



Health/Nursing Services

School Lunch/Breakfast program and Students with Food Allergies

Currently elementary “A, B and C” lunch choices do not contain any obvious peanut/tree nut products. They may, however, have been processed in a facility that also produces/packages products that do contain peanuts/tree nuts. Current industry standards do not require companies to disclose this information. We also offer a “nut-free” lunch option that is our most controlled, with lesser food choices. “Nut-free” lunch items are produced by companies that have voluntarily labeled their products or provided information confirming they are peanut/tree nut free or cross-contamination free.

Some parents restrict only foods that contain the actual peanut or tree nut and its derivatives, such as peanut oil. Other parents restrict all foods that could have a trace amount of nuts from processing. **You may wish to contact your child’s allergist or Health Care Provider to determine what is safest for your child.**

Please choose one of the following options:

A/B/C Lunch:

Contains no peanut/tree nuts but may be produced or processed in a facility that also produces or processes foods that contain nuts. This choice allows your student to purchase either the “A, B or C Lunch” option.

Nut-free Lunch:

Contains no peanut/tree nuts and is also produced in a contamination-free facility according to the manufacturer. This choice allows your student to purchase only a “D Lunch” if they choose to buy lunch at school. They will not be served the “A, B or C Lunch” options. To be sure that a “D Lunch” is prepared and available for your child you will need to call the school kitchen by 9:00am and leave a message that your child will be buying a D Lunch that day. You may also order a week or month at a time.

The “D Lunch” menu entrees may include a Grilled Cheese Stuffwich, Pepperoni Ribber Breadstick, or Sunbutter Sandwich. One entrée is available per day, and the schedule repeats weekly. Contact your school nurse or kitchen manager to confirm the menu items. **All D Lunch entrees come in individually wrapped packaging.** Your child may also choose a fruit, vegetable, and milk.

All food provided from home, NO SCHOOL PURCHASE

All food provided from home, NO SCHOOL PURCHASE except for milk (regular or chocolate milk)

School Breakfast Program:

If your student participates in the breakfast program, please consult with your school nurse or breakfast program coordinator to arrange for food selection.

Student name

Grade

Parent/Guardian Signature

Date

Please return form to your student’s [school nurse](#) prior to the first day of school.