SMART SNACKS SHOPPING LIST

THIS LIST IS NOT COMPREHENSIVE, BUT A SAMPLING OF VARIOUS ITEMS FOUND AT TARGET AND CUB FOODS STORES THAT MEET SMART SNACK STANDARDS.

- Whole Grain Cheddar Goldfish
- Teddy Grahams: Honey
- Fresh Vegetables and Fruit (carrots, apples, cherry tomatoes, melons, etc.)
- Annie’s Bunny Honey Grahams
- Ritz Multigrain Toasted Chips
- Wild Harvest Popcorn with Sea Salt
- Raisins - Essential Everyday (store brand), Sun Maid, Wild Harvest
- Craisins - Ocean Spray, Wild Harvest
- String cheese
- Wild Harvest Fruit Strips and Twists
- Essential Everyday (store brand) Chocolate Chip Chewy Granola Bars
- Quaker Chewy Granola Bars: Oatmeal Raisin, Chocolate Chip varieties
- Kellogg’s Nutrigrain Breakfast Bars: Strawberry, Blueberry
- Cheerios: Multigrain, Honey Nut, Original
- Life Multigrain Cereal: Original, Cinnamon
- Kix Cereal
- Rice Cakes, plain
- Sunflower Seeds
- Lay’s Potato Chips: Oven-Baked Originals
- Sun Chips: Garden Harvest, French Onion
- Applesauce and/or fruit pouches - GoGo Squeeze, Wild Harvest, Motts

Please note that BCCS district requests no soda at events, meetings, or group gatherings.

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Find more information at:
www.bccs286.org Smart Snacks and Nutrition Promotion;
email mauld@bccs286.org with questions.