VIRTUAL CARE

Offered by Cigna Health and Life Insurance Company or its affiliates.

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LIFE IS DEMANDING.



WORKING 9 TO 5

NO TIME TO GO TO DOCTOR

NEED MORE OPTIONS

SOMETHING'S NOT RIGHT

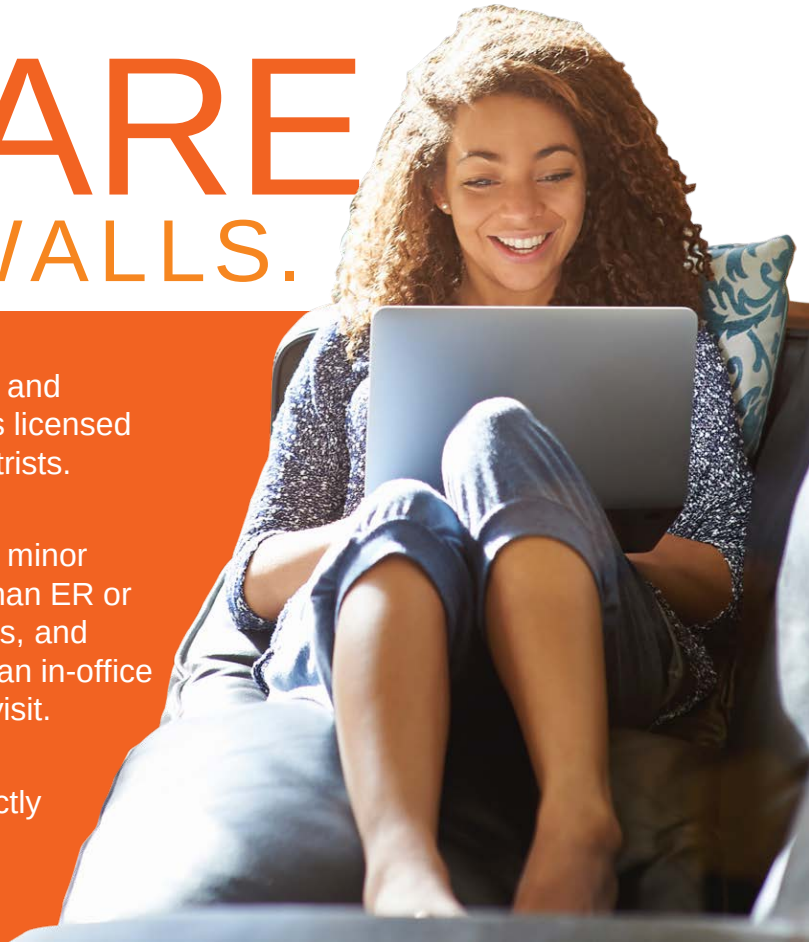
NEED AN APPOINTMENT NOW

HOW MUCH WILL IT COST?

WHO WILL I SEE?

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VIRTUAL CARE
BREAKS DOWN THE WALLS.



EASY ACCESS

Whenever – 24/7/365, including holidays and weekends for medical; appointments scheduled in minutes for behavioral care.

Wherever – at home, at work or on the go.

However – via video or phone.

Whomever – adult and pediatric care for medical.

Whyever – care for minor medical conditions and behavioral/mental health needs.

QUALITY
Board-certified doctors and pediatricians as well as licensed therapists and psychiatrists.

COST-EFFECTIVE
Medical virtual care for minor conditions costs less than ER or urgent care center visits, and maybe even less than an in-office primary care provider visit.

CONVENIENT
Prescriptions sent directly to a local pharmacy, if appropriate.

*Provided by MDLIVE. **Costs vary based on plan design and subject to mental health parity.

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CONDITIONS TREATED
BY LICENSED AND CERTIFIED PROVIDERS.

VIRTUAL MINOR MEDICAL CARE

- Acne
- Allergies
- Asthma
- Bronchitis
- Cold and flu
- Constipation
- Diarrhea
- Earaches
- Fever
- Headaches
- Infections
- Insect bites
- Joint aches
- Nausea
- Pink eye
- Rashes
- Respiratory infections
- Shingles
- Sinus infections
- Skin infections
- Sore throats
- Urinary tract infections



VIRTUAL BEHAVIORAL CARE

- Addictions
- Bipolar disorders
- Child/Adolescent issues
- Depression
- Eating disorders
- Grief/Loss
- Life changes
- Men's issues
- Panic disorders
- Parenting issues
- Postpartum depression
- Relationship and marriage issues
- Stress
- Trauma/PTSD
- Women's issues

VIRTUAL WELLNESS SCREENINGS

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EASY-TO-ACCESS SERVICE OPTIONS

Get an appointment on demand or schedule one online at myCigna.com

Or contact MDLIVE® by phone at 888.726.3171*

Also available:

Virtual medical visits through Cigna's in-network providers and virtual counseling through Cigna Behavioral Health network



*Cigna provides access to virtual care through national telehealth providers as part of your plan. Providers are solely responsible for any treatment provided to their patients. Video chat may not be available in all areas or with all providers. This service is separate from your health plan's network and may not be available in all areas. A primary care provider referral is not required for this service.

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GET CONNECTED

WE'LL SHOW YOU HOW.

myCigna.com

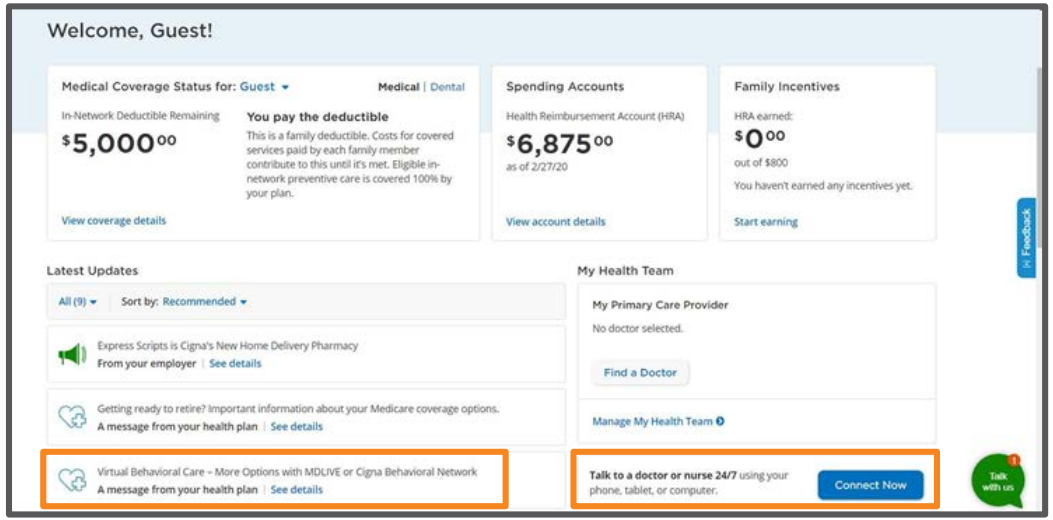


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Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. See your plan materials for costs and details of coverage, including other telehealth/telemedicine benefits that may be available under your specific health plan.

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