

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

We make it easier to
stay on top of your oral
health as Huntington's
disease progresses.

Take advantage
of reimbursements*
for periodontal (gum)
treatments, fluoride
applications, sealants
and more.



Together, all the way.®



Get reimbursed* for dental treatments. Help improve oral health.

Research shows that as Huntington's disease progresses, oral health challenges can too. For a healthier mouth, we reimburse* periodontal (gum) treatments, fluoride applications, sealants and more.

How Huntington's disease affects oral health**



TROUBLE MAINTAINING DENTAL ROUTINES

Huntington's disease affects the functioning of the hands and arms, making it more difficult to brush, floss and keep the mouth clean. Preventive care can help.



TOOTH DECAY

Since many people with Huntington's disease benefit from a high-energy (and high-sugar) diet, they're more susceptible to tooth decay. It's important to stay on top of dental hygiene because chorea in the state stages of the disease requires anesthesia for routine procedures and brings a higher risk for pulmonary aspiration.



BRUXISM

Bruxism is the grinding and clenching of teeth and can be part of the involuntary movements seen in typical patients with Huntington's disease. It can lead to pain, tooth fractures, headaches and TMJ.

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

Go to your dentist and pay the copay or coinsurance for the covered treatment. If your dentist is in the Cigna network, they'll send us a claim for reimbursement. If your dentist isn't in the Cigna network, you might need to submit the claim. We'll review the claim and mail full reimbursements for covered treatments in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

*You do not have to meet your DPP0 or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPP0 plans as well as plan rules for visits to network dentists and out-of-network dentists.

**Asgari, Sepehr. (2020, August 2). Dental Care and HD. Huntington's Outreach Project for Education, at Stanford. Stanford University. <https://hopes.stanford.edu/dental-care-and-hd>

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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