

August/September 2023 High School Breakfast

Due to product availability, menu items may change

All meals come with choice of fresh fruit or 100% juice and choice of milk

| | | 8/23 | 8/24 | 8/25 |
|--|--|--|--|---|
| | | Cereal OR Strudel OR Combo Bar <u>Cinnamon bun with all</u> | Waffle & Yogurt OR Donut Holes & Yogurt OR Sausage & cheese sandwich | Muffin & Yogurt OR Cereal & yogurt OR Ham & cheese sandwich <u>Straw Smoothie with all</u> |

| 8/28 | 8/29 | 8/30 | 8/31 | 9/1 |
|--|--|--|---|---|
| Frudel OR Honey Bun & Yogurt OR Sausage & Cheese Sandwich | Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich <u>Straw/Pine/Ban Smoothie</u> | Cereal OR Strudel OR Combo Bar <u>Cinnamon bun with all</u> | Cinnamon Roll OR Waffle & Yogurt OR Sausage, egg and cheese sandwich | Honey Bun & Yogurt OR Cereal with yogurt OR Ham & cheese sandwich |

| 9/4 | 9/5 | 9/6 | 9/7 | 9/8 |
|-----------|--|--|--|---|
| NO SCHOOL | Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich | Cereal OR Strudel OR Combo Bar <u>Cinnamon bun with all</u> | Waffle & Yogurt OR Donut Holes & Yogurt OR Sausage & cheese sandwich | Muffin & Yogurt OR Cereal & yogurt OR Ham & cheese sandwich <u>Straw Smoothie with all</u> |

| 9/11 | 9/12 | 9/13 | 9/14 | 9/15 |
|--|---|--|---|---|
| Frudel OR Honey Bun & Yogurt OR Sausage & Cheese Sandwich | Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich <u>Straw/Pine/Ban Smoothie</u> <u>with all</u> | Cereal OR Strudel OR Combo Bar <u>Cinnamon bun with all</u> | Cinnamon Roll OR Waffle & Yogurt OR Sausage, egg and cheese sandwich | Honey Bun & Yogurt OR Cereal with yogurt OR Ham & cheese sandwich |

| 9/18 | 9/19 | 9/20 | 9/21 | 9/22 |
|--|--|--|--|---|
| Frudel OR Honey Bun & Yogurt OR Sausage and Cheese Sandwich | Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich | Cereal OR Strudel OR Combo Bar <u>Cinnamon bun with all</u> | Waffle & Yogurt OR Donut Holes & Yogurt OR Sausage & cheese sandwich | Muffin & Yogurt OR Cereal & yogurt OR Ham & cheese sandwich <u>Straw Smoothie with all</u> |

| 9/25 | 9/26 | 9/27 | 9/28 | 9/29 |
|--|---|--|---|---|
| Frudel OR Honey Bun & Yogurt OR Sausage & Cheese Sandwich | Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich <u>Straw/Pine/Ban Smoothie with all</u> | Cereal OR Strudel OR Combo Bar <u>Cinnamon bun with all</u> | Cinnamon Roll OR Waffle & Yogurt OR Sausage, egg and cheese sandwich | Honey Bun & Yogurt OR Cereal with yogurt OR Ham & cheese sandwich |

Due to product availability, this menu may change at any time

This institution is an equal opportunity provider.