



MIDDLE SCHOOL MENU 2023

Mon	Tue	Wed	Thu	Fri
<p>1 Breakfast Breakfast on a stick</p> <p>Lunch Chicken Patty Sandwich</p>	<p>2 Breakfast Breakfast Bar Yogurt</p> <p>Lunch Crispito Potato Choice</p>	<p>3 Breakfast Fruit Parfait</p> <p>Lunch Hotdog Sunchips</p>	<p>4 Breakfast Waffle Breakfast Sandwich</p> <p>Lunch Mega Meatball Au Gratin Potato</p>	<p>5 Breakfast Cocoa Puff Cereal Bar</p> <p>Lunch Turkey & Ham Ripper Homemade Cookie</p>
<p>8 Breakfast Breakfast Pizza</p> <p>Lunch Corndog Goldfish Crackers</p>	<p>9 Breakfast Whole Grain Blueberry Poptart Yogurt</p> <p>Lunch Bean & Cheese Burrito Corn</p>	<p>10 Breakfast Over Night Oats</p> <p>Lunch Ribbq Sandwich Potato Choice</p>	<p>11 Breakfast Mini Pancakes Sausage Links</p> <p>Lunch Homemade Pizza Pinwheels</p>	<p>12 Breakfast Scramble Egg Bowl With Sausage</p> <p>Lunch Malibu Crispy Chicken Sandwich Potato Choice</p>
<p>15 Breakfast Breakfast on a stick</p> <p>Lunch Cheeseburger Goldfish crackers</p>	<p>16 Breakfast Muffin Variety Yogurt</p> <p>Lunch Eggo Waffle Sausage Links</p>	<p>17 Breakfast Mini Cinnamon Roll Bagel</p> <p>Lunch Toasted Cheese Sandwich Tomato Soup</p>	<p>18 Breakfast Texas French Toast Sausage Links</p> <p>Lunch Chicken Nuggets Garlic Bread Green Beans</p>	<p>19 Breakfast Breakfast Burrito</p> <p>Lunch BBQ Pulled Pork Sandwich Creamy Coleslaw</p>
<p>22 Breakfast Breakfast Pizza</p> <p>Lunch Chicken Patty Sandwich</p>	<p>23 Breakfast Breakfast Bar Yogurt</p> <p>Lunch Chicken & Cheese Quesadilla Refried Beans</p>	<p>24 Breakfast Fruit Smoothie Goldfish Graham</p> <p>Lunch Corn Dog Giant Goldfish Crackers</p>	<p>25 Breakfast Mini Pancakes Sausage Links</p> <p>Lunch Chicken Drumstick Mashed Potato Dinner Roll</p>	<p>26 Breakfast Breakfast Combo Bar</p> <p>Lunch Cheeseburger Potato Choice</p>
<p>29 NO SCHOOL memorial ★ DAY</p>	<p>30 Breakfast Breakfast Round Yogurt</p> <p>Lunch Bean & Cheese Burrito Corn</p>	<p>31 Breakfast Fruit Parfait</p> <p>Lunch Chicken Patty Sandwich Cherry Crisp</p>		

ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK

ALL LUNCHESS COME WITH FRUIT, VEGGIES AND MILK

See our virtual menu on the Nutrition Services homepage at www.pfsd.com for nutrition and allergen information.

Meal Prices:

Milk—	\$0.50
Breakfast—	\$2.10
Reduced	\$.30
Lunch—	\$3.35
Reduced	\$.40
Adult lunch—	\$4.35

Alternate lunch choices:

Pizza, Sub Sandwich

Large Salads or

Uncrustable Meals



ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.