

White Plains High School – LUNCH MAY 2023

All meals include - Choice of Entrée or Daily Alternate; All Vegetable Choices, including Salad Toppings Bar; All Fruit Choices; Fresh Whole Fruit, Chilled Cupped Fruit, 100% Fruit Juice; Milk Choice – 1% and Fat Free White or Fat Free Chocolate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mac & Cheese w. Parm Crust Garlic Bread Fresh Roasted Broccoli	2 French Toast Turkey Sausage Patties Sweet Potato Tots	3 Teriyaki Chicken Vegetable Fried Rice Steamed Edamame	4 Rotini Bolognese Dinner Roll Roasted Cauliflower and Zucchini	5 BBQ Roasted Chicken Corn Muffin & Dinner Roll Mashed Potatoes Fresh NY Green Beans
8 Penne with Pink Sauce Turkey Meatballs Garlic Knots Fresh Roasted Broccoli	9 Crispy Chicken & Waffles Syrup Seasoned Tots	10 Arroz Con Pollo Cilantro Lime Rice Seasoned Black Beans Whole Grain Tortilla	11 Baked Ziti Toasted Garlic Bread Fresh NY Green Beans	12 Garlic Cholula Chicken Herbed Vegetable Rice Roasted Sweet Potato Wedges
15 Mac & Cheese w. Parm Crust Garlic Knots Fresh Roasted Broccoli	16 French Toast Turkey Sausage Patties Sweet Potato Tots	17 Teriyaki Chicken Vegetable Fried Rice Steamed Edamame	18 Rotini Bolognese Dinner Roll Roasted Cauliflower and Zucchini	19 BBQ Roasted Chicken Corn Muffin Mashed Potatoes Fresh NY Green Beans
22 Penne with Pink Sauce Turkey Meatballs Garlic Knots Fresh Roasted Broccoli	23 Crispy Chicken & Waffles Syrup Seasoned Tots	24 Arroz Con Pollo Cilantro Lime Rice Seasoned Black Beans Whole Grain Tortilla	SCHOOL CLOSED THURSDAY MAY 25 & FRIDAY MAY 26	
MONDAY MAY 29 MEMORIAL DAY	30 Baked Ziti Toasted Garlic Bread Fresh NY Green Beans	31 Garlic Cholula Chicken Thighs Herbed Vegetable Rice Roasted Sweet Potato Wedges		

Daily Alternate Lunch Entrées:

TACO BAR Choice of Turkey (or Beef), or Bean Taco
Tortilla Chips, Crispy Taco Shells (3) or WW Soft Tortilla
Rice & Beans; Veggie of the Day

Toppings: Crisp Lettuce; Cheddar Cheese, Salsa, Jalapeno Peppers, Sour Cream

Daily Boar's Head Deli Made to Order! Featuring Boar's Head Meats - Turkey Breast; Ham; Buffalo Chicken.
Cheeses – American, Pepper Jack, Provolone, Swiss
Daily Specials including Italian or American Combo

Daily Salad Toppings Bar Available with ALL Meals!

Includes: Romaine Lettuce; Grape Tomatoes; Corn Salad or Potato Salad; Beans or Bean Salad; Baby Carrots; Cucumbers; Specialty Veggie Salad; Fruit

Wraps: Weekly Specials Featuring Chicken Caesar, BBQ Chicken, Buffalo Chicken

Boar's Head Grab & Go Sandwiches offered on Whole Wheat Bread or Rolls: Turkey & Cheese; Ham & Cheese; Cheese Sandwich; PB&J;

Burgers: Veggie Burger; Hamburger/Cheeseburger; Chicken Patty; Whole Grain Bun

Entrée Salads including Chicken Caesar; Veggie Hummus; w/ Homemade Croutons, Dinner Roll

Fruit & Yogurt Parfait – Low Fat Yogurt; Fruit & Organic Granola

Pizza – Cheese, Pepperoni or Specialty on WG Crust

