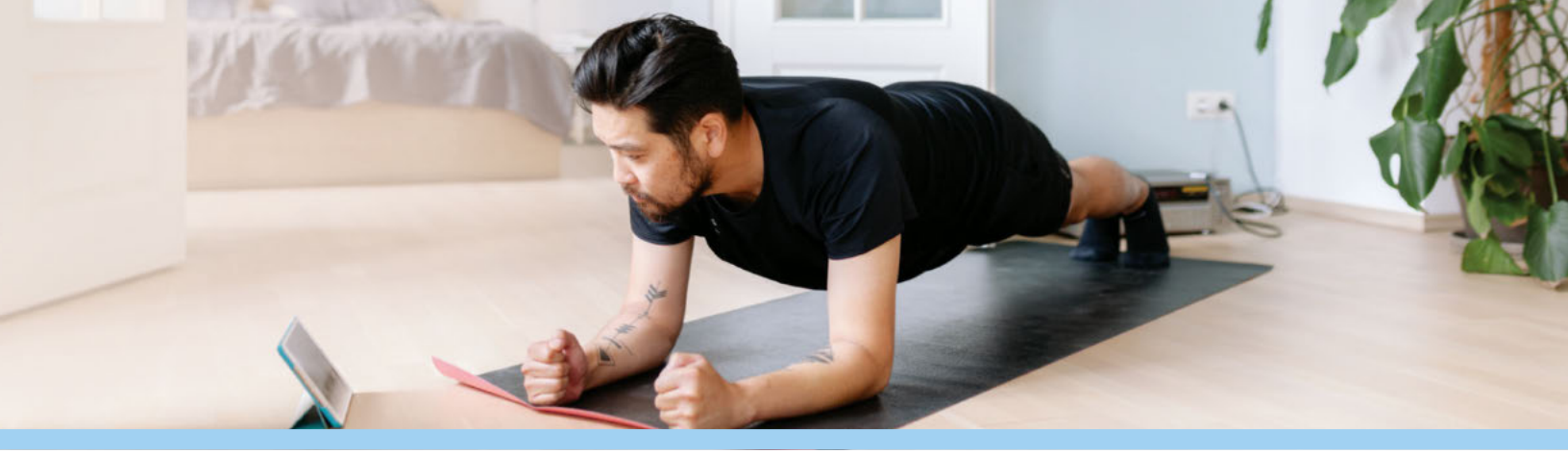


Try yoga, cardio, and bootcamp – without leaving home

Members get a special rate on ClassPass

Right now it's especially important to take care of your physical and mental health, but gym closures and physical distancing can make it hard to work out. So we teamed up with fitness industry leader ClassPass to make it easier for you to exercise from the comfort of home.

With this special rate for ClassPass, Kaiser Permanente members can get:

On-demand video workouts at no cost

4,000+ online fitness classes – including cardio, dance, meditation, bootcamp, and more – for $0/month.

Reduced rates on livestream and in-person fitness classes

Free trial plus 20% off a monthly package to reserve in-person and livestream fitness classes at some of the top gyms and fitness studios in your area and around the world.

Why ClassPass?

- 50,000 livestream classes every week to keep you moving
- 4,000 on-demand classes to access anytime
- 30,000 studios and gyms to choose from worldwide
- 22 types of fitness classes to choose from

Get started at **kp.org/exercise**

ClassPass is not available to Kaiser Permanente Dental-only members. The services described above are not covered under your health plan benefits and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. These services may be discontinued at any time without notice.

ClassPass is pending regulatory approval for California Medi-Cal members.

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 601 Union St., Suite 3100, Seattle, WA 98101

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