

What's on the Menu?

Lyme Consolidated School
May Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Week of
May 1-5


Pop Tarts
String Cheese
Juice
Fresh Fruit

Bacon
Egg and
Cheese
Wrap
Fresh Fruit

Warmed Muffin
String Cheese
Juice
Fresh Fruit

Sausage
Egg and
Cheese
Biscuit

Apple Frudel
Yogurt
Juice
Fru

 Milk choices include 1% low-fat white milk & fat free chocolate

Week of
May 8-12

Pop Tarts
String Cheese
Juice
Fresh Fruit

Bacon
Egg and
Cheese
Wrap
Fresh Fruit

Warmed Muffin
String Cheese
Juice
Fresh Fruit

Sausage
Egg and
Cheese
Biscuit

Apple Frudel
Yogurt
Juice
Fru



Week of
May 15-19


Pop Tarts
String Cheese
Juice
Fresh Fruit

Bacon
Egg and
Cheese
Wrap
Fresh Fruit

Warmed Muffin
String Cheese
Juice
Fresh Fruit

Sausage
Egg and
Cheese
Biscuit

Apple Frudel
Yogurt
Juice
Fru

 All Breakfasts come with Assortment of Whole Fresh Fruit and Juice

Week of
May 22-26

Pop Tarts
String Cheese
Juice
Fresh Fruit

Bacon
Egg and
Cheese
Wrap
Fresh Fruit

Warmed Muffin
String Cheese
Juice
Fresh Fruit

Sausage
Egg and
Cheese
Biscuit

Apple Frudel
Yogurt
Juice
Fru



Week of
May 29-31



Bacon
Egg and
Cheese
Wrap
Fresh Fruit

Warmed Muffin
String Cheese
Juice
Fresh Fruit



**MOOD
BOOST**