



# UNDERSTANDING YOUR DENTAL COST AND TREATMENT OPTIONS

Can help you get the most out of your plan.

When you have an important decision to make, it helps to know all your options. The **myCigna** directory can now help you find a dentist *and* learn about the cost. The treatment cost estimator is easy to use. You can learn what you might need to pay out-of-pocket for more than 400 common dental procedures and treatments. That means you'll know the costs that your plan doesn't cover and you will have to pay. This gives you the chance to know your dental care costs before you receive care.

## A great tool just got better

You can find the cost information in the Cigna online directory. Look under the "Find a Doctor, Dentist and Procedures" tab. Use it to:

- › Find a dentist and view cost estimates for common dental procedures with just one search
- › Get cost estimates for dental treatments and procedures prior to treatment, based on your plan information and a dentist's contracted fees
- › Search by key words, procedure codes, treatments, dental categories and much more
- › View detailed plan information
- › Compare what it will cost when you visit an in-network vs. an out-of-network dentist (if your plan has out-of-network coverage)
- › See the money you'll save for being a Cigna customer

## More reasons to smile

As you learn more about dental benefits and costs, you'll be able to better:

- › Understand your out-of-pocket costs and avoid surprises
- › Save money by finding lower-cost treatments
- › Make better choices about your dental care

Making better, more informed choices will help you improve your dental health. You'll also be saving money. See, you're smiling already.

### See for yourself.

Log on to **myCigna.com** today to see firsthand how cost estimation can help you.

**Together, all the way.<sup>SM</sup>**



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