

COLLEGE RECRUITING SIMPLIFIED

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Welcome

- Mr. Rick Christensen, Associate Athletic Director
Administration/Compliance-Duquesne University
- Mt. Lebanon's role

Estimated Probability of Competing in Athletics Beyond the High School Interscholastic Level

| | High School Participants | NCAA Participants | Overall % HS to NCAA | % HS to NCAA Division I | % HS to NCAA Division II | % HS to NCAA Division III |
|---------------|--------------------------|-------------------|----------------------|-------------------------|--------------------------|---------------------------|
| Men | | | | | | |
| Baseball | 491,790 | 34,980 | 7.1% | 2.1% | 2.2% | 2.8% |
| Basketball | 550,305 | 18,712 | 3.4% | 1.0% | 1.0% | 1.4% |
| Cross Country | 266,271 | 14,350 | 5.4% | 1.8% | 1.4% | 2.2% |
| Football | 1,057,382 | 73,063 | 6.9% | 2.7% | 1.8% | 2.4% |
| Golf | 141,466 | 8,527 | 6.0% | 2.1% | 1.7% | 2.2% |
| Ice Hockey | 35,210 | 4,199 | 11.9% | 4.8% | 0.6% | 6.5% |
| Lacrosse | 111,842 | 13,899 | 12.4% | 2.9% | 2.3% | 7.1% |
| Soccer | 450,234 | 24,986 | 5.5% | 1.3% | 1.5% | 2.7% |
| Swimming | 138,364 | 9,691 | 7.0% | 2.7% | 1.1% | 3.1% |
| Tennis | 158,171 | 7,957 | 5.0% | 1.6% | 1.1% | 2.3% |
| Track & Field | 600,136 | 28,595 | 4.8% | 1.8% | 1.2% | 1.7% |
| Volleyball | 57,209 | 2,007 | 3.5% | 0.7% | 0.7% | 2.0% |
| Water Polo | 21,286 | 1,013 | 4.8% | 2.7% | 0.7% | 1.3% |
| Wrestling | 244,804 | 7,175 | 2.9% | 1.0% | 0.8% | 1.1% |
| Women | | | | | | |
| Basketball | 430,368 | 16,532 | 3.8% | 1.2% | 1.1% | 1.5% |
| Cross Country | 226,039 | 15,966 | 7.1% | 2.6% | 1.8% | 2.7% |
| Field Hockey | 60,549 | 6,066 | 10.0% | 3.0% | 1.3% | 5.7% |
| Golf | 75,605 | 5,372 | 7.1% | 2.9% | 2.1% | 2.2% |
| Ice Hockey | 9,599 | 2,355 | 24.5% | 8.8% | 1.2% | 14.5% |
| Lacrosse | 93,473 | 11,752 | 12.6% | 3.7% | 2.7% | 6.2% |
| Soccer | 388,339 | 27,638 | 7.1% | 2.4% | 1.9% | 2.8% |
| Softball | 367,405 | 19,999 | 5.4% | 1.7% | 1.6% | 2.1% |
| Swimming | 170,797 | 12,684 | 7.4% | 3.3% | 1.2% | 2.9% |
| Tennis | 187,519 | 8,736 | 4.7% | 1.5% | 1.1% | 2.1% |
| Track & Field | 494,477 | 29,907 | 6.0% | 2.7% | 1.5% | 1.8% |
| Volleyball | 444,779 | 17,387 | 3.9% | 1.2% | 1.1% | 1.6% |
| Water Polo | 20,826 | 1,159 | 5.6% | 3.4% | 0.9% | 1.3% |

Estimated Probability of Competing in Professional Athletics

| | MEN'S BASKETBALL | WOMEN'S BASKETBALL | FOOTBALL | BASEBALL | MEN'S ICE HOCKEY |
|----------------------------------|------------------|--------------------|-----------|----------|------------------|
| High School Student-Athletes | 540,769 | 399,067 | 1,006,013 | 482,740 | 35,283 |
| NCAA Student-Athletes | 18,816 | 16,509 | 73,712 | 36,011 | 4,323 |
| NCAA Student-Athletes Drafted | 52 | 31 | 254 | 791 | 71 |
| *Percentage High School to NCAA | 3.5% | 4.1% | 7.3% | 7.5% | 12.3% |
| *Percentage NCAA to Professional | 1.2% | 0.8% | 1.6% | 9.9% | 7.4% |

