




Johnson County Middle School

BREAKFAST MENU

May 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sausage Biscuit or Pancake & Sausage on a Stick Fruit, Juice, & Milk Choices	2 Pancakes or French Toast Sticks with Syrup Fruit, Juice, & Milk Choices	3 Cereal Bar with Graham Crackers or Ham Biscuit & Jelly Fruit, Juice, & Milk Choices	4 Yogurt Parfait with Granola or Cheese Toast & Sausage Links Fruit, Juice, & Milk Choices	5 Sausage, Egg, & Cheese Scramble with Croissant Fruit, Juice, & Milk Choices
8 Sausage & Cheese Croissant or Chicken & Waffle Fruit, Juice, & Milk Choices	9 Pancakes or French Toast Sticks Syrup, Fruit, Juice, & Milk Choices	10 Cereal with Cinnamon Toast or Ham & Cheese Breakfast Sandwich Fruit, Juice, & Milk Choices	11 Cini Mini or Steak Biscuit with Jelly Fruit, Juice, & Milk Choices	12 Cheese Grits, Sausage Links, & Toast Fruit, Juice, & Milk Choices
15 Sausage Biscuit or Honey Bun Fruit, Juice, & Milk Choices	16 Donut or Chicken Biscuit Fruit, Juice, & Milk Choices	17 Poptarts or Ham Biscuit & Jelly Fruit, Juice, & Milk Choices	18 Yogurt Parfait with Granola or Cheese Toast & Sausage Links Fruit, Juice, & Milk Choices	19 HALF DAY Sausage Biscuit or Cereal with Toast Fruit, Juice, & Milk Choices
<p><i>Harvest of the Month:</i> Blueberries</p>  <p>Most Georgia blueberries are grown in the southern part of our state. Blueberries provide vitamin C, fiber, and iron.</p>	<p><i>Have a fun and safe SUMMER BREAK</i></p> <p><i>Milk choices along with chilled and/or fresh fruit offered daily.</i></p> <p><i>All menus are subject to change due to product availability and vendor deliveries.</i></p> <p><i>This institution is an equal opportunity provider.</i></p>			<p><i>Students must choose a fruit or vegetable at lunch.</i></p> <p><i>Student meals are served at no charge.</i></p> <p><i>Adult meals are \$4.00.</i></p>