



RESOURCES

Organization	Phone/Website
211 - Get Connected to local help agencies	Phone: dial 211 Website: http://211.org
National Suicide Prevention Lifeline	Phone: 1-800-273-TALK (8255) Phone: 1-888-628-9454 (Spanish) Website: https://suicidepreventionlifeline.org/
Friendship Line California	Phone: 1-800-670-1360 Website: https://www.ioaging.org/friendship-line-california
California Youth Crisis Line	Phone: 1-800-843-5200 Website: https://calyouth.org/cycl/
Crisis Text Line	Text: HOME to 741741
Never Give Up, You Matter	Website: https://youmatter.suicidepreventionlifeline.org/
Drug-Free Kids Helpline/Partnership for Drug Free Kids	Phone: 1-855-378-4373 Text: 55753 Website: https://drugfree.org/
Stop Bullying	Website: https://www.stopbullying.gov/
Stop the Hate - social and legal help	Phone: 1-844-9-NO-HATE Website: https://lawyerscommittee.org/project/stop-hate-project/
Teen Line	Phone: 1-310-855-4673 Text: TEEN to 839863 Website: https://teenlineonline.org/
The Trevor Project (LGBTQ)	Phone: 1-866-488-7386 Text: START to 678-678 Website: https://www.thetrevorproject.org/
Trans Lifeline	Phone: 1-877-565-8860 Website: https://www.translifeline.org/