



Welcome to Kaiser Permanente!

We know you have many health care options to choose from at Newport Mesa Unified School District (Group Number: 232637), and we are pleased that you have chosen us to provide your medical care.

At Kaiser Permanente you'll receive high-quality care. Once selected, your personal physician will coordinate your health care, arrange specialty care as needed, and provide appropriate follow-up care as well. Keep in mind that you may change your personal physician for any reason, as any time. We look forward to your call and having you visit with us.

**As a new member seeking care, please contact our appointment center at 1-888-988-2800 and select option 4 for new members. When prompted for your medical record number, dial "0#" until your call is transferred to a representative who can happily assist you in getting started.**

You can get help with:

- Scheduling an appointment
- Selecting your Primary Care Physician
- Filling a Prescription
- Transitioning your care from your previous provider

Additionally, please use My Health Manager to email your personal physician's office, request routine appointments, order prescription refills, check benefits and eligibility, and review your medical records as well as test results and more! To sign up for these secure, online features go to [\*\*kp.org/register\*\*](http://kp.org/register) to get set-up with your user ID and password.

Enclosed you will find the following reference materials:

- We're here for you
- 4 simple steps to get started
- Quick Reference Guide.

This reading material should be of great assistance to you. We look forward to a long and healthful partnership. Thank you for choosing us as your health plan.

Sincerely,

**Monika S. Damani**

Kaiser Permanente Sales Executive  
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