

## **Temple City Unified School District**

**Committed to 21st Century Academic Excellence** 

Superintendent
Arthur Cunha, Ed. D.

**Board of Education Members** 

Vinson Bell - Melissa Espinoza - Donna Georgino - Matt Smith - Mary Sneed

## Comprehensive Sexual Health Education 8th Grade Curriculum 2023

	Curriculum	Learning Objectives
<b>May</b> 22	Reproduction Basics  Resources  Reproduction basics powerpoint presentation:  https://drive.google.com/open?id=1rqDOZOOJ u oo 5lkO95pOllbd2611h  Reproduction basics lesson plan:  https://docs.google.com/document/d/1cvEFe7cp ghLH0cw3FrGO02SjPS0_beM7bfl662JO2kO/edit? usp=sharing	<ul> <li>→ Establish a safe and inclusive classroom environment</li> <li>→ Understand levels of privacy and discuss appropriate disclosure</li> <li>→ Understand general definitions and key terms related to human reproduction</li> <li>→ Understand the steps involved in the menstrual cycle and fertility</li> <li>→ Identify the 28 days of the menstrual cycle</li> </ul>
May 23	Reproduction Basics  Resources  • Assessment: Reproduction Myth vs. Fact:  https://docs.google.com/document/d/1zHSLjE6R  Py CLKMd490AUySEMbRgMaGgfB78Sx8Gisg/edit	<ul> <li>→ Establish a safe and inclusive classroom environment</li> <li>→ Understand levels of privacy and discuss appropriate disclosure</li> </ul>

<b>May</b> 24/25	Don't Let It Happen To You!: Relationship Abuse, Sexual Assault, and Human Trafficking  Resources  • Adapted from Healthy or Unhealthy Relationships, Lesson Plan from Rights, Respect, Responsibility: A K-12 Curriculum, Advocates for Youth and information from Human Trafficking 101, a conference sponsored by Los Angeles County Office of Education.  • Video (Human Trafficking): Hidden America (first 2:07 mins.)  Materials  • Handouts (Healthy vs. Unhealthy Relationship cards)  Healthy Relationships-Dating 2023*  Rights, Respect, Responsibility 2022-23*	<ul> <li>→ Characterize, in their own opinion, at least one relationship trait as either healthy or unhealthy.</li> <li>→ Name at least two types of power differential in relationships, as well as their implication for the relationship.</li> <li>→ Describe at least two ways in which an unhealthy relationship can become a healthy one.</li> <li>→ Define what sexual harassment and sexual assault is.</li> <li>→ Define Consent</li> <li>→ Recognize some of the entry points into human trafficking and the warning signs</li> </ul>
<b>May</b> 26	Birth Control Basics  Resources  Birth Control basics lesson plan: LINK  Birth Control Slides - Contraception Methods and Effectiveness  Video: The Contraceptinator	<ul> <li>→ Establish a safe and inclusive classroom environment</li> <li>→ Understand levels of privacy and discuss appropriate disclosure</li> <li>→ Explain the health benefits, risks and effectiveness rates of various methods of contraception, including abstinence and condoms</li> <li>→ Define emergency contraception and its use</li> <li>→ Describe the impact of correct and consistent use of a birth control method on how effective it is at preventing pregnancy</li> </ul>
<b>May</b> 30	Protecting your Health: Understanding & Preventing STIs  Resources  • Understanding & Preventing STI's lesson plan: LINK • STI Data Sheets • STI powerpoint presentation What are STIs? • Student generated questions	<ul> <li>→ Establish a safe and inclusive classroom environment</li> <li>→ Understand levels of privacy and discuss appropriate disclosure</li> <li>→ Define STIs</li> <li>→ Name at least three common STIs and how they are transmitted and can be prevented.</li> <li>→ Compare sexual behaviors that put people at high, low or no risk for STIs.</li> </ul>