

## Why is having Critical Illness Insurance so important?

### Your family's expenses will continue if and when a critical illness occurs.

Studies show that some families spend as much as \$14,444 or more during a time of critical illness and recovery.<sup>1</sup> And while financial experts recommend having 3 – 9 months of living expenses set aside to help in an emergency situation<sup>2</sup> like undergoing a serious illness, with today's economy, most families don't have that kind of money in reserve.

Quality health and disability insurance plans aren't always enough. There may still be coverage gaps. Disability income plans cover a portion of your income while health insurance may leave you with some expenses to pay including:

- Health plan deductibles
- Prescription copays
- Out-of-network treatments
- Alternative treatments

### Critical illnesses can happen at any age and more often than you may think.

The odds of you or a family member suffering a critical illness are actually quite surprising. Studies have shown:

- The average age for onset of a critical illness is 43.<sup>3</sup>
  - Every year about 735,000 Americans have a heart attack.<sup>4</sup>
- 1 out of every 2 men will be diagnosed with cancer at some point in their lives.<sup>5</sup>
- 1 out of every 3 women will be diagnosed with cancer at some point in their lives.<sup>5</sup>

Critical Illness Insurance can help safeguard your finances by providing you with a lump-sum payment when your family needs it most. The payment you receive is yours to spend as you see fit and in addition to any other insurance you may have.



**Newport-Mesa**  
Unified School District

*Help protect yourself, your family, and your budget from the financial impact of a critical illness.*

continued >>

# How can having MetLife Critical Illness Insurance benefit you and your loved ones?

MetLife Critical Illness Insurance provides a lump-sum payment if you or a covered family member<sup>6</sup> is diagnosed with one of the following medical conditions and meets the policy and certificate requirements: Full Benefit Cancer,<sup>7</sup> Partial Benefit Cancer,<sup>7</sup> Heart Attack, Stroke,<sup>8</sup> Coronary Artery Bypass Graft,<sup>9</sup> Kidney Failure, Alzheimer's disease,<sup>10</sup> Major Organ Transplant and the 22 Listed Conditions.<sup>11</sup> Your plan pays a Recurrence Benefit for the following Covered Conditions: Heart Attack, Stroke, Coronary Artery Bypass Graft, Full Benefit Cancer and Partial Benefit Cancer. A Recurrence Benefit is only available if an Initial Benefit has been paid for the Covered Condition. There is a Benefit Suspension Period between Recurrences.<sup>12</sup>

Payments will be made directly to you, not to the doctors, hospitals or other health care providers. You will receive a check mailed directly to your home. The payment you receive is yours to spend as you see fit and may be used to cover ongoing household bills like:

- Groceries Mortgage and car payments Child care
- Or any other way you want; the choice is yours

## Why should I enroll now?

- ✓ Competitive employee rates
- ✓ Your acceptance is guaranteed providing you are actively at work<sup>13</sup>
- ✓ Enrollment period ends soon
- ✓ Convenient payroll deduction
- ✓ Portable coverage enables you to take it with you if your employment status changes<sup>14</sup>

## Enroll today!

For questions, please call MetLife at **1 800 GET-MET8** (1-800-438-6388)

Monthly (10thly) Premiums for Critical Illness Insurance Coverage														
At \$10,000														
	<25	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85+
<b>Employee</b>	1.56	1.80	2.88	5.04	9.00	14.28	22.20	32.52	45.72	69.36	96.24	133.56	168.96	176.52
<b>Spouse</b>	1.44	1.56	2.88	4.92	8.52	14.40	23.64	37.20	55.92	88.56	121.44	160.44	195.24	202.56
<b>Dependent Child(ren) (up to age 26)</b>														0.84
At \$20,00														
	<25	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85+
<b>Employee</b>	3.12	3.60	5.76	10.08	18.00	28.56	44.40	65.04	91.44	138.72	192.48	267.12	337.92	353.04
<b>Spouse</b>	2.88	3.12	5.76	9.84	17.04	28.80	47.28	74.40	111.84	177.12	242.88	320.88	390.48	405.12
<b>Dependent Child(ren) (up to age 26)</b>														1.68
At \$30,000														
	<25	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85+
<b>Employee</b>	4.68	5.40	8.64	15.12	27.00	42.84	66.60	97.56	137.16	208.08	288.72	400.68	506.88	529.56
<b>Spouse</b>	4.32	4.68	8.64	14.76	25.56	43.20	70.92	111.60	167.76	265.68	364.32	481.32	585.72	607.68
<b>Dependent Child(ren) (up to age 26)</b>														2.52

For Employees and Covered Spouses, rates are determined separately for each person based on Employee's age as of the last plan anniversary

<sup>1</sup> MetLife Accident and Critical Illness Impact Study, October 2013.

