

The data below is a summary from the assessment of the district's physical activity environment.

(Alliance for Healthier Generation Assessment Tool)

Program/Activity	Walker ELC	Bell Elem.	Monticello Elem.	WC Middle	WC High
Provides 150 min. physical education weekly (ES only) (HPE-1)	Less than 60 min/wk	Less than 60 min/wk	Less than 60 min/wk	PE- All academic years.	PE- One-half academic year
Students active at least 50% in PE (HPE-4)	Fully in place	Fully in place	Fully in place	Fully in place	Fully in place
Students receive health education instruction (HPE-8)	Fully in place	Fully in place	Under Development	Fully in place	Fully in place
Physical activity breaks in classrooms (PA-2)	Partially in place	Fully in place	Under Development	Fully in place	Not in place
Promotes community physical activities (PA-8)	Under Development	Fully in place	Fully in place	Not in place	Under Development

Key Findings and Recommendations: January 2022

- Providing education and resources to parents on parenting strategies.
- Increase community involvement in school health initiatives.
- Provide professional development activities for Physical Education.
- Provide professional development on not using food as reward and exercise as punishment.

The Local School Wellness Policy (LSWP) was established by the Child Nutrition and WIC Reauthorization Act of 2004, and further strengthened by the final ruling of the Healthy, Hunger-Free Kids Act (HHFKA) in August 2016. It requires each local education agency (LEA) participating in the National School Lunch Program and/or School Breakfast Program to develop a LSWP that promotes the health of students. The local wellness committee annually reviews and revises the district's wellness policy. Wayne County School District Local Wellness Policy can be found at www.wayne.kyschools.us under the Nutrition Department tab. If you are interested in joining a wellness team please contact 606-340-8684.



Recent School Food Service Inspections 2022

Walker ELC:	99 Fall	99 Spring
Bell Elementary:	99 Fall	100 Spring
WC Monticello Elementary:	100 Fall	100 Spring
WC Middle:	99 Fall	99 Spring
WC High:	100 Fall	100 Spring

Wayne County School Nutrition Services Monticello, KY 606-340-8684

	Breakfast	USDA	Lunch	USDA
Elementary				
Calories	463	350-500	615	550-650
% Sat Fat	7.13	<10%	6.13	<10%
Sodium	678	≤540mg	1467	≤1230
Middle				
Calories	539	400-550	662	600-700
% Sat Fat	9	<10%	6.71	<10%
Sodium	910	≤600mg	1261	≤1360mg
High				
Calories	542	450-600	795	750-850
% Sat Fat	9.1	<10%	8.83	<10%
Sodium	902	≤640mg	1529	≤1420mg

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

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Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (833) 256-1665 or (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

This brochure is provided in compliance with KRS 158.856 and 702KAR6:090 as a snapshot of the nutritional and physical activity currently available in the school system.

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