

# MAY 2023

## International School of Indiana | Lexington

INDEPENDENTS

### LUNCH

We are a peanut and tree nut free kitchen. We offer a vegan and vegetarian menu option daily. **Students must report dietary needs and allergies to the school's Registrar at [registrar@isind.org](mailto:registrar@isind.org).** NOTE: Menu items are subject to change based on potential food supplier delays. Notification of changed menu items will be provided via Daily News.

#### Daily Offerings:

**Chen:** Turkey & Cheese Sandwich, Sunflower Butter Sandwich, Cheese Sandwich, Garden Salad

**Blackwell:** Turkey & Cheese Sandwich, Sunflower Butter Sandwich, Cheese Sandwich, Fully Stocked Salad Bar

**Taurel:** Pepperoni, Salami, Turkey, Ham, Colby, Cheddar, Provolone, Pepper Jack, American, Croissant, Wheat/White Bread, Pita Bread, Pretzel Bread, Fully Stocked Salad Bar, Soup (rotates daily)

### MONDAY

Biscuits & Gravy

1

Sausage Patty

Tater Tots

\*Vegetarian Sausage  
& Potatoes\*

### TUESDAY

Breaded Ravioli

2

Breadstick

California Blend Vegetables

\*Pesto Pasta\*

### WEDNESDAY

Chicken Nuggets

3

*with Sauce Choice*

French Fries

Celery & Carrots with Ranch

\*Vegan Nuggets\*

### THURSDAY

Vegetable Lo Mein

4

Vegetable Egg Roll

Roasted Broccoli

\*Vegetable Lo Mein\*

### FRIDAY

**No School for  
Lower School Students**

5

Arroz Con Pollo

Black Beans

\*Vegetarian Arroz Con Pollo\*

Sweet & Sour Chicken

8

White Rice

Asian Blend Vegetables

\*Sweet & Sour Tofu\*

Sandwich – Pulled Pork

9

or Pulled Chicken

Baked Beans

Potato Salad

\*Garden Burger\*

Mini Corn Dogs

10

Crinkle Cut Fries

Chocolate Pudding

\*Vegetarian Corn Dogs\*

Baked Mac & Cheese

11

Seasoned Green Beans

Diced Peaches

\*Vegan Mac & Cheese\*

Sack Lunch (LS)

12

Hot Turkey Sub (US)

Chips

Sliced Apples & Cookies

\*Tofurkey Sandwich\*

Grilled Hot Dog

15

Baked Beans

Potato Salad

\*Vegan Hot Dog\*

Walking Taco

16

*with Toppings*

Black Beans

Spanish Rice

\*Corn & Bean Mix\*

Grilled Chicken Breast

17

*with Gravy*

Mashed Potatoes

Italian Vegetables

\*Roasted Tofu\*

Chicken Fried Rice

18

Japanese Blend Vegetables

Roasted Brussels Sprouts

\*Vegetable Fried Rice\*

Pancakes with Syrup

19

Turkey Sausage Links

Cheesy Eggs

\*Vegetarian Sausage Bowl\*

Cheeseburger

22

*with Toppings*

Potato Wedges

Mixed Vegetables

\*Garden Burger\*

Spaghetti with Meat Sauce

23

Honey Glazed Carrots

Garlic Toast

\*Spaghetti with Marinara Sauce\*

Bosco Stick

24

*with Marinara Sauce*

Mandarin Oranges

Chicken Caesar Salad

\*Garden Salad\*

Baked Potato Bar

25

Tater Tot Bar

*with Assorted Toppings*

Steamed Broccoli

Pizza Choice

26

Tropical Fruit

Caesar Salad

\*Vegetable Pizza\*

**Memorial Day**

29

No School

French Toast

30

Turkey Sausage Patty

Scrambled Eggs

\*Vegetarian Sausage\*

**May 31: Sack Lunch**

31

**June 1: Breaded Ravioli**

Mixed Vegetables

Diced Peaches

\*Pesto Pasta\*

1

**No Lunch on June 2, as  
the last day of school  
is a noon dismissal.**