**Percentages based on estimated data.*

- 8 MILLION+ HIGH SCHOOL STUDENT-ATHLETES
- 500,000+ STUDENT-ATHLETES IN THE NCAA
- Less than 2% will go pro

TOPICS TO DISCUSS

- **NCAA DIVISIONS**
- **STARTING OUT**
- **RECRUITING PROCESS FACTS**
- **NCAA ELIGIBILITY CENTER
PROCESS & INITIAL ELIGIBILITY**

NCAA DIVISIONS



DIVISION I

- 350 INSTITUTIONS (EXAMPLES: PITT, DUQUESNE, RMU, WVU)
- MUST HAVE AT LEAST 7 MEN'S SPORTS & 7 WOMEN'S SPORTS, OR 6 FOR MEN & 8 FOR WOMEN
- MUST MEET MINIMUM FINANCIAL AID AWARDS FOR ATHLETIC PROGRAM
- ARGUABLY A MORE COMPETITIVE LEVEL OF INTERCOLLEGIATE COMPETITION

DIVISION II

- 300 INSTITUTIONS (EXAMPLES: SLIPPERY ROCK, CAL PA, IUP, EDINBORO)
- MUST HAVE AT LEAST 4 SPORTS FOR MEN & 4 FOR WOMEN
- CAN OFFER ATHLETICALLY-RELATED FINANCIAL AID
- MORE REGIONAL COMPETITION BETWEEN SCHOOLS

DIVISION III

- 432 INSTITUTIONS (EXAMPLES: CMU, LA ROCHE, WAYNESBURG, W&J)
- MUST SPONSOR AT LEAST 5 SPORTS FOR MEN & 5 FOR WOMEN
- NO ATHLETICALLY-RELATED FINANCIAL AID IS OFFERED TO ANY DIVISION III STUDENT-ATHLETE

NAIA (4-YEAR COLLEGES; EXAMPLES: CARLOW, POINT PARK) – 252 INSTITUTIONS

NJCAA (2-YEAR COLLEGES; EXAMPLES: CCAC, BUTLER COUNTY C.C., WESTMORELAND COUNTY C.C.)

GETTING THE FACTS:

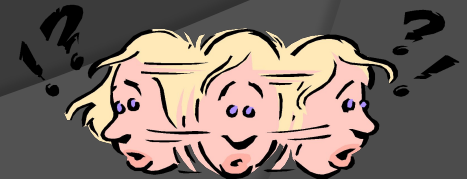
UNDERSTANDING THE RECRUITING PROCESS

PROSPECTIVE STUDENT-ATHLETE (I.E., RECRUIT, PROSPECT or PSA)

- DEFINED AS AN INDIVIDUAL THAT HAS STARTED CLASSES IN THE 9TH GRADE - - A FRESHMAN IN HIGH SCHOOL.
- “**RECRUITED**” **PROSPECTS** ARE INDIVIDUALS THAT ARE CONTACTED BY COLLEGE COACHES (EITHER BY TELEPHONE OR IN-PERSON) AND/OR ARE PROVIDED WITH AN EXPENSE-PAID VISIT TO A COLLEGE CAMPUS, AND/OR A WRITTEN ATHLETIC SCHOLARSHIP OFFER.

COLLEGE COACHES' RECRUITING TIMELINE

- **FRESHMAN & SOPHOMORE YEARS** – NOT MUCH DIRECT INTERACTION OUTSIDE OF WRITTEN COMMUNICATION. AFTER SOPH. YEAR IS WHEN RECRUITING PICKS UP.
- **JUNIOR & SENIOR YEARS** – SPECIFIC RECRUITING MATERIALS CAN BE SENT TO RECRUITS, TELEPHONE CALLS CAN BE INITIATED AND EXPENSE PAID CAMPUS VISITS CAN BE PROVIDED.
- UNOFFICIAL vs. OFFICIAL RECRUITING CAMPUS VISITS
- RECRUITING “DEAD PERIODS” and “SHUTDOWN PERIODS”
- SCHOLARSHIP OFFERS – VERBAL vs. WRITTEN



Recruiting Calendar Periods



- **Contact Period** - When it is permissible for a coach to make in-person, off-campus recruiting contacts and evaluations.
- **Evaluation Period** - When it is permissible for a coach to view off-campus activities designed to assess the academic qualifications and playing ability of PSAs. No in-person, off-campus recruiting contacts shall be made with the PSA during an evaluation period.

