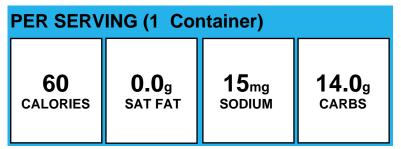
## **Unseasoned Chicken Strips**



#### Allergens:

Made With:	Grilled Chicken Strips (See Label for ingredients and allergens)
	and anergens)

## **Unsweetened Applesauce**



Allergens:

Made With: Unsweetened Apple Sauce (APPLES, WATER AND ASCORBIC ACID (VITAMIN C) TO MAINTAIN COLOR.)

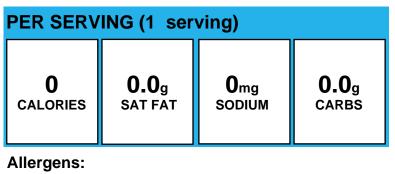
# **Unsweetened Applesauce**

PER SERVING (1/2 c.)			
<b>52</b>	<b>0.0</b> g	<b>10</b> mg	<b>12.6</b> g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Unsweetened Apple Sauce (Apples, water and ascorbic acid (Vitamin C) to maintain color. )

# **Variety of Entrees**



Made With: Variety Bar Ingredient

## **Vegetable Lo Mein**

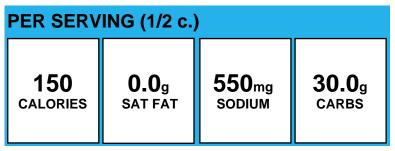
PER SERVING (2/3 c.)			
143	<b>0.3</b> g	533 <sub>mg</sub>	<b>30.2</b> g
calories	SAT FAT	sodium	carbs

- Allergens: Contains Gluten, Soy, Wheat. Processed in a facility that also processes Egg.
- Made With: Spaghetti Noodles, pasta, whole wheat, cooked al dente (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Whole Wheat Spaghetti (WHOLE DURUM WHEAT FLOUR); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.); Carrot (CARROTS); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Garlic Chopped in Water (GARLIC)

# **Vegetable Lo Mein**

PER SERVING (2/3 c.)				
178 calories	<b>0.2</b> g SAT FAT	508 <sub>mg</sub> sodium	36.2g CARBS	
Allergens:	Contains Gluten,	Soy, Wheat.		
Made With:	Contains Gluten, Soy, Wheat. Spaghetti Noodles, pasta, regular, cooked al dente (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Spaghetti (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN,FOLIC ACID.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.); Carrot (CARROTS); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Garlic Chopped in Water			

# Vegetarian Baked Beans



#### Allergens:

Made With: Vegetarian Baked Beans (Prepared Navy Beans, Water, Brown Sugar, Salt, Mustard (Water, Vinegar, Mustard Seed, Salt,, Paprika, Turmeric), Modified Corn Starch, Onion Powder, Caramel Color, Spice, Garlic Powder,, Natural Flavor.)

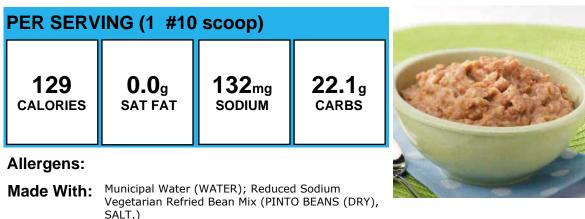
# Vegetarian Chick'n Nugget

PER SERVING (4 nuggets)			
183	<b>1.0</b> g	304 <sub>mg</sub>	<b>19.3</b> g
calories	SAT FAT	SODIUM	carbs

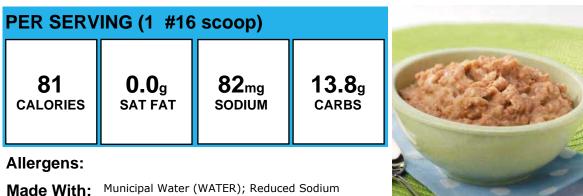
Allergens: Contains Gluten, Soy, Wheat.

Made With: Vegan Chickn Nugget (Water, wheat flour, soy protein concentrate, vegetable oil (corn, canola and/or sunflower), soy protein isolate., Contains 2% or less of wheat gluten, yellow corn flour, dextrose, methylcellulose, cornstarch, potato starch, yeast extract, maltodextrin, sugar, natural flavors, wheat starch, salt, spices, onion powder, , yeast, potassium salt, paprika color, leavening (sodium acid pyrophosphate, sodium bicarbonate), garlic powder, citric acid, xanthan gum)

## Vegetarian Refried Beans



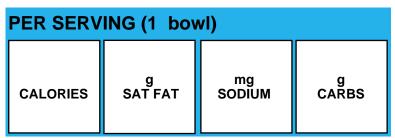
# Vegetarian Refried Beans



Vegetarian Refried Bean Mix (PINTO BEANS (DRY),

Very Berry Smoothie Bowl

SALT.)



