

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

We make it easier
to stay on top of oral
health as Amyotrophic
Lateral Sclerosis
(ALS) progresses.

Take advantage of
reimbursements* for
periodontal (gum)
treatments, fluoride
applications, sealants
and more.



Together, all the way.®



Get reimbursed* for dental treatments. Help improve oral health.

As ALS progresses, what used to be simple tasks can become more difficult. To help make the oral health part of the journey easier, we reimburse* periodontal (gum) treatments, fluoride applications, sealants and more.

How ALS affects oral health**



TROUBLE MAINTAINING DENTAL ROUTINES

Since ALS affects the functioning of the hands and arms, brushing and flossing aren't as easy as they used to be and it's more difficult to keep the mouth clean.



DRY MOUTH

Mouth breathing, BIPAP use and certain ALS medications can cause dry mouth, which can lead to mouth sores, gum disease and tooth decay.



DIFFICULTY SWALLOWING

If saliva isn't swallowed, it accumulates in the mouth. This causes plaque and bacteria to build up and can lead to cavities, gum disease and, if bacteria enters the lungs, pneumonia.

How the reimbursement process works

1. Enroll

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

- Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim

If you visit an in-network dentist, they'll send us a claim directly. If you see a dentist not in the Cigna network, you may need to submit the claim yourself. Then we'll review it and refund you for eligible dental services in about 30 days.



Have questions?

Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

* You do not have to meet your DPPO or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPPO plans as well as plan rules for visits to network dentists and out-of-network dentists.

**Kaminski, Kathleen H. (2020, April 27). FYI: Oral Care for People Living with ALS. ALS Association. HYPERLINK "<http://www.als.org/navigating-als/resources/fyi-oral-care-people-living-als>" www.als.org/navigating-als/resources/fyi-oral-care-people-living-als; Patcoff-Wolf, Kim H. (2015, January 27). Importance of Oral Care For PALS. ALS Association - Greater New York Chapter. als-nyc.org/blog/2015/01/27/oral-care-pals

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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