




Johnson County Middle School

**LUNCH MENU**

May 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Trojans Bacon Cheeseburger or Get Fit Combo</p> <p>Fries, Baked Beans, and a Garden Salad with Fruit &amp; Milk Choices</p>	<p>2</p> <p>General Tso's Chicken Rice Bowl or PBJ Combo</p> <p>Fresh Broccoli, Veggie Juice Box, and Oriental Blend Veggies with Fruit &amp; Milk Choices</p>	<p>3</p> <p>Chicken &amp; Dumplings with Roll or PBJ Combo</p> <p>Corn, Fries, and Garden Salad with Fruit &amp; Milk Choices</p>	<p>4</p> <p>Buffalo Chicken Fingers with Breadstick or Charcuterie Box</p> <p>Baby Carrots, Baked Potato Wedges, and Celery Sticks with Ranch with Fruit &amp; Milk Choices</p>	<p>5</p> <p>Salad Bar or Chicken Alfredo</p> <p>Steamed Broccoli, Ranch Baked Potato, and Garden Salad with Fruit &amp; Milk Choices</p>
<p>8</p> <p>Pizza or Turkey and Cheese Anytimer</p> <p>Fries, Garden Salad, and Celery Sticks with Fruit &amp; Milk Choices</p>	<p>9</p> <p>Beef and Cheese Nachos or PBJ Combo</p> <p>Black Beans, Salsa, Corn, and Cookie with Fruit &amp; Milk Choices</p>	<p>10</p> <p>Breakfast for Lunch - Eggs, Grits, Sausage, &amp; Toast or Get Fit Combo</p> <p>Hashbrowns, Veggie Juice Box, and Cucumber Salad with Fruit &amp; Milk Choices</p>	<p>11</p> <p>Chicken Fingers and Roll or Pizza Anytimer</p> <p>Mac &amp; Cheese, Squash Casserole, Sweet Potatoes, and Turnips Greens with Fruit &amp; Milk Choices</p>	<p>12</p> <p>Ham &amp; Cheese Sub with toppings or Sausage Dog</p> <p>Steamed Broccoli, Green Peas, and Baby Carrots with Fruit &amp; Milk Choices</p>
<p>15</p> <p>Chicken Finger Sandwich or BBQ Sandwich</p> <p>Mashed Potatoes, Garden Salad, and Baked Beans with Fruit &amp; Milk Choices</p>	<p>16</p> <p>Cheesy Rotini with Meat Sauce and Breastick or Chicken Salad with Croissant</p> <p>Green Beans, Fried Squash, and Garden Salad with Fruit &amp; Milk Choices</p>	<p>17</p> <p>Sweet and Sour Chicken over Rice or PBJ Combo</p> <p>Green Peas, Glazed Carrots, and Fresh Broccoli with Fruit &amp; Milk Choices</p>	<p>18</p> <p>Chicken Nuggets with Roll or Get Fit Combo</p> <p>Broccoli &amp; Cheese, Corn on the Cob, and Fries with Fruit &amp; Milk Choices</p>	<p>19</p> <p><b>HALF DAY</b></p> <p>Turkey &amp; Cheese Sandwich</p> <p>Chips, Baby Carrots, and Manager's Choice Veggie with Fruit &amp; Milk Choices</p>
<p><i>Harvest of the Month:</i></p> <p><i>Blueberries</i></p>  <p><i>Most Georgia blueberries are grown in the southern part of our state. Blueberries provide vitamin C, fiber, and iron.</i></p>	<p><i>Have a fun and safe <b>SUMMER BREAK</b></i></p> <p><i>Milk choices along with chilled and/or fresh fruit offered daily.</i></p> <p><i>All menus are subject to change due to product availability and vendor deliveries.</i></p> <p><i>This institution is an equal opportunity provider.</i></p>			<p><i>Students must choose a fruit or vegetable at lunch.</i></p> <p><i>Student meals are served at no charge.</i></p> <p><i>Adult meals are \$4.00.</i></p>