

# RESOURCES

To prevent substance use and mental health disorders; when signs are present, to intervene early and appropriately; and when assessments indicate that treatment is required, to provide the right type of treatment, at the right place, by the right person/programs to help students achieve and maintain the highest quality of health and wellness.

## ABOUT BEHAVIORAL HEALTH SERVICES

Behavioral Health Services (BHS) are available to Cowlitz County students seeking mental health and substance use treatment through the...

### **GREAT RIVERS BEHAVIORAL HEALTH ORGANIZATIONS CONTINUUM OF CARE SERVICES:**



### **24 HOUR MENTAL HEALTH CRISIS LINE**

If there is a life-threatening emergency, please call 911. Crisis Response Services provides a cohesive response system 24 hours-a-day, 7 days-a-week, serving people of all ages and cultures who are experiencing a crisis.

**360-425-6064 or 800-803-8833**

### **GREAT RIVERS BEHAVIORAL CRISIS LINE**

There are no eligibility requirements for utilizing the Crisis Line—anyone can use it.

**360-425-6064 or 800-803-8833**

### **COWLITZ COUNTY RESOURCES**

Website containing resources (medical, dental, housing, and many more) available in our community for students, parents and families.



### **211**

Please contact 2-1-1 Info for comprehensive information and referral focused on health and social service. By Phone: simply dial 2-1-1 from any phone. If you are out-side of Washington call **877-211-9274**

### **FREE TRANSPORTATION**

If you have a current Provider One ID Card and are going to a covered medical service within your community, you may be eligible for Medical Transportation. Phone lines are open Monday—Friday from 8am - 5pm excluding the lunch hour and holidays. Please call at least 7-14 days in advance.

**Cowlitz County  
1-800-752-9422 Option 2**



# BEHAVIORAL HEALTH SERVICES NAVIGATION



## COLUMBIA WELLNESS

We understand that many people try dealing with problems on their own. Turning to therapy can sometimes be a difficult decision. Columbia Wellness can help. Our caring professionals can assist with any difficulty that you or someone in your family may be experiencing. We will listen so that we can better understand. Because life is complex, we offer a full range of services. Our staff are professionally trained, highly skilled, and eager to serve you. Our organization has provided quality service to this community since 1953.

**Medicaid insurance accepted**

**Intake Phone: 360-423-0203**

720 14th Avenue, Second Floor, Longview, WA

## COMMUNITY INTEGRATED HEALTH SERVICES

CIHS is a Washington State-based behavioral health organization offering quality care to all communities we serve. Our team of dedicated, experienced professionals offer a variety of behavioral health services to people of all ages. CIHS' mission is to assist individuals with mental health and/or substance abuse disorders to obtain necessary skills, counseling, medication management, and support services to improve their quality of life and level of functioning.

**Medicaid and other state insurance accepted**

**Intake Phone: 360-261-6930 or 855-303-4834**

1116 14th Ave, Longview, WA

## CORE HEALTH

CORE Health's mission is to provide comprehensive, integrated behavioral health services that promote the health and quality of life of our community members. We strive to create and maintain an environment that is warm and welcoming, values diversity and difference, provides safety, and promotes whole health by supporting individual's and family's along their recovery journey.

**Medicaid insurance accepted**

**Intake Phone: 360-200-5419**

748 14th Avenue, Longview, WA

# PROVIDERS

## COWLITZ TRIBE

The goal of the Cowlitz Indian Tribal Health Clinic is to provide a Holistic Approach to Health Care that promotes Disease