

2023 May

OSSEO AREA SCHOOLS

OEC and OALC High School Lunch Menu

ISD 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Cheeseburger Curly Fries	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Mashed Potatoes and Chicken Gravy	Breaded Chicken Sandwich (Spicy or Regular) Hashbrown Patties	Cheeseburger Chips
International Cuisine KC Mesquite BBQ Chicken Drumstick Cornbread BBQ Baked Beans	International Cuisine Buffalo Mac with Nashville Hot Chicken Sidewinder Fries	International Cuisine Chicken Tenders (Regular and Spicy)	International Cuisine Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit	International Cuisine Orange Chicken with White Rice Chicken Potsticker
Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables	Assorted Fresh Vegetables	Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
8	9	10	11	12
Cheeseburger Curly Fries	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Chips
International Cuisine Pizza (Buffalo Chicken or Cheese) Caesar Salad Parmesan Spinach Alfredo Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	International Cuisine Beef Meatball Hoagie Sidewinder Fries Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables	International Cuisine Penne Grilled Chicken Alfredo Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	International Cuisine General Tso Chicken Lo Mein Noodles Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	International Cuisine Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables
15	16	17	18	19
Cheeseburger Curly Fries	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Mashed Potatoes and Chicken Gravy	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Sun Chips
International Cuisine Thai Sweet Chili Chicken White Rice Chicken Pot Stickers	International Cuisine Italian Dunker with Marinara Sauce	International Cuisine Breaded Chicken Drumstick Mashed Potatoes and Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables	International Cuisine Cheesy Mozzarella Sticks with Marinara Garlic Toast Sidewinder Fries Fresh Fruit Assorted Fresh Vegetables	International Cuisine Poppin' Flavored Popcorn Chicken Day (Southern Style OR Nashville Hot) BBQ Baked Beans Sun Chips Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables White Cake with Frosting
22	23	24	25	26
Cheeseburger Curly Fries	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Mashed Potatoes and Chicken Gravy	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Chips
International Cuisine Pizza (Turkey Pepperoni or Cheese) Caesar Salad Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	International Cuisine Beef Taco in a Bag Soy Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables	International Cuisine Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll BBQ Baked Beans Fresh Fruit Assorted Fresh Vegetables	International Cuisine Chicken Wing Day Pretzel and Cheese Sauce Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	International Cuisine Spicy Honey Chicken White Rice Chicken Potstickers Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables
29	30	31		
No School	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Mashed Potatoes and Chicken Gravy		
	International Cuisine Buffalo Mac with Nashville Hot Chicken Sidewinder Fries	International Cuisine Chicken Tenders (Regular and Spicy)		
	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables		
Offered Daily				
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie

IN SCHOOL OFFERED DAILY:

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.