Recruiting Periods



- ◎ **Quiet Period** - When it is permissible to make in-person recruiting contacts only on the college's campus.
 - No in-person, off-campus recruiting contacts or evaluations may be made during this time.

- ◎ **Dead Period** - When it is not permissible to make in-person recruiting contacts or evaluations on or off the institution's campus.
 - No official or unofficial visits by PSAs to the institution's campus.
 - It remains permissible for an institutional staff member to write or telephone a PSA during a dead period.

- ◎ **Shutdown Period** - When no recruiting activities (e.g., telephone calls, emails, visits, off-campus contacts, etc.) with a college coach are permitted.

FIRST OPPORTUNITY FOR RECRUITING ACTIVITY



| SPORT | CORRESPONDENCE / PRIVATE MESSAGES | INCOMING TELEPHONE CALLS | OUTGOING TELEPHONE CALLS | UNOFFICIAL VISITS | OFFICIAL VISITS | OFF-CAMPUS CONTACT | VERBAL OFFER |
|-----------------------|-----------------------------------|--------------------------|--------------------------|------------------------|------------------------|------------------------|------------------------|
| Men's Basketball | 6/15 after Soph. Year | Anytime | 6/15 after Soph. Year | 8/1 before Soph. Year | 8/1 before Junior Year | Opening of Junior Year | Not Legislated |
| Women's Basketball | 6/1 end of Soph. Year | Anytime | 6/1 end of Soph. Year | Anytime | 1/1 of Junior Year | 9/1 of Senior Year | Not Legislated |
| Football | 9/1 of Junior Year | Anytime | 4/15 of Junior Year | Anytime | 4/1 of Junior Year | 7/1 after Junior Year | Not Legislated |
| Men's Ice Hockey | 1/1 of Soph. Year | 1/1 of Soph. Year | 1/1 of Soph. Year | 1/1 of Soph. Year | 8/1 before Junior Year | 8/1 before Junior Year | 8/1 before Junior Year |
| Lacrosse and Softball | 9/1 of Junior Year | 9/1 of Junior Year | 9/1 of Junior Year | 9/1 of Junior Year | 9/1 of Junior Year | 9/1 of Junior Year | 9/1 of Junior Year |
| Baseball | 9/1 of Junior Year | Anytime | 9/1 of Junior Year | 9/1 of Junior Year | 9/1 of Junior Year | 7/1 after Junior Year | Not Legislated |
| All Other Sports | 6/15 after Soph. Year | 6/15 after Soph. Year | 6/15 after Soph. Year | 8/1 before Junior Year | 8/1 before Junior Year | 8/1 before Junior Year | 6/15 after Soph. Year |
| Division II | 6/15 after Soph. Year | Anytime | 6/15 after Soph. Year | Unlimited | 6/15 after Soph. Year | 6/15 after Soph. Year | Not Legislated |
| Division III | Anytime | Anytime | Anytime | Anytime | 1/1 of Junior Year | After Soph. Year | Not Legislated |

In-person Contact/Evaluations



- ◎ Only permissible head/assistant coaches designated by the institution are allowed to contact you off-campus.
- ◎ Each Division I institution is limited to seven recruiting opportunities (contacts and evaluations) per prospective student-athlete each year; resets every August 1st
 - Maximum of 3 contacts per year
 - No limit to the number of recruiting opportunities in Divisions 2 & 3
- ◎ **In Division 1, in-person contacts with the PSA and/or the PSA's parents may not be made prior to August 1 before the Junior year in high school.**
 - In Divisions 2 & 3 no contacts prior to June 15 between Sophomore & Junior Years.

