

Junior High Lunch Menu

May 2023

Week 1

MON	1. Chicken drumstick: potato salad, baby carrots, mixed berry cup, mandarin cup and milk
TUE	2. Turkey and cheese sub sandwich on a w/w hoagie roll: potato chips, 100% fruit juice, banana and milk
WED	3. All beef hotdog on a w/w bun: baked beans, macaroni salad, applesauce cup, peach cup and milk
THU	4. Cheese or pepperoni pizza: Garden salad with cucumbers and tomatoes, apple chips, fresh fruit and milk
FRI	5. Chicken tenders: assorted fruit, vegetables and milk

Week 2

MON	8. Cheese burger or hamburger on a w/w bun: baby carrots, celery sticks, mixed berry cup, apple chips and milk
TUE	9. Corn dog: garden salad with cucumbers and tomatoes, baked beans, apple, peaches and milk
WED	10. Beef taco nachos: refried beans, tater gems, pineapple, applesauce cup and milk
THU	11. Cheese filled bread sticks: Caesar salad, bell peppers, grapes or 100 % fruit juice and milk
FRI	12. Chicken nuggets: assorted fruit, vegetable and milk

Week 3

MON	15. Popcorn chicken: garden salad, baby carrots, applesauce cup, tropical fruit and milk
TUE	16. BBQ chicken strips on w/w bun, potato chips, baked beans, 100% fruit juice, fresh fruit and milk
WED	17. Pizza sticks: Caesar salad, cucumbers, apple sauce, peach cup and milk
THU	18. Corn dog: Potato salad, baby carrots, fruit salad, apple chips and milk
FRI	19. Chicken patty on w/w bun: assorted fruit, vegetables and milk
<p>MENU CHANGES MAY OCCUR WITHOUT NOTICE DUE TO SUPPLY SHORTAGES.</p> <p>June's lunches will be cook's choice: sack lunches will be provided for half days.</p>	

Week 4

MON	22. Meatball sub: Caesar salad, marinara sauce, peaches, mixed berry cup and milk
TUE	23. Cheeseburger on w/w bun: potato wedges, cucumbers, 100% fruit juice, apple and milk
WED	24. Beef and bean burrito: refried beans, salsa, pineapple, mango and milk
THU	25. Cheese or pepperoni pizza: Garden salad, broccoli, assorted fruits and milk
FRI	26. Chicken nuggets: assorted fruit, vegetables and milk
MON	29. Cheese filled bread sticks: garden salad with tomatoes, marinara sauce, 100% orange juice, fresh apple and milk
TUE	30. Cook's choice
WED	31. Cook's choice