

## **Temple City Unified School District** Committed to 21<sup>st</sup> Century Academic Excellence

<u>Superintendent</u> Arthur Cunha, Ed. D. <u>Board of Education Members</u> Vinson Bell - Melissa Espinoza - Donna Georgino - Matt Smith - Mary Sneed

## Comprehensive Sexual Health Education 7th Grade Curriculum 2023

Color Coding Key: **Covered in Science class Covered in Physical Education** \*taught through Counselor Presentations

|           | Curriculum  | Learning Objectives   |
|-----------|---|---|
| May<br>15 | Introduction to Sexual Health<br>Education<br>Resources<br>• Presentation: Introduction   | → Students understand the purpose of having sexual health education   |
| May<br>16 | The Endocrine System<br>Resources<br>• Video: Endocrine System, Glands &<br>Hormones<br>https://youtu.be/eWHH9je2zG4                            | <ul> <li>→ Understand that the endocrine system produces chemicals that regulate growth and development</li> <li>→ Identify and describe the hormones and functions of each hormone released by each endocrine gland</li> <li>→ Describe how negative feedback sends signals to stop the release of hormones</li> </ul> |
| May<br>17 | <ul> <li>* Gender Stereotypes</li> <li>Resources</li> <li>Presentation: <u>Pink is for girls. Blue is for</u><br/>boys. Or are they?</li> </ul> | <ul> <li>→ Describe gender stereotypes</li> <li>→ Discuss how to not have gender biases</li> </ul>  |
| May<br>18 | <b>Puberty</b><br>Resources<br>• Presentation: <u>Intro to Puberty</u>  | → Understand that puberty is a result of changing hormones and a natural part of life   |

| May<br>19 | * Gender Identification<br>& Local Resources and Access<br>Resources<br>• Presentation: <u>SOGIE Presentation</u>  | <ul> <li>→ Define the terms sexual orientation, gender identity, and gender expression</li> <li>→ Describe how each term is different from the others</li> <li>→ Name at least two factual statements and two incorrect statements about sexual orientation and gender identification</li> </ul>   |
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| May<br>22 | The Male and Female<br>Reproductive Systems         Resources         • Presentation: Male and Female<br>Reproductive Systems         • Worksheet: Reproductive System<br>Crossword Puzzle         • Video: How Menstruation Works<br>https://youtu.be/ayzN5f3qN8g | <ul> <li>→ Establish a safe and inclusive classroom environment</li> <li>→ Understand levels of privacy and discuss appropriate disclosure.</li> <li>→ Identify and describe structures and functions of internal and external sexual and reproductive systems</li> <li>→ Demonstrate a basic understanding of the menstrual cycle</li> <li>→ Demonstrate a basic understanding of where sperm is made and how it leaves the body</li> </ul> |
| May<br>23 | Reproduction<br>Resources<br>• Text: <u>Prentice Hall Focus on California Life</u><br><u>Science</u> page 656<br>• Student generated questions   | <ul> <li>→ Understand the process of human reproduction through conception</li> <li>→ Define sexual intercourse as compared to other types of sexual activity</li> <li>→ Discern sexual fact from fiction/myth</li> </ul>  |

| May<br>24/25 | <ul> <li>Protecting Your Health<br/>Preventing STIs and HIV</li> <li>Resources <ul> <li><u>STI Data Sheets</u></li> <li>Presentation: <u>What are STIs?</u></li> <li>Optional video: <u>What are STDs?</u><br/><u>#FactCheck</u></li> <li>Video: <u>HIV &amp; AIDS Signs, Symptoms, Transmission, Causes and Pathology</u></li> <li>Video: <u>HIV: How to Protect Yourself and Others</u></li> <li>Video: <u>Why It's So Hard to Cure HIV/AIDS</u></li> </ul> </li> </ul> | <ul> <li>→ Define STIs</li> <li>→ Name at least three common STIs and how they are transmitted and can be prevented</li> <li>→ Compare sexual behaviors that put people at high, low or no risk for STIs</li> <li>→ Define HIV</li> <li>→ Demonstrate an understanding how HIV spreads and attacks the body</li> </ul> |
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| May<br>26    | Pregnancy, Development,<br>and Growth<br>Resources<br>• Text: Prentice Hall Focus on California Life<br>Science Chapter 16 Section 3<br>• Presentation:<br><u>Pregnancy &amp; Fetal Development</u>   | <ul> <li>→ Define the differences between pregnancy, development, and growth</li> <li>→ Understand the fertilized egg develops into a zygote, then into an embryo, and they into a fetus</li> <li>→ Know that as multicellular organisms develop. their cells differentiate</li> </ul>                                 |
| TBD          | <ul> <li>* Body Image</li> <li>Resources</li> <li>Presentation: Body Image</li> <li>Body Image 2022</li> </ul>  | <ul> <li>→ What is Body Image?</li> <li>→ What is a healthy Body Image?</li> <li>→ Understand media influences in defining what is viewed as an "acceptable" body image</li> <li>→ How to take care of your body</li> <li>→ Understand that a healthy body is more important than the image</li> </ul>                 |