In-person Contact/Evaluations

- ⦿ Competition Site - Recruiting contact may not be made with a prospective student-athlete prior to any athletics competition in which the prospective student-athlete is a participant during the day of competition
 - No passing notes, etc.
 - This begins when the PSA would report on-call (e.g. traveling with team, arriving at team hotel if not traveling with team) and ends when she is dismissed from team activities.
- ⦿ **Contact may occur after the PSA's competition concludes for the day and the PSA has been release by their coach.**



“Official Visits”



- ◉ No more than one permitted to any single college or university.
 - May pay for PSA's transportation, meals, lodging, parking and entertainment from the time the PSA leaves home until PSA returns home
 - May pay for family members to receive lodging once they arrive in the community. Meals and entertainment for family members may be provided once the 48 hour visit begins
 - All meals and entertainment must be provided within a 30 mile radius of the institution's main campus

- ◉ Can last no more than 48 hours
 - Begins when you arrive on-campus or are provided entertainment; Ends when you leave campus (transportation to/from hotel/airport is not counted as long as this is without delay)
 - May arrive in the community the night prior to beginning without starting the 48 hour clock

“Unofficial Visits”



- ⦿ An unofficial visit to a college by a PSA is a visit made at the PSA's own expense
- ⦿ There is no limit on the number of unofficial visits that you can take to any one institution
- ⦿ Only benefit an institution is allowed to provide is three complimentary admissions for PSA's use during an institution's home athletics event, along with transportation to view campus facilities.
- ⦿ Contact must occur either on-campus or up to a one mile radius around the borders of campus

Telephone Calls



- ⦿ Telephone Calls – this includes Zoom/facetime/etc.
 - Any of your coaches may call a collegiate coach at anytime

- ⦿ Like off campus recruiting activities, only permissible head/assistant coaches are allowed to make phone calls
 - Exceptions
 - College Staff/Faculty
 - Academic Advisors
 - Compliance

Electronic/General Correspondence

- ◉ Written Correspondence = hard mailings
- ◉ Electronic Correspondence = email, text messaging, twitter, snapchat, etc.
 - Must be all private messages
 - Exceptions
 - Camp Brochures
 - Questionnaires
 - Non-Athletics Institutional Publications

INITIAL-ELIGIBILITY AND THE NCAA ELIGIBILITY CENTER PROCESS



GENERAL HIGH SCHOOL TIMELINE

HIGH SCHOOL TIMELINE

9TH GRADE



- *Start planning now!*
Take the right courses and earn the best grades possible.

- Find your high school's list of NCAA-approved core courses at eligibilitycenter.org/courselist.
- Sign up for a free Profile Page at eligibilitycenter.org for information on NCAA requirements.

10TH GRADE

REGISTER



- If you fall behind academically, ask your counselor for help finding approved courses you can take.

- Register for a Profile Page or Certification Account with the NCAA Eligibility Center at eligibilitycenter.org.
- Monitor your Eligibility Center account for next steps.
- At the end of the year, ask your counselor at each high school or program you attended to upload your official transcript to your NCAA Eligibility Center account.

11TH GRADE



- Check with your counselor to make sure you are on track to complete the required number of NCAA-approved courses and graduate on time with your class.

- Take the ACT or SAT and submit your scores to the NCAA Eligibility Center using code 9999.
- Ensure your sports participation information is correct in your Eligibility Center account.
- At the end of the year, ask your counselor at each high school or program you attended to upload your official transcript to your NCAA Eligibility Center account.

12TH GRADE



- Complete your final NCAA-approved core courses as you prepare for graduation.
- Take the ACT or SAT again, if necessary, and submit

your scores to the NCAA Eligibility Center using code 9999.

- Request your final amateurism certification beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your NCAA Eligibility Center account at eligibilitycenter.org.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation to your NCAA Eligibility Center account.
- *Reminder:* Only students on an NCAA Division I or II school's institutional request list will receive a certification.

Registering with the NCAA Eligibility Center

- Any student who will attend a NCAA Division I or II institution **and** wishes to participate in intercollegiate athletics must register at www.eligibilitycenter.org
- One-Time Registration fee: \$100 (US, US Territories, Canada); \$160 (international students). Fee waivers accepted from school Guidance Counselors.
- Online Registration Only.
- Takes 30-45 mins.



NCAA ELIGIBLE = QUALIFIER

- ⦿ A final qualifier is an incoming student-athlete for whom the NCAA Eligibility Center has certified as meeting all Division I or II initial-eligibility requirements.
- ⦿ A final qualifier is eligible for financial aid, practice and four seasons of competition.
- ⦿ A final qualifier:
 - Has passed the required amount of Core Courses in the required areas (each school has their own list of approved core courses).
 - Minimum 2.30 GPA in 16 Core Courses.
 - Has graduated from high school.
 - Is certified as an amateur athlete.