<sup>2</sup> www.bankrate.com, How big should your emergency fund be?, Accessed February 2017.

<sup>3</sup> e-personalFinance.com, How Does Critical Illness Insurance Work, Accessed March 2014.

<sup>4</sup> CDC, www.cdc.gov/heartdisease/facts.htm. Accessed November 2016.

<sup>5</sup> American Cancer Society, Lifetime Risk of Developing or Dying From Cancer. Last Revised: March 23, 2016 .

<sup>6</sup> Eligible Family Members mean all persons eligible for coverage as defined in the Certificate.

<sup>7</sup> Please review the Outline of Coverage/Disclosure Document for specific information about cancer benefits. Not all types of cancer are covered. Some cancers are covered at less than the Initial Benefit Amount. For NH-sitused cases and NH residents, there is an Initial Benefit of \$100 for All Other Cancer.

<sup>8</sup> In certain states, the Covered Condition is Severe Stroke.

<sup>9</sup> In NJ sitused cases, the Covered Condition is Coronary Artery Disease.

<sup>10</sup> Please review the Outline of Coverage for specific information about Alzheimer's disease.

<sup>11</sup> MetLife Critical Illness Insurance will pay 25% of the Initial Benefit Amount when a covered person is diagnosed with one of the 22 Listed Conditions. A Covered Person may only receive one benefit payment for a Listed Condition in his/her lifetime.. The Listed Conditions are: Addison's disease (adrenal hypofunction); amyotrophic lateral sclerosis (Lou Gehrig's disease); cerebrospinal meningitis (bacterial); cerebral palsy; cystic fibrosis; diphtheria; encephalitis; Huntington's disease (Huntington's chorea); Legionnaire's disease; malaria; multiple sclerosis (definitive diagnosis); muscular dystrophy; myasthenia gravis; necrotizing fasciitis; osteomyelitis; poliomyelitis; rabies; sickle cell anemia (excluding sickle cell trait); systemic lupus erythematosus (SLE); systemic sclerosis (scleroderma); tetanus; and tuberculosis.

<sup>12</sup> We will not pay a Recurrence Benefit for a Covered Condition that Recurs during a Benefit Suspension Period. We will not pay a Recurrence Benefit for either a Full Benefit Cancer or a Partial Benefit Cancer unless the Covered Person has not had symptoms of or been treated for the Full Benefit Cancer or Partial Benefit Cancer for which we paid an Initial Benefit during the Benefit Suspension Period.

<sup>13</sup> Coverage is guaranteed provided (1) the employee is actively at work and (2) any dependents to be covered are not under medical restriction as described in the Certificate. Some states require the insured to have medical coverage. Additional restrictions apply to dependents serving in the armed forces or living overseas. For CA sitused cases, coverage is guaranteed provided (1) the employee is performing all of the usual and customary duties of your job at the employer's place of business or at an alternate place approved by your employer (2) dependents are not subject to medical restrictions as set forth in the Certificate.

<sup>14</sup> Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.

METLIFE'S CRITICAL ILLNESS INSURANCE (CII) IS A LIMITED BENEFIT GROUP INSURANCE POLICY. Like most group accident and health insurance policies, MetLife's CII policies contain certain exclusions, limitations and terms for keeping them in force. Product features and availability may vary by state. In most plans, there is a preexisting condition exclusion. In most states, after a covered condition occurs there is a benefit suspension period during which most plans do not pay recurrence benefits. Attained Age rates are based on 5-year age bands and will increase when a Covered Person reaches a new age band. A more detailed description of the benefits, limitations, and exclusions applicable to CII can be found in the applicable Disclosure Statement or Outline of Coverage/Disclosure Document available at time of enrollment. For complete details of coverage and availability, please refer to the group policy form GPNP07-CI or GPNP09-CI, or contact MetLife for more information. Benefits are underwritten by Metropolitan Life Insurance Company, New York, New York.

MetLife's Critical Illness Insurance is not intended to be a substitute for Medical Coverage providing benefits for medical treatment, including hospital, surgical and medical expenses. MetLife's Critical Illness Insurance does not provide reimbursement for such expenses.



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