

Temple City Unified School District Committed to 21st Century Academic Excellence

<u>Superintendent</u> Arthur Cunha, Ed. D. <u>Board of Education Members</u> Vinson Bell - Melissa Espinoza - Donna Georgino - Matt Smith - Mary Sneed

Comprehensive Sexual Health Education 7th Grade Curriculum 2023

Color Coding Key: **Covered in Science class Covered in Physical Education** *taught through Counselor Presentations

	Curriculum	Learning Objectives
May 15	Introduction to Sexual Health Education Resources • Presentation: Introduction	→ Students understand the purpose of having sexual health education
May 16	The Endocrine System Resources • Video: Endocrine System, Glands & Hormones https://youtu.be/eWHH9je2zG4	 → Understand that the endocrine system produces chemicals that regulate growth and development → Identify and describe the hormones and functions of each hormone released by each endocrine gland → Describe how negative feedback sends signals to stop the release of hormones
May 17	 * Gender Stereotypes Resources Presentation: <u>Pink is for girls. Blue is for</u> boys. Or are they? 	 → Describe gender stereotypes → Discuss how to not have gender biases
May 18	Puberty Resources • Presentation: <u>Intro to Puberty</u>	→ Understand that puberty is a result of changing hormones and a natural part of life

May 19	* Gender Identification & Local Resources and Access Resources • Presentation: <u>SOGIE Presentation</u>	 → Define the terms sexual orientation, gender identity, and gender expression → Describe how each term is different from the others → Name at least two factual statements and two incorrect statements about sexual orientation and gender identification
May 22	The Male and Female Reproductive Systems Resources • Presentation: Male and Female Reproductive Systems • Worksheet: Reproductive System Crossword Puzzle • Video: How Menstruation Works https://youtu.be/ayzN5f3qN8g	 → Establish a safe and inclusive classroom environment → Understand levels of privacy and discuss appropriate disclosure. → Identify and describe structures and functions of internal and external sexual and reproductive systems → Demonstrate a basic understanding of the menstrual cycle → Demonstrate a basic understanding of where sperm is made and how it leaves the body
May 23	Reproduction Resources • Text: <u>Prentice Hall Focus on California Life</u> <u>Science</u> page 656 • Student generated questions	 → Understand the process of human reproduction through conception → Define sexual intercourse as compared to other types of sexual activity → Discern sexual fact from fiction/myth

May 24/25	 Protecting Your Health Preventing STIs and HIV Resources <u>STI Data Sheets</u> Presentation: <u>What are STIs?</u> Optional video: <u>What are STDs?</u> <u>#FactCheck</u> Video: <u>HIV & AIDS Signs, Symptoms, Transmission, Causes and Pathology</u> Video: <u>HIV: How to Protect Yourself and Others</u> Video: <u>Why It's So Hard to Cure HIV/AIDS</u> 	 → Define STIs → Name at least three common STIs and how they are transmitted and can be prevented → Compare sexual behaviors that put people at high, low or no risk for STIs → Define HIV → Demonstrate an understanding how HIV spreads and attacks the body
May 26	Pregnancy, Development, and Growth Resources • Text: Prentice Hall Focus on California Life Science Chapter 16 Section 3 • Presentation: <u>Pregnancy & Fetal Development</u>	 → Define the differences between pregnancy, development, and growth → Understand the fertilized egg develops into a zygote, then into an embryo, and they into a fetus → Know that as multicellular organisms develop. their cells differentiate
TBD	 * Body Image Resources Presentation: Body Image Body Image 2022 	 → What is Body Image? → What is a healthy Body Image? → Understand media influences in defining what is viewed as an "acceptable" body image → How to take care of your body → Understand that a healthy body is more important than the image