

Parenting is hard,



we're here to help

Please join us for a **FREE** parent and caregiver support night where you can participate in learning sessions on the topics listed below:

- Prepping for parent/teacher conferences
- Talking to your kids about drugs & alcohol
- Caregiver burnout & self care
- Managing difficult behaviors
- Ordinary play - how to take every day items and make them a learning opportunity

Hosted by the **Charles County Advocacy Council for Children, Youth, and Families**

**May 24 from 6-8pm at
Waldorf Senior & Recreation Center**

[Click here to register](#)

For assistance, please email: **CCACCYF-LMB@charlescountymd.gov**