



## ST. DAVID'S SCHOOL

### HEALTH FORM - FREQUENTLY ASKED QUESTIONS

**From:** Christina Atkins, BSN, RN; School Nurse

At St. David's School, it is our desire to provide a safe and healthy environment for learning and growing. All required health and medical forms can be found online in *Magnus Health SMR*, the school's student medical record database. **All forms are due by August 1.** Please upload forms to your student's Magnus Health SMR account, or fax directly to Magnus SMR. St. David's is not able to accept paper forms directly.

#### I. FORMS

- **Vital Health Record**

*Who:* All students; renewed annually.

*Purpose:* To provide necessary medical information for care of your child at school

- Please include all current medications, even those not taken during the school day. This is completed online.

- **Consent to Treat**

*Who:* All students; renewed annually.

*Purpose:* Authorization for emergency medical treatment. This form is completed online.

- **Immunization Form or Official Copy of Immunizations**

*Who:* All new students, and all returning K, 7th and 12th grade students need to make sure the required immunizations are up to date in Magnus SMR.

*Purpose:* St. David's official record of required NC immunizations.

- All 7<sup>th</sup> graders submit proof of Tdap booster and Meningococcal vaccine.
- All 12<sup>th</sup> graders submit proof of a Meningococcal booster.

- **Health Assessment Form**

*Who:* All new students.

*Purpose:* To provide a baseline physical assessment for entering students.

- **This form requires a healthcare provider's signature.**

- **Over the Counter (OTC) Medication For**

*Who:* All students; renewed annually.

*Purpose:* Communicates parent preferences if over-the-counter medications are allowed and fulfills NC requirements to allow the dispensing.

- **This form requires both parent and healthcare provider signatures.** Please be aware that no medication will be dispensed to your child without written authorization from parent and a healthcare provider.

- **Prescription Medication Form**  
*Who:* Any student who will need medication dispensed during the school day; submitted annually.  
*Purpose:* Fulfills NC requirements to allow for dispensing of medication.
  - This includes medications for asthma, ADHD, diabetes or other chronic conditions.
  - Medications must be brought to the school nurse the week prior to school beginning.
  - **This form must be signed by a healthcare provider and parent.**
  
- **Athletic Physical Evaluation Form**  
*Who:* All students in grades 6-12 who are participating in athletics; submitted annually.  
*Purpose:* To provide a baseline physical assessment prior to athletic participation.
  - This form is required to be on file prior to athletic try-outs or practice. It expires 365 days from the last physical date.
  - **This form requires a healthcare provider signature.**
  
- **Concussion Information Form**  
*Who:* All students in grades 6-12 who are participating in athletics; submitted annually.  
*Purpose:* Creates a partnership in preventing concussions. This form is completed online.
  
- **Allergy, Diabetes, Asthma and/or Seizure Plans**  
*Who:* Students with health issues that may need to be addressed during the school day.  
*Purpose:* To communicate needed care plans.
  - An Action Plan needs to be submitted annually.
  - **This form requires signatures from both a parent and a healthcare provider.**

## II. IMMUNIZATION REQUIREMENTS

North Carolina state immunization law states that each student enrolled in grades Kindergarten through 12 (both public and non-public) must be immunized. All Pre-K students must submit proof of immunizations that are age appropriate. The following are required immunizations by North Carolina.

- DPT (Diphtheria, Pertussis, Tetanus) – 5 doses
- Hepatitis B – 3 doses
- Hib (Haemophilus Influenzae type B) – 4 doses (not required for children over age 5.)
- Measles – 2 doses (MMR covers Measles, Mumps, Rubella)
- Meningococcal – 2 doses. 1 dose prior to entering 7<sup>th</sup> grade. A booster dose is required prior to entering 12<sup>th</sup> grade.
- Mumps – 2 doses
- Pneumococcal Conjugate – 4 doses (not required for children over age 5.)
- Polio – 4 doses
- Rubella – 1 dose
- Tdap (Tetanus/Diphtheria/Pertussis) – 1 dose prior to entering 7<sup>th</sup> grade
- Varicella – 2 doses. The second dose is not required if K was started prior to 2015. An exception is made for health care provider documented history of varicella.