Allergens:

Made With:

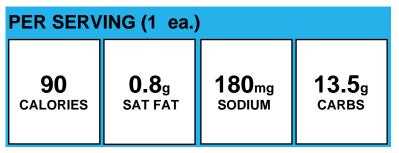
## Waffles

PER SERVING (2 ea.)				
180	<b>1.5</b> g	<b>360</b> mg	<b>27.0</b> g	
calories	SAT FAT	SODIUM	carbs	

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Golden Waffle (Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), water, vegetable oil (soybean, palm and/or canola), eggs, leavening (baking soda, sodium aluminum, phosphate, monocalcium phosphate), contains 2% or less of sugar, salt, whey, soy lecithin, beta-carotene for color. Vitamins and Minerals: Calcium carbonate, reduced iron, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B12)

# Waffles



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Golden Waffle (Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), water, vegetable oil (soybean, palm and/or canola), eggs, leavening (baking soda, sodium aluminum, phosphate, monocalcium phosphate), contains 2% or less of sugar, salt, whey, soy lecithin, beta-carotene for color. Vitamins and Minerals: Calcium carbonate, reduced iron, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B12)

## **Warm Berries**

PER SERVING (1/4 c.)			
<b>54</b>	<b>0.0</b> g	2 <sub>mg</sub>	<b>13.8</b> g
calories	SAT FAT	SODIUM	carbs

#### Allergens:

Made With: Strawberries (STRAWBERRIES, SUGAR); Blueberries (BLUEBERRIES); Orange Juice (WATER, ORANGE JUICE CONCENTRATE); Granulated Sugar (SUGAR); Cinnamon Ground (CINNAMON); Ginger Ground (GROUND GINGER)

# **Whipped Potatoes**

PER SERVING (3/4 c.)			
120	<b>1.5</b> g	154 <sub>mg</sub>	<b>22.5</b> g
CALORIES	SAT FAT	sodium	carbs

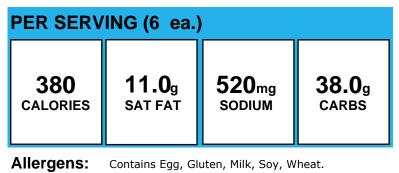
Allergens: Contains Milk.

Made With: Municipal Water (WATER); Instant Mashed Potatoes (POTATO (DRY), SHORTENING POWDER [PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTATSSIUM PHOSPHATE, MONOGLYCERIDES, AND LESS THAN 2% SODIUM SILICOALUMINATE (ANTI-CAKING AGENT)], MALTODEXTRIN, SUGAR, SALT, ENZYME MODIFIED WHOLE MILK (DRY), ARTIFICIAL PHOPHATE, SPICE AND COLORING. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT.)

### White Skim Milk

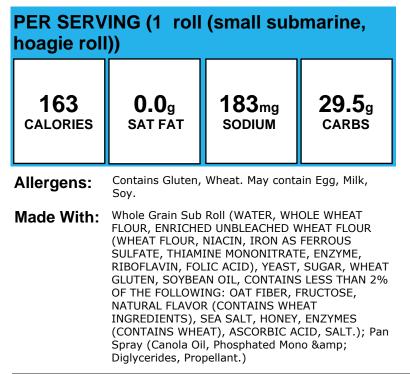
PER SERVING (1 Half Pint)			
90 calories	<b>0.0</b> g SAT FAT	<b>130</b> mg SODIUM	<b>13.0</b> g carbs
Allergens:	Contains Milk.		
Made With:	Skim Darigold Milk (NONFAT MILK, VITAMIN A PALMITATE, VITAMIN D3)		

### Whole Grain Pancake Bites with Cinnamon & Sugar



Made With: Pancake Bites (WHOLE WHEAT FLOUR, PALM OIL, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, WHEY (A MILK DERIVATIVE), SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: EGG YOLKS, DEFATTED SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DEXTROSE, WHEAT STARCH, SALT, BROWN SUGAR, NATURAL FLAVOR, MODIFIED WHEAT STARCH, CORN SYRUP, CORN CEREAL, CORNSTARCH, SUNFLOWER LECITHIN.)

# Whole Grain Sub Roll



# Whole Wheat Spaghetti Noodles

PER SERVING (1/2 c.)			
<b>93</b>	<b>0.1</b> g	214 <sub>mg</sub>	<b>16.9</b> g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Wheat.

Made With: Municipal Water (WATER); Whole Grain Spaghetti (Spaghetti, Whole Grain-Rich, USDA #110506); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)

# Whole Wheat Spaghetti Noodles

PER SERVING (1/2 c.)			and the second	
96 CALORIES	<b>0.2</b> g SAT FAT	211 <sub>mg</sub> sodium	<b>19.8</b> g carbs	
Allergens:	Contains Gluten, Wheat. Processed in a facility that also processes Egg.			
Made With:	Municipal Water (WATER); Whole Wheat Spaghetti (WHOLE DURUM WHEAT FLOUR); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)			