

# May 2023

TOCCOA ELEMENTARY



### Monday, May 1

### **Breakfast**

Toaster Pastry

### <u>Lunch</u>

Mini Corn Dogs Baked Beans Potato Smiles Fruit

### Tuesday, May 2

### **Breakfast**

Sausage Biscuit

### Lunch

Walking Taco w/ Lettuce, Cheese, & Salsa Refried Beans Fruit

### Wednesday, May 3

### **Breakfast**

Muffin

### Lunch

Rotini Pasta w/ Meat Sauce Garlic Bread English Peas Fruit

### Thursday, May 4

### **Breakfast**

Mini Cinnis

### <u>Lunch</u>

Popcorn Chicken w/Rice Spring Roll Veggie Blend Fruit

### Friday, May 5

### **Breakfast**

Chicken Biscuit

### <u>Lunch</u>

Pizza Stix w/Marinara Garden Salad Corn Frozen Fruit Cup

### Students:

Breakfast-No Charge Lunch-No Charge

Daily Options:

PBJ Sandwich,

String Cheese & Daily Fruit/Veggie

Choices

or

Protein Power Pack

with Yogurt,
String Cheese,
Grain, & Daily
Fruit/Veggie Choices

All meals include milk choice Fat Free Flavored, Skim, and 1% milk

> Harvest of the Month Blueberries

Market conditions, delivery, and availability of food may require changes in menu

This institution is an equal opportunity provider.

### Monday, May 8

### <u>Breakfast</u>

Mini Pancakes

### <u>Lunch</u>

BBQ Sandwich Baked Beans Tator Tots Applesauce

### Tuesday, May 9

### **Breakfast**

Sausage Biscuit

### Lunch

Chicken Drumstick Dinner Roll Mashed Potatoes Broccoli Fruit

### Wednesday, May 10

### **Breakfast**

Cinnamon Roll

### Lunch

Crunchy Fish Sticks Mac N Cheese Black Eyed Peas Fruit

### Thursday, May 11

### **Breakfast**

French Toast Stix

### Lunch

Pizza Garden Salad Corn Frozen Fruit Cup

### Friday, May 12

### **Breakfast**

Chicken Biscuit

### <u>Lunch</u>

Chicken Sandwich
Local Veggies
Local Fruit
Baked Chips
Treat
Farm Day





### **Breakfast** Mini

Donut

### Lunch

Beef Taco Lettuce, Cheese, & Salsa Corn & Black Beans Fruit

### Tuesday, May 16

### **Breakfast**

Sausage Biscuit

### Lunch

Hot Dog **Baked Beans** Pasta Salad Fruit

### Wednesday, May 17

### **Breakfast**

Breakfast Pizza

Lunch

**PBJ Sandwich** 

**Veggie Dippers** 

**Baked Chips** 

Fruit

### Lunch

**Chicken Nuggets Dinner Roll** Green Beans Potato Wedges Fruit

**Thursday, May 18** 

**Breakfast** 

Breakfast

Bread

### Friday, May 19

### **Breakfast**

Chicken Biscuit

### Lunch

Cheeseburger **Baked Beans** French Fries Frozen Fruit Treat



### Monday, May 22

### **Breakfast**

Manager's Choice

### Lunch

Corndoa **Tator Tots Baked Beans** Fruit

### Tuesday, May 23

### **Breakfast**

Manager's Choice

### Lunch

Ham & Cheese Sandwich **Veggie Dippers Baked Chips** Fruit

### Wednesday, May 24

### **Breakfast**

Manager's Choice

### Lunch

Sack Lunch Sandwich **Veggie Dippers Baked Chips** Fruit Honey Graham

## Thursday, May 25

### Friday, May 26

SCHS Graduation



### Tuesday, May 30

### Wednesday, May 31

## Have a

Thanks for eating with us this year. We look forward to seeing you, when school starts up

### Monday, May 29

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

Get your sugar the natural way - from fresh fruit.

get from processed food and drinks, without ever actually

recommend no more than 6-9 teaspoons of added sugar a

day. Want the same sweetness without the side effects?

dipping a spoon in the sugar bowl. Current guidelines

If you eat like most Americans, you consume over 20 teaspoons of added

sugar every single day, or 115 pounds a year. That's just what we