

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

We make it easier
to improve the
relationship between
lupus and oral health.

Take advantage
of reimbursements¹
for periodontal (gum)
treatments, fluoride
applications, sealants
and more.



Together, all the way.®



Get reimbursed¹ for dental treatments. Help improve oral health.

Scientists at the Oklahoma Medical Research Foundation found that among those with lupus, the better a person's oral health, the less severe their disease.² To keep oral symptoms under control, we reimburse¹ periodontal (gum) treatments, fluoride applications, sealants and more.

The connection between lupus and oral health



ULCERS³

As many as 45% of people living with lupus can have either acute or chronic ulcers or lesions on the lips, on the tongue and inside of the mouth. Ulcers are especially common during "flare-ups."



PERIODONTITIS⁴

People with lupus are more likely to struggle with periodontitis (severe gum disease), which is particularly concerning because of the link between gum inflammation and the overall health of the rest of the body.



DRY MOUTH⁴

Lupus attacks saliva-producing glands, and some medications cause dry mouth as a side effect, which can lead to mouth sores, gum disease and tooth decay. Fluoride treatments can help counter the damage.

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program[®] by either:

- Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

Go to your dentist and pay the copay or coinsurance for the covered treatment. If your dentist is in the Cigna network, they'll send us a claim for reimbursement. If your dentist isn't in the Cigna network, you might need to submit the claim. We'll review the claim and mail full reimbursements for covered treatments in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

1. You do not have to meet your DPPD or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPPD plans as well as plan rules for visits to network dentists and out-of-network dentists.

2. Oklahoma Medical Research Foundation. (2018, November 29). Dental hygiene may be key for lupus. omrf.org/2018/11/29/dental-hygiene-may-be-key-for-lupus

3. Colgate. (n.d.). Lupus Symptoms and Oral Health. www.colgate.com/en-us/oral-health/immune-disorders/lupus-symptoms-and-oral-health

4. ProHEALTH Dental. (2019, May 23). Lupus Your Oral Health. www.phdental.com/patient-resources/oral-health-news/2019/may/lupus-your-oralhealth

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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