WHAT ARE THE CORE COURSES?

DIVISION I ACADEMIC REQUIREMENTS

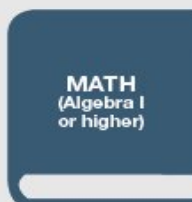
College-bound student-athletes will need to meet the following academic requirements to practice, receive athletic scholarships, and/or compete during their first year.

Core-Course Requirement

Complete 16 core courses in the following areas:



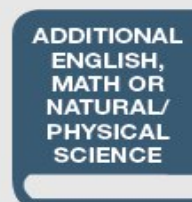
4 years



3 years



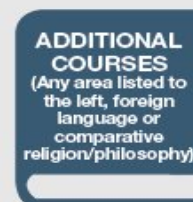
2 years



1 year



2 years



4 years

How to plan your high school courses to meet the 16 core-course requirement:

$$4 \times 4 = 16$$

9TH GRADE

- (1) English
- (1) Math
- (1) Science
- (1) Social Science and/or additional

4 CORE COURSES

10TH GRADE

- (1) English
- (1) Math
- (1) Science
- (1) Social Science and/or additional

4 CORE COURSES

11TH GRADE

- (1) English
- (1) Math
- (1) Science
- (1) Social Science and/or additional

4 CORE COURSES

12TH GRADE

- (1) English
- (1) Math
- (1) Science
- (1) Social Science and/or additional

4 CORE COURSES

WHAT ARE THE “CORE COURSES”?



NCAA Eligibility Center

DIVISION I ACADEMIC REQUIREMENTS

College-bound student-athletes will need to meet the following academic requirements to practice, receive athletic scholarships, and/or compete during their first year.

Core-Course Requirement

Complete 16 core courses in the following areas:

| ENGLISH | MATH (Algebra I or higher) | NATURAL/ PHYSICAL SCIENCE (One year of lab, if offered) | ADDITIONAL ENGLISH, MATH OR NATURAL/ PHYSICAL SCIENCE | SOCIAL SCIENCE | ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy) |
|---------|-------------------------------|--|--|-------------------|---|
| 4 years | 3 years | 2 years | 1 year | 2 years | 4 years |

- The “**Core Course GPA**” will be determined by the NCAA using the official transcript uploaded by the High School or College directly to the NCAA Eligibility Center. No other type of transcript is accepted.

NCAA Core Course/GPA Calculations

Division I worksheet

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.

English (4 years required)

| 10/7 | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|------|----------------------------|--------|---|-------|---|---|
| ✓ | Example: English 9 | .5 | | A | | $(.5 \times 4) = 2$ |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | Total English Units | | | | | Total Quality Points |

Mathematics (3 years required)

| 10/7 | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|------|--------------------------------|--------|---|-------|---|---|
| | Example: Algebra 1 | 1.0 | | B | | $(1.0 \times 3) = 3$ |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | Total Mathematics Units | | | | | Total Quality Points |

Natural/physical science (2 years required)

| 10/7 | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|------|---|--------|---|-------|---|---|
| | | | | | | |
| | | | | | | |
| | Total Natural/Physical Science Units | | | | | Total Quality Points |

Additional year in English, mathematics or natural/physical science (1 year required)

| 10/7 | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|------|-------------------------------|--------|---|-------|---|---|
| | | | | | | |
| | Total Additional Units | | | | | Total Quality Points |

Social science (2 years required)

| 10/7 | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|------|-----------------------------------|--------|---|-------|---|---|
| | | | | | | |
| | Total Social Science Units | | | | | Total Quality Points |

Additional academic courses (4 years required)

| 10/7 | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|--------------|--|--------|---|-------|---|---|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Total | Total Additional Academic Units | | | | | Total Quality Points |

“Eight Semester” Rule

- ◎ **Within 4-Years/8-Semesters of High School, a Student must:**
 - Satisfy 16 core course requirement;
 - Not exceed the standard graduation date of their incoming class (i.e., 4 years). If the requirements are not met within this time frame, they will not be able to complete them during a “fifth” year of high school.
- ◎ *Exception: For 2023-24 enrollees in college, you may use up to 6 core courses earned after starting your 7th semester of high school, prior to enrolling full-time in college.

