



GETTING HEALTHY JUST GOT MORE REWARDING

Start earning today. Head over to myCigna.com
to access the MotivateMe® Incentives Awards.



HEALTHY YOU. HAPPY WALLET.
Cigna MotivateMe Program®

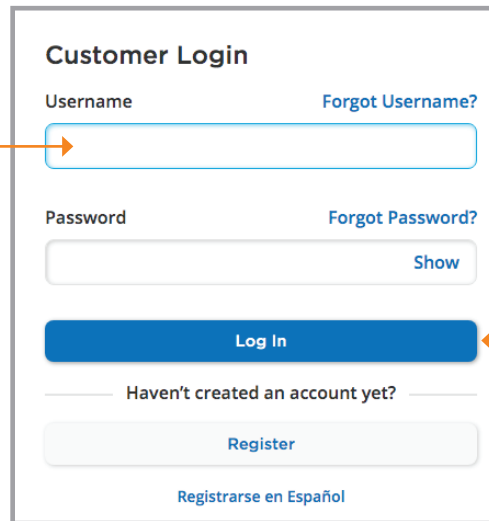
Together, all the way.®



How to get started

1 Go to myCigna.com.

If you already have an account, log in. If not, take a minute to register.



The image shows a 'Customer Login' form. An orange arrow points from the first step instruction to the 'Username' input field. Another orange arrow points from the second step instruction to the 'Log In' button.

Customer Login

Username [Forgot Username?](#)

Password [Forgot Password?](#) [Show](#)

Log In

[Haven't created an account yet?](#)

[Register](#)

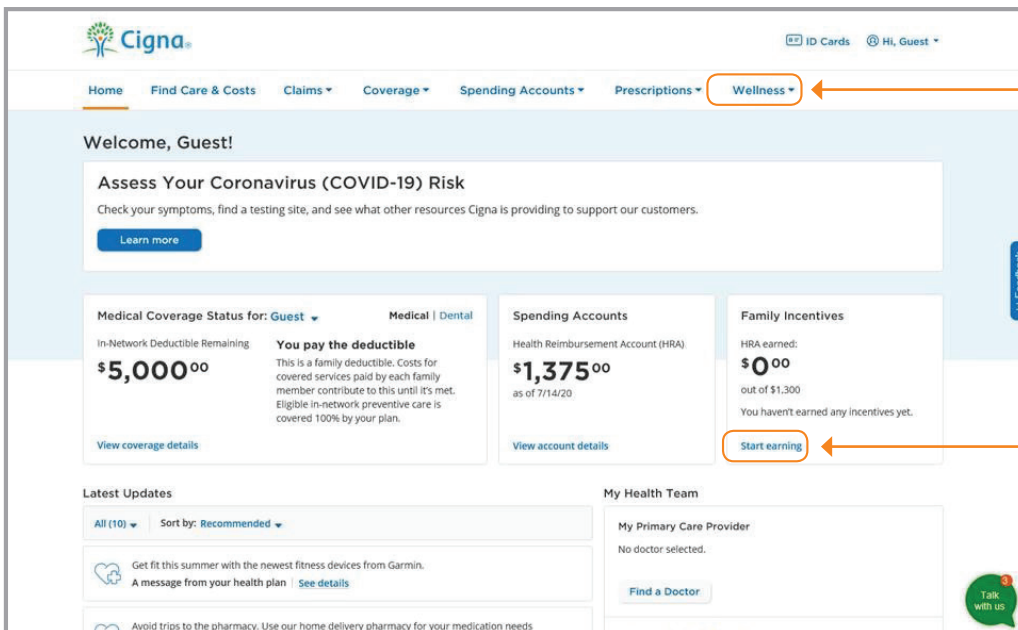
[Registrarse en Español](#)

2 Take advantage of the MotivateMe® program

When you log in and enter the page, you're one step closer to a healthier you (and a happier wallet).

Main MyCigna Home page

There are 2 ways to access your incentives page



The image shows the MyCigna Home page. An orange arrow points from the first step instruction to the 'Wellness' link in the top navigation bar. Another orange arrow points from the second step instruction to the 'Start earning' button in the 'Family Incentives' section.

Cigna ID Cards Hi, Guest

[Home](#) [Find Care & Costs](#) [Claims](#) [Coverage](#) [Spending Accounts](#) [Prescriptions](#) [Wellness](#)

Welcome, Guest!

