

MCFI

9-12 Hot Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Roasted Chicken Leg Baby Carrots and Grape Tomatoes WG Buttermilk Biscuit Grape Jelly Packet Seasonal Lunch Fruit (1 cup) Choice of Milk	4 Beef Taco Meat in Flour Tortilla with Shredded Cheddar Cheese Ranchero Beans, Seasonal Lunch Fruit (1 cup) WG Apple Cinnamon Muffin Taco Sauce Packet Choice of Milk	5 Chicken Smackers Mashed Potatoes WG Cornbread Seasonal Lunch Fruit (1 cup) BBQ Sauce Packet Choice of Milk	6 Turkey Deli Breast and American Cheese Slice on a WG Bun Romaine Salad Seasonal Lunch Fruit (1 cup) Ranch Packet Mayo Packet Choice of Milk	7 Macaroni and Cheese Steamed Green Beans WG Dinner Roll Seasonal Lunch Fruit (1 cup) Choice of Milk
10 Creamy Chicken and Gravy Mashed Potatoes WG Biscuit with Grape Jelly Seasonal Lunch Fruit (1 cup) Choice of Milk	11 WG Chicken Corn Dog Vegetarian Baked Beans Seasonal Lunch Fruit (1 cup) Ketchup packet Choice of Milk	12 Sloppy Joes on a WG Bun Baby Carrots Seasonal Lunch Fruit (1 cup) Choice of Milk	13 Chicken Nuggets Creamy Coleslaw Seasonal Lunch Fruit (1 cup) Apple Cinnamon Muffin BBQ Packet Choice of Milk	14 Cheeseburger on a WG Bun Romaine Salad Seasonal Lunch Fruit (1 cup) Ketchup Packet Ranch Dressing Packet Choice of Milk
17 Beef Nachos with Shredded Cheddar Cheese Tortilla Chips Taco Seasoned Corn Seasonal Lunch Fruit (1 cup) Taco Sauce Packet Choice of Milk	18 Chicken Smackers WG Mini Maple Waffles Fresh Sliced Cucumbers Fresh Minneola Orange BBQ Sauce Packet Choice of Milk	19 Turkey Hot Dog on WG Hot Dog Bun Vegetarian Baked Beans Creamy Coleslaw Seasonal Lunch Fruit (1 cup) Ketchup Packet Choice of Milk	20 Domino's Cheese Pizza Romaine Salad Seasonal Lunch Fruit (1 cup) WG Cinnamon Goldfish Graham Ranch Packet Choice of Milk	21 WG Breaded Chicken Patty on WG Hamburger Bun Steamed Carrots Seasonal Lunch Fruit (1 cup) Mayo Packet Choice of Milk
24 Italian Meatsauce Bowtie Pasta Fresh Baby Carrots Seasonal Lunch Fruit (1 cup) WG Pretzel Breadstick Ranch Packet Choice of Milk	25 Teriyaki Chicken Brown Rice Fresh Celery Sticks Seasonal Lunch Fruit (1 cup) WG Dinner Roll Choice of Milk	26 WG Cheese Quesadilla Fiesta Beans Cinnamon Sliced Apples (1 cup) WG Cinnamon Bears Taco Sauce Packet Choice of Milk	27 Egg, Sausage and Cheese on a WG Biscuit Fresh Broccoli Bites Fresh D'Anjou Pear Grape Jelly Packe Choice of Milk	28 Cheeseburger on a WG Hamburger Bun Oven Roasted Potatoes Manager's Choice Fruit Ketchup Packet Choice of Milk

MILK FOR SCHOOL:

SKIM WHITE

LOW FAT WHITE

SKIM CHOCOLATE

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.