****NEW NCAA DIVISION I REQUIREMENTS****

- ◎ Students must earn 16 core courses.
 - 10 of them must be completed prior to their 7th semester (prior to senior year in HS).
 - Those 10 courses are “locked in” and can’t be retaken to improve the core course GPA.
 - 7 of those 10 must be a combination of English, math or natural or physical science.
- ◎ If the student doesn’t earn 10 courses before their 7th semester, they are still eligible to practice and can receive a scholarship, but can’t compete in 1st year of college (“Academic Redshirt”).
- ◎ 2point3.ncaa.org



Recap – Division I

- ⊙ Final Qualifier in Division I:
 - Has 16 core courses in designated areas
 - Has graduated from High School
- ⊙ Any student not meeting any of these requirements is a final Non-Qualifier.
 - May not receive aid, practice and/or compete in first year. Has 3-4 seasons of competition.

Standardized Test Score Status Moving Forward

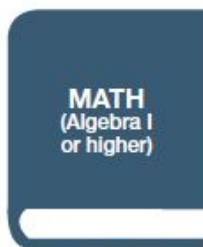
- Standardized test scores are excluded from the NCAA initial-eligibility criteria for students who initially enroll full-time at an NCAA school starting with the 2022-23 academic year and beyond.
- Keep in mind, colleges and/or scholarship programs may still require test scores for their individual purposes.

Division II Initial Eligibility Requirements

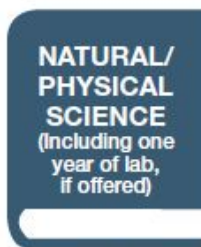
DIVISION II



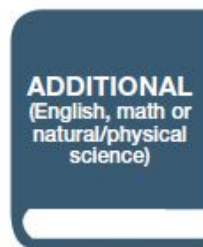
3 years



2 years



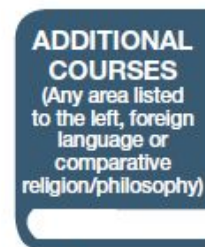
2 years



3 years



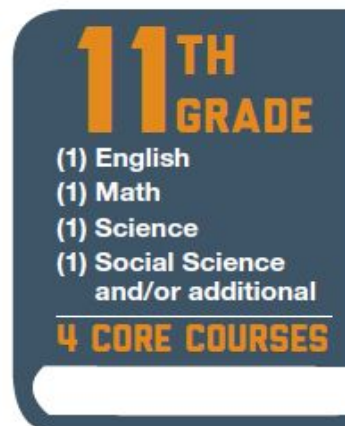
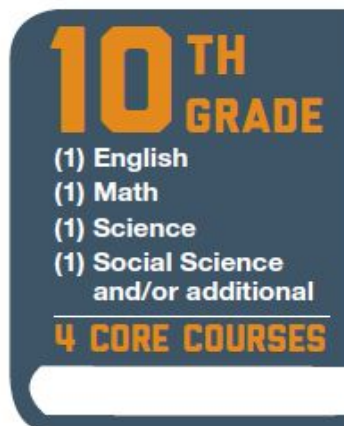
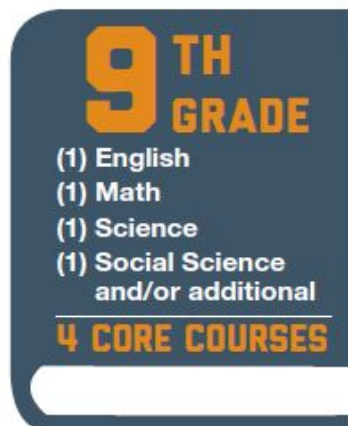
2 years



4 years

How to plan your high school courses to meet the 16 core-course requirement:

$$4 \times 4 = 16$$



Division II Initial Eligibility Requirements

Full Qualifier

- Completes 16 core courses
- Earns a core-course GPA of at least 2.20
- Graduates from High School

Partial Qualifier

- Completes 16 core courses
- Earns a core-course GPA of at least 2.00
- Graduates from High School

Full Qualifier

College-bound student-athletes may practice, compete and receive athletics scholarships during their first year of college enrollment at an NCAA Division II school.

