



onelove

Greater Seattle Regional Helplines & Shelters

YWCA Seattle/King/Snohomish

Call: 206-461-4882 (24 hour shelter intake hotline)

Offers safe and confidential housing for women and families who are experiencing domestic violence. This is a short-term emergency shelter program for female survivors, as well as transgender and gender non-conforming individuals and children. Services for male survivors of DV are available (such as motel vouchers and other housing assistance).

SNOHOMISH COUNTY

Providence Sexual Assault Center

Call: 425-252-4800 (24-hour crisis line)

Provides services to victims of sexual and physical abuse and their families with support from law enforcement, child protective services, victim advocacy, prosecution and mental health agencies.

Domestic Violence Services of Snohomish County

Call: 425-25-ABUSE (22873) (24-hour helpline)

Offers emergency shelter, supportive housing, legal advocacy, support groups, outreach and preventative education for victims of domestic violence.

KING COUNTY

TEENLINK

Call: 866-833-6546 or 206-461-4922 (Chat or text)

Confidential and nonjudgmental call line answered by trained teen volunteers. Open 6pm to 10pm. After hours calls will transfer to 24-HOUR Crisis Line or caller can leave a message and will receive a call back.

Northwest Network of Bisexual, Trans, Lesbian and Gay Survivors of Abuse

Call: 866-427-4747 (Crisis Clinic 24-hour crisis line)

Offers free and confidential support for LGBTQ+ survivors of abuse and their friends and families.

LifeWire (Eastside)

Call: 425-746-1940 or 800-827-8840 (24-Hour Helpline)

Helps adults, children, and youth who have been impacted by domestic violence by offering survivor advocacy, mental health therapy, legal advocacy, shelter, and housing.

Vashon Dove Project

Call: 206-462-0911 (24-Hour Helpline)

Provides free, confidential, and trauma sensitive support services that promote the rights of survivors and prevent violence.

New Beginnings

Call: 206-522-9472 (24-Hour Helpline)

Helps survivors of domestic violence through one-on-one advocacy, support groups, legal advocacy and referrals, and mental health therapy.

King County Sexual Assault Resource Center

Call: 888-998-6423 (24-hour resource hotline)

Provides crisis intervention, information, and referrals to additional services for victims, their families and friends, or anyone who is concerned about sexual assault or child abuse and safety in their community.

PIERCE COUNTY

Rebuilding Hope! Sexual Assault Center of Pierce County

Call: 253-474-7273 or 1-800-756-7273 (toll free)

Offers support toward healing through advocacy and therapy for those affected by sexual assault and abuse.

YWCA of Pierce County

Call: 253-383-2593 (24-hour crisis line)

Provides assistance to survivors of domestic violence and their children. Also offers teen dating violence prevention education.