

Junior High Breakfast Menu

May 2023

Week 1

MON	1. Cereal bar or muffin, yogurt assorted fruit and milk
TUE	2. Breakfast bar or cereal, string cheese or beef stick, banana and milk
WED	3. Apple scone with yogurt or cereal, berries and milk
THU	4. Granola bar with cereal or Gogurt, fresh fruit and milk
FRI	5. Pancake on a stick or cereal and muffin, applesauce and milk

Week 2

MON	8. Breakfast pizza or cereal, yogurt, sliced oranges and milk
TUE	9. Whole grain donut or breakfast bar, Gogurt or cereal, and milk
WED	10. Waffle or bagel, sausage or cheese cubes, fruit and milk
THU	11. Cereal or breakfast bar, beef stick or yogurt, assorted fruit and milk
FRI	12. Mini cream cheese filled bagel or muffin, cereal or string cheese, and milk

Week 3

MON	15. Cereal or breakfast bar, beef stick or Gogurt, assorted fruit and milk
TUE	16. Pancakes or muffin, sausage or yogurt and milk
WED	17. Berry scone or granola bar, scrambled eggs or string cheese, assorted fruit and milk
THU	18. French toast with sausage, cereal with string cheese, fruit and milk
FRI	19. Mini cinni or granola bar, cereal or beef stick, assorted fruit and milk
<p>MENU CHANGES MAY OCCUR WITHOUT NOTICE DUE TO SUPPLY SHORTAGES.</p> <p>June's lunches will be cook's choice: sack lunches will be provided for half days.</p>	

Week 4

MON	22. Pancake on a stick or cereal and muffin, orange juice and milk
TUE	23. Graham crackers or breakfast bar, cereal or yogurt and milk
WED	24. Whole grain donut or breakfast bar, Gogurt or cereal and milk
THU	25. Breakfast round or muffin, cereal or beef stick, assorted fruit and milk
FRI	26. Muffin or granola bar, beef stick or cereal and milk
MON	29. French toast or cereal, sausage or string cheese, assorted fruit and milk
TUE	30. Cook's choice
WED	31. Cook's choice