

# CHOCTAW PUBLIC SCHOOLS

May 1, 2023 thru May 19, 2023

Base Menu Spreadsheet

CHOCTAW MIDDLE SCHOOL

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 05/01/2023</b>			
CHOCTAW MIDDLE SCHO	Total	1	
MACARONI AND CHEESE	2/3 CUP	1	30.52
Breadsticks Elem & MS	1 oz	1	12.66
Ham & Cheese Sandwich	1 sandwich	1	29.81
Broccoli with Cheese	1/2 cup	1	6.13
PEAS GREEN,CANNED,DRAINED	1/2 CUP	1	8.03
APPLES,Fresh	1 EACH	1	19.06
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			127.59
% of Calories			52.0%
Nutrient Guideline			

<b>Tue - 05/02/2023</b>			
CHOCTAW MIDDLE SCHO	Total	1	
CHEESEBURGER ON A BUN	1 EACH	1	25.68
SANDWICH VEGGIES	1/2 cup	1	4.04
CORN DOG	serving	1	30.0
GREEN BEANS: canned,cooked	1/2 CUP	1	2.28
Creamy Cole Slaw	1/2 cup	1	7.69
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			114.14
% of Calories			45.5%
Nutrient Guideline			

<b>Wed - 05/03/2023</b>			
CHOCTAW MIDDLE SCHO	Total	1	
NACHOS WITH GROUND BEEF	SERVINGS	1	21.23
Chicken Ranch Quesadilla	1 each	1	22.1
PINTO BEANS: cooked	1/2 CUP	1	22.42
RED BELL PEPPER	SERVING	1	17.0
RANCH DRESSING	2 TBSP	1	2.8
PEACHES: canned,light syrup	1/2 CUP	1	24.35
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			131.28
% of Calories			51.5%
Nutrient Guideline			

<b>Thu - 05/04/2023</b>			
CHOCTAW MIDDLE SCHO	Total	1	
MEAT LOAF	3/4" SLICE	1	7.96
SPAGHETTI AND MEAT SAUCE	3/4 CUP	1	31.85
Roll Whole Grain	2.0	1	15.0
Caesar Salad	1 cup	1	5.8
CORN: frozen, yellow	1/2 CUP	1	15.92
PEARS: canned,light syrup	1/2 CUP	1	19.04
MILK - Variety	HALF PINT	1	21.38

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			116.95
% of Calories			43.4%
Nutrient Guideline			

Fri - 05/05/2023			
CHOCTAW MIDDLE SCHO	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Sloppy Joe on Roll	1	1	34.78
FRENCH FRIES: oven heat	serving	1	15.6
SALAD,TOSSED: no dressing	1 CUP	1	6.13
RANCH DRESSING	2 TBSP	1	2.8
GRAPES,Fresh	3/4 CUP	1	11.83
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			135.53
% of Calories			51.5%
Nutrient Guideline			

Mon - 05/08/2023			
CHOCTAW MIDDLE SCHO	Total	1	
Beef Shepards Pie	3/4 cup	1	22.46
Chicken popcorn	serving	1	14.05
Roll Whole Grain	2.0	1	15.0
BROCCOLI,raw: fresh	1/2 CUP	1	3.02
RANCH DRESSING	2 TBSP	1	2.8
CORN: frozen, yellow	1/2 CUP	1	15.92
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			117.70
% of Calories			52.6%
Nutrient Guideline			

Tue - 05/09/2023			
CHOCTAW MIDDLE SCHO	Total	1	
Taco Burger	1 sandwich	1	32.17
CHICKEN TACO	2 EACH	1	19.87
Taco Veggies	1/2 cup	1	3.48
Refried Beans (Dehydrated)	1/2 cup	1	31.81
CARROT STICKS	3/4 CUP	1	12.63
RANCH DRESSING	2 TBSP	1	2.8
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	1	16.95
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			141.08
% of Calories			50.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 05/10/2023			
CHOCTAW MIDDLE SCHO	Total	1	
GOULASH	servings	1	17.1
Breadsticks Elem & MS	1 oz	1	12.66
Rib Sandwich	1 Each	1	28.4
BAKED BEANS	1/2 CUP	1	37.04
Caesar Salad	1 cup	1	5.8
STRAWBERRIES: frozen	.5 cup	1	33.05
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			155.42
% of Calories			49.6%
Nutrient Guideline			

Thu - 05/11/2023			
CHOCTAW MIDDLE SCHO	Total	1	
Grilled Chicken Sandwich	1 each	1	43.22
Italian Sub	1	1	37.09
FRENCH FRIES: oven heat	serving	1	15.6
GREEN BEANS: canned,cooked	1/2 CUP	1	2.28
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	18.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			137.63
% of Calories			56.9%
Nutrient Guideline			

Fri - 05/12/2023			
CHOCTAW MIDDLE SCHO	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Hot Dog w/ Chili & Cheese	1	1	30.54
SALAD,TOSSED: no dressing	1 CUP	1	6.13
PEAS GREEN,CANNED,DRAINED	1/2 CUP	1	8.03
PEARS: canned,light syrup	1/2 CUP	1	19.04
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			128.13
% of Calories			52.2%
Nutrient Guideline			

Mon - 05/15/2023			
CHOCTAW MIDDLE SCHO	Total	1	
CORN DOG	serving	1	30.0
Pizza Burger	1	1	24.08
VEGGIE CUP	1/2 cup	1	4.97
RANCH DRESSING	2 TBSP	1	2.8
Sweet Potato Fries	serving	1	17.0
PEARS: canned,light syrup	1/2 CUP	1	19.04
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			119.27
% of Calories			47.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/16/2023			
CHOCTAW MIDDLE SCHO SUPERVISOR'S CHOICES	Total 1 EACH	1 1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Wed - 05/17/2023			
CHOCTAW MIDDLE SCHO SUPERVISOR'S CHOICES	Total 1 EACH	1 1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Thu - 05/18/2023			
CHOCTAW MIDDLE SCHO SUPERVISOR'S CHOICES	Total 1 EACH	1 1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Fri - 05/19/2023			
CHOCTAW MIDDLE SCHO NO SCHOOL TODAY	Total SERVING	1 1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Weighted Average			129.52 50.2%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	129.52	50.16%						

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