

# TRUMBULL PUBLIC SCHOOLS, ELEMENTARY SCHOOLS BREAKFAST and LUNCH MENU MAY 1-31, 2023

All meals are Free to all students for the remainder of the 2022-2023 school year and are served with 1% white or chocolate milk, fruit choice

**Bagel Lunch Available Every day which includes a Bagel, Yogurt, Cheese Stick, Carrots, fruit and Milk**

**Also available each day are protein salads and assorted sandwiches**

## **BREAKFAST CHOICES EACH DAY**

**CHOOSE ONE ENTRÉE** – WG Apple Frudel, WG Raspberry Cream Cheese bar, WG Cinnamon Bun, WG Assorted Bagel, WG Banana/Lemon Slice, Assorted Muffins

**CHOOSE AT LEAST ONE BUT MAY CHOOSE TWO** – Fruit/Vegetable, Fresh Fruit, Fruit Cup or 100% Fruit Juice

**CHOOSE ONE** – 1% Low Fat Milk or Fat Free Flavored Milk

## **LUNCHES**

Monday May 1 Lunch – Chicken Patty on a WG Roll, Oven Fries, Mixed vegetables, Fruit and Milk Choice

Tuesday May 2 Lunch – Macaroni and Cheese, Steamed Broccoli, Fruit and Milk Choice

**\*\* Buy lunch and get a Sticker Surprise\*\***

Wednesday May 3 Lunch – Pasta with Meat or Marinara Sauce, Tossed Garden Salad with Low Fat Dressing, WG Roll, Fruit and Milk Choice

Thursday May 4 Lunch – WG School Made Cheese or Vegetable Pizza, Garden Salad with Low Fat Dressing, Fruit and Milk Choice

Friday May 5 – CINCO DE MAYO! Taco Max Snacks, Fiesta Brown Rice, Three-Bean Salad, Fruit and Milk Choice

Monday May 8 Lunch – Cheeseburger, Baked Oven Potato Rounds, Steamed Broccoli, Fruit and Milk Choice

Tuesday May 9 Lunch – Mozzarella Sticks with Marinara Sauce, Steamed Broccoli, WG Roll, Fruit and Milk Choice

Wednesday May 10 Lunch – Cheese Ravioli with Marinara Sauce, Fresh Carrot/Celery/Tomato Salad with Low Fat Dressing, WG Roll, Fruit and Milk Choice

Thursday May 11 Lunch - WG School Made Cheese Pizza, Garden Salad with Low fat Dressing, Fruit and Milk Choice

Friday May 12 Lunch – Popcorn Chicken, Mashed Potatoes, Green Beans, Fruit and Milk Choice

Monday May 15 Lunch – Toasted Cheese Sandwich, Oven Fries, Steamed veggies, Vegetable Soup, Mixed Fruit and Milk Choice

Tuesday May 16 Lunch – Sloppy Joes on a WG Roll, Sweet Potato Fries, Mixed Veggies, Fruit and Milk Choice

Wednesday May 17 Lunch – Pasta with Meatballs, Tossed Garden Salad with Low Fat Dressing, WG Roll, Fruit and Milk Choice

Thursday May 18 Lunch – WG School Made Cheese Pizza, Garden Salad with Low fat Dressing, Fruit and Milk Choice

Friday May 19 Lunch – Chicken Nuggets, Mashed Potatoes, Green Beans, Fruit and Milk Choice

Monday May 22 Lunch – Chicken Patty on a WG Roll, Oven Fries, Mixed vegetables, Fruit and Milk Choice

Tuesday May 23 Lunch – Macaroni and Cheese, Steamed Broccoli, Fruit and Milk Choice

Wednesday May 24 Lunch – Pasta with Marinara or Meat Sauce, Tossed Garden Salad with Low Fat Dressing, WG Roll, Fruit and Milk Choice

Thursday May 25 Lunch – WG School Made Cheese Pizza, Garden Salad with Low fat Dressing, Fruit and Milk Choice

Friday May 26 Lunch – French Toast Sticks, Turkey Sausage, Sweet Potato Bites, Warm Apple Slices and Milk Choice

Monday May 29 Lunch – MEMORIAL DAY – NO SCHOOL

Tuesday May 30 Lunch – Sloppy Joes on a WG Roll, Sweet Potato Fries, Mixed Veggies, Fruit and Milk Choice

Wednesday May 31 Lunch – Pasta with Marinara or Meat Sauce, Tossed Garden Salad with Low Fat Dressing, WG Roll, Fruit and Milk Choice

All meals are served with 1% white, chocolate or strawberry milk, fruit choice, utensils

ALL A LA CARTE ITEMS ARE SOLD AT A SEPARATE PRICE

**FREE AND REDUCED APPLICATIONS** – Available online at [trumbullps.org/food services](http://trumbullps.org/food-services)

Also available at every school office and kitchen

**End of the Year:** MySchoolBucks information on-line lunch payments will be **disabled starting June 5, 2023**. Students can still use their accounts if they have money in their account or pay with cash. MSB will become active for lunch prepayments Monday August 21, 2023 for the 2023-2024 school years.

**Only graduating students or students leaving the district can request a refund of their balance by June 9, 2023 or can request transferring monies to a siblings account; forms for refunds or transferring monies are on the Trumbull Public Schools/Food Services website.**

**<https://www.trumbullps.org/departments/food-service/parent-information>.**

**For additional information call Food Services Office at 203-452-4500**

Prepay for meal on-line. Sign up for [www.myschoolbucks.com](http://www.myschoolbucks.com)

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