Assess Your Coronavirus (COVID-19) Risk
Check your symptoms, find a testing site, and see what other resources Cigna is providing to support our customers.
[Learn more](#)

Medical Coverage Status for: Guest Medical | Dental
In-Network Deductible Remaining: **\$5,000⁰⁰**
You pay the deductible
This is a family deductible. Costs for covered services paid by each family member contribute to this until it's met. Eligible in-network preventive care is covered 100% by your plan.
[View coverage details](#)

Spending Accounts
Health Reimbursement Account (HRA)
\$1,375⁰⁰
as of 7/14/20
[View account details](#)

Family Incentives
HRA earned: **\$0⁰⁰**
out of \$1,300
You haven't earned any incentives yet.
[Start earning](#)

Latest Updates
All (10) Sort by: Recommended
Get fit this summer with the newest fitness devices from Garmin.
A message from your health plan [See details](#)
Avoid trips to the pharmacy. Use our home delivery pharmacy for your medication needs.

My Health Team
My Primary Care Provider
No doctor selected.
[Find a Doctor](#)

[Talk with us](#)

Here's where you access MotivateMe® Incentives Awards

OR

Click here to get more details on how you can earn



Wellness homepage

Think of this page as your “Wellness” hub. It has the key information you need to get healthier and start earning today. Let’s walk through it.

Progress bar and Redeem

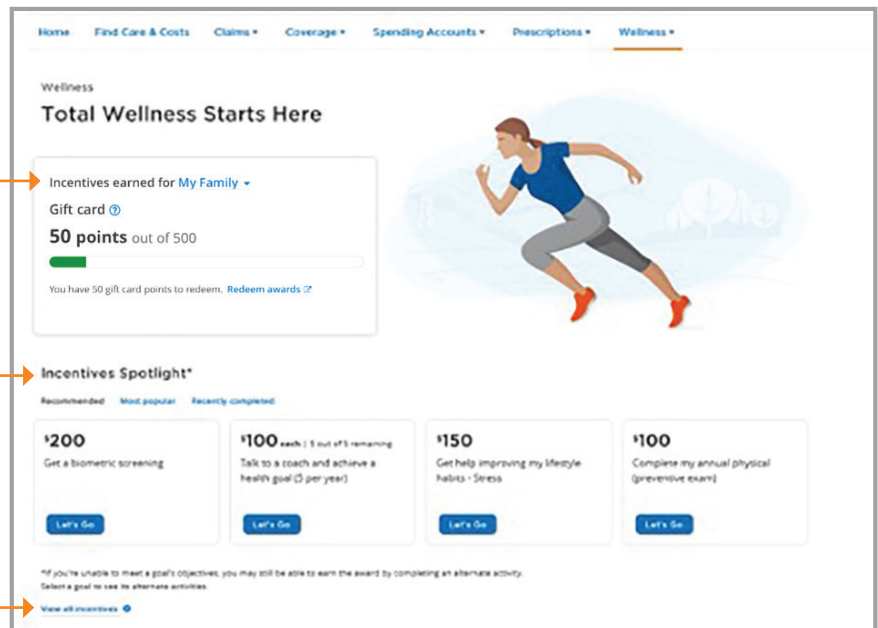
Making it easier for you to track your rewards and redeem your rewards by clicking “redeem awards.”

Incentives spotlight

See some ways for you to earn

View all incentives

Get the full picture, all in one place



Health Assessment

Health Assessment Score

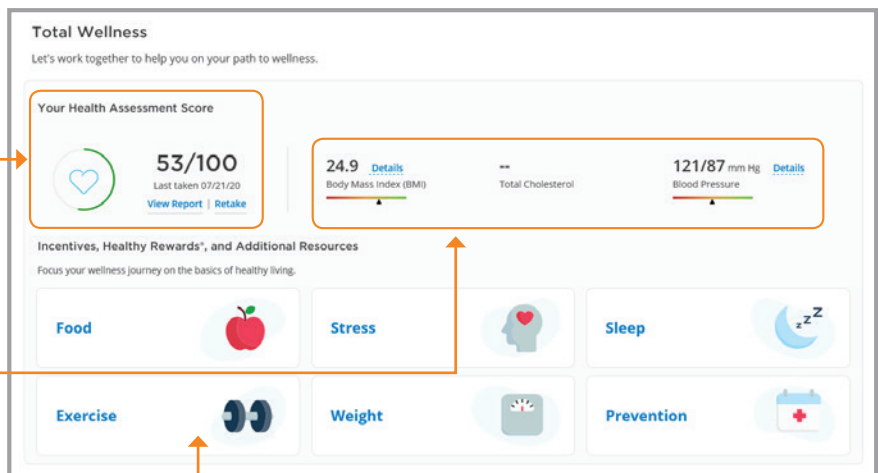
Provides a clear picture of your overall health and wellness today based on a confidential questionnaire and your biometrics

Biometrics

Three key health measurements

Health Topics

Easy access to resources and available incentives



Incentive homepage

See all the details of the incentives you've already earned and the ones you can earn in the future.

