



May 2023

Jericho Elementary Schools Lunch Menu

Daily Alternates

- fresh veggies Yogurt Parfait w/
- Turkey & Cheese Sandwich
- Sunbutter & Jelly
- served with a WG dinner roll(s).

Student Lunch Price: Adult Lunch Price \$5.50

All Lunches Must Include Either a Fresh Fruit, Vegetable Or 100% Fruit Choice

Powering potential.

MON

TUES

WED

THURS

FRI

_	
/G Chicken Bites with	Hamburger(B),
a WG Dinner Roll	Cheeseburger(B)
Baked Smiler Fries	Veggie Burger(V
Red Pepper Slices	on WG Bun
Fresh Banana	Vegetarian Beans
	Mandarin Orange

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Brunch For Lunch WG Dutch Waffles served with Egg Patties **Cucumber Coins** Apple Slices

10

Homemade Mac & Cheese with a WG Dinner Roll Steamed Green Beans Fresh Watermelon

Homemade Cheese(V) Pizza Spinach Salad Fresh Pear

Chicken Tenders w/ WG Dinner Roll Roasted Broccoli Celery Sticks Fresh Apple

Sandwich

Vegetarian Beans

Fresh Banana

WG Chicken Bites with

a WG Dinner Roll

Baked Smiler Fries

Fresh Pear

Taco Tuesday Crunchy Beef Tacos with cheddar cheese, lettuce & salsa **Black Beans** Orange Wedges

Brunch For Lunch WG French Toast Sticks w/ syrup Chicken Sausage Patties **Baby Carrots** Apple Slices

11 WG Breaded Chicken Sandwich on WG Bun Roasted Zucchini Fresh Strawberries

12 Pizza Sticks served with Marinara Sauce Tomato Salad Fresh Pear

15 WG Grilled Cheese WG Chicken Tenders with a WG Dinner Roll **Baked Smiler Fries** Red Pepper Strips Apple Slices

Taco Tuesday

Beef Nachos

Tostitos w/ beef taco

meat, cheese and salsa

Black Beans

Orange Wedges

Brunch For Lunch WG Pancakes w/ Syrup and Cheese Sticks Hash Brown Patties

Fresh Canteloupe

18 Meatball Parm on WG Hero with melted mozzarella Roasted Broccoli Orange Wedges

Homemade Cheese(V) or Pepperoni(P) Pizza Pizza Romaine Salad Fresh Pear

Brunch For Lunch WG Waffles w/ syrup And Egg Patties Baby Carrots with ranch dressing Apple Slices

25 WG Breaded Pizza Crunchers Romaine Salad Fresh Strawberries

Schools Closed

Schools Closed

General Tso's Chicken (coated chicken w/ sauce) Brown Rice Red Pepper Strips

Mandarin Oranges

Brunch For Lunch

WG French Toast Sticks w/ syrup Chicken Sausage Patties **Baby Carrots** Apple Slices

Menus are subject to change.



Assorted Fruits/Vegetables: Apples, Oranges, Baby Carrots and Celery Sticks Assorted Drinks:100% Apple Juice,100% Tropical Punch, 1% White Milk, Fat-Free White Milk & Fat Free Choc Milk Items with a (P) contain pork, (B) contains beef and items with a (V) are vegetarian WG denotes Whole Grain rich products



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