

**Rochester  
Community Council**

**PTA<sup>®</sup>**

**HEALTH &  
WELLNESS**

**PARENT WALK**

**WEDNESDAYS 12:30-1:30PM**

**APR 26 - JUN 7**

**INNOVATION HILLS PARK**

**MEET AT THE BIG CHAIR**

**WALK PATH IS STROLLER/CHILD FRIENDLY**

**JOIN US EVERY WEDNESDAY FOR A WALK! ARRIVE  
EARLY, WE START WALKING AT 12:30 SHARP.**

**A GREAT WAY TO MEET  
OTHER PARENTS!**

**KEEP UP WITH UPDATES AND CANCELLATIONS:**

**[INSTAGRAM.COM/HEALTHROCHESTERPTA](https://www.instagram.com/healthrochesterpta)**

**[FACEBOOK.COM/HEALTHROCHESTERPTA](https://www.facebook.com/healthrochesterpta)**

**QUESTIONS? EMAIL [OLIVIAMELIAS@GMAIL.COM](mailto:OLIVIAMELIAS@GMAIL.COM)**