

Rockford Middle and High Schools Breakfast Menu

May
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Cheesy Ham Melt</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>	<p>2</p> <p>French Toast Loaf Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>3</p> <p>Coffee Cake</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>	<p>4</p> <p>Blueberry Muffin</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>5</p> <p>Breakfast Burrito</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>
<p>8</p> <p>Breakfast Flatbread</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>	<p>9</p> <p>Banana Chocolate Loaf</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>10</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>	<p>11</p> <p>Bacon, Egg & Cheese on English Muffin</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>12</p> <p>Chocolate Chip Muffin</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>
<p>15</p> <p>Mini Pancakes</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>16</p> <p>Breakfast Sandwich</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Grape Juice Fruit Selection</p> <p>1% Milk</p>	<p>17</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>	<p>18</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>19</p> <p>Breakfast Banana Split Yogurt Parfait</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Grape Juice Fruit Selection</p> <p>1% Milk</p>
<p>22</p> <p>Brekkie</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>	<p>23</p> <p>Banana Blueberry Muffin Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>24</p> <p>Mini Donut Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Grape Juice Fruit Selection</p> <p>1% Milk</p>	<p>25</p> <p>Breakfast Bowl</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>26</p> <p>Mini Waffles</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>
<p>29</p> <p>No School for Memorial Day</p>	<p>30</p> <p>CHEF'S CHOICE BREAKFAST</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Orange Juice Fruit Selection</p> <p>1% Milk</p>	<p>31</p> <p>CHEF'S CHOICE BREAKFAST</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Apple Juice Fruit Selection</p> <p>1% Milk</p>	<p>Great way to start the day!!!</p>	

PRICES

Student Breakfast	\$2.00
Adult Breakfast	\$2.25
Milk	\$.60

EXTRA INFO

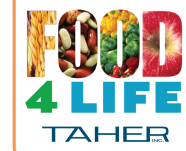
Free and reduced forms still available

HARVEST OF



THE MONTH

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