Images provided are for illustrative purposes only and are subject to change.

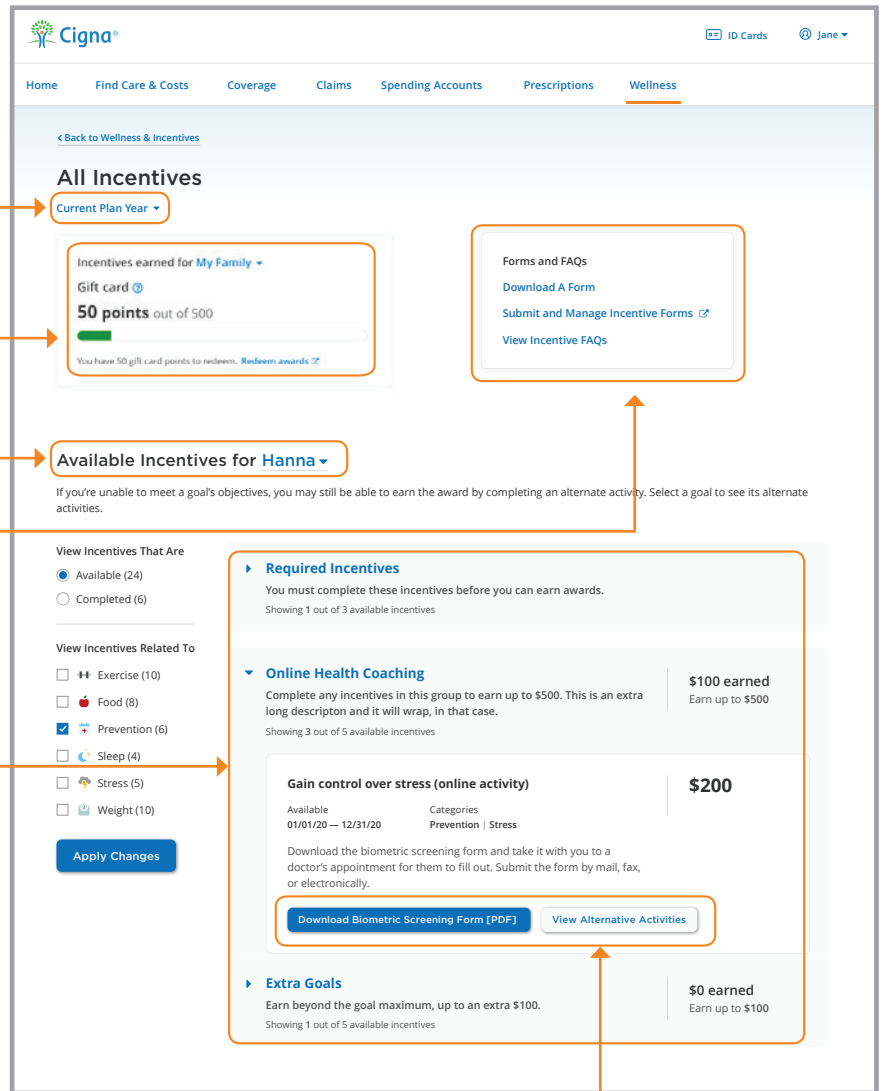
Review past, present and upcoming incentive programs.

Track rewards earned and redeem

View available incentives for each eligible plan member.

Access program resources and information.

Shows available reward opportunities.



Easy access to forms and alternatives where applicable.



Reach your physical and financial goals.

Start your journey today at **myCigna.com** or the myCigna® App.*



For all participants – If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Cigna at 800.244.6224 and they will work with you and, if you wish, with your doctor.

For participants who may have an impairment – If you are unable to participate in any of the program events, activities or goals because of a disability, you may be entitled to a reasonable accommodation for participation, or an alternative standard for rewards. For worksite accommodations please contact Troy Bacon at wellness@nmusd.us; for accommodations with online, phone or other Cigna programs, please contact Cigna at 855.246.1873.



The Apple logo is a trademark of Apple Inc., registered in the United States and other countries. App Store is a registered service mark of Apple Inc. Google Play is a trademark of Google Inc. Amazon and all related logos are trademarks of Amazon.com, Inc. or its affiliates.

*The downloading and use of the App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

Incentives awards may be subject to tax; you are responsible for any applicable taxes. Please consult your personal tax advisor for assistance.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Behavioral Health, Inc., and Cigna Health Management, Inc. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. All pictures are used for illustrative purposes only.

947503 01/21 © 2021 Cigna. Some content provided under license.