Partial Qualifier

College-bound student-athletes may receive athletics scholarships during their first year of college enrollment and may practice during their first regular academic term, but may NOT compete during their first year of enrollment at an NCAA Division II school.

NonQualifier

College-bound student-athletes may NOT practice, compete or receive athletics scholarships during their first year of college enrollment at an NCAA Division II school.

Division III Initial Eligibility Requirements

- Prospective student-athletes aspiring to attend an NCAA Division III school are not required to meet NCAA initial-eligibility standards and do not have to register with NCAA Eligibility Center.
- Division III institutions have their own admissions standards and specifically determine eligibility for a student's participation in athletic activities.

Amateurism Certification

- ⦿ All prospective and enrolled college student-athletes must meet the NCAA's definition of an amateur in order to participate in intercollegiate athletics
 - A student-athlete is not be eligible for participation in an intercollegiate sport if the individual:
 - takes or has taken pay
 - has agent representation, and/or
 - is in any way compensated for their athletic ability.
- ⦿ Upon registration with the NCAA, students will be asked a series of questions—certain answers may trigger requests for additional information.



5 HELPFUL REMINDERS

1. Students must register with the NCAA Eligibility Center in order to take an “official (recruiting) visit” during your junior/senior year of high school...and to receive a written athletic scholarship offer in the form of a National Letter of Intent.
2. If the student attends multiple high school, they must have official transcripts sent to the NCAA Eligibility Center from each high school separately. Official transcripts can only be sent to the NCAA Eligibility Center directly from the high school.
3. Complete the Amateurism Certification process prior to the end of your Senior Year in high school. The NCAA Eligibility Center provides access to this certification on April 1st of senior year in high school.
4. Consult with and seek the assistance of your guidance counselor throughout the process for updates on your eligibility status, core course planning, fee waivers, submission of information, etc.
5. Frequently check you NCAA Eligibility Center account for updates, reminders and good information.

Helpful Resources

- ⦿ NCAA website = ncaa.org
- ⦿ Ncaa.org/playcollegesports
- ⦿ NCAA Eligibility Center = eligibilitycenter.org
- ⦿ National Letter of Intent = nationalletter.org

THE FINANCIAL AID “PACKAGE”

- ⦿ Athletic Scholarships
- ⦿ Academic Scholarships
- ⦿ Institutional Aid
- ⦿ Federal, State, Need-Based Aid
- ⦿ FAFSA application/process
- ⦿ Student Loans
- ⦿ Work Study Options

Your Academic Credentials Count!

THE FINANCIAL AID CYCLE

1. Fall of Senior Year – Apply for admission to the school(s) of your choice.
2. Fall – Obtain your Federal Student Aid ID (FSA ID) – fsaid.ed.gov.
3. Fall – Complete the 2024-25 FAFSA (Free Application for Federal Student Aid; fafsa.gov) as early as Oct. 1.
4. Receive Federal Student Aid Report and Estimated Family Contribution (based on your FAFSA results and 2022 income and tax info.).
5. FAFSA needed for consideration of state, Federal or University need-based aid (deadline is May 1st).
6. Work with individual colleges on aid application process and admissions deposit deadlines.



Questions??

Finding a “FIT”(Naviance)

- Size
- Setting (Rural, Suburban, Urban)
- Location (How far from home)
- Major (Undecided about 50%)
- Admissions (Acceptance rate)
- Financial (Debt after 4 years)
- Application process(Rolling/ED)
- Test Scores (Test Optional)

Athletic “FIT”

- ⦿ Finding the right fit (e.g., Division I, II, III or junior college);
- ⦿ Priority (Play vs Program)
- ⦿ Ability (Times-track/swimming)
- ⦿ Team Culture
- ⦿ Coaches (They may change)
- ⦿ Academic Support
- ⦿ Resources (Coaches, prior players)

Process (Self vs Outside)

- ◉ Register with Eligibility Center
- ◉ Create recruiting email(use for all)
- ◉ Initial list of schools(Cast a wide net)
- ◉ Recruiting Questionnaires
- ◉ Initial email/phone calls to coaches
- ◉ Video
- ◉ Updates (Schedules/results)
- ◉ Camps/Prospect Days(Bang for Buck)

Other

- ◉ COVID impact on recruiting
- ◉ Transfer portal
- ◉ NIL vs NLI
- ◉ Social Media (watch what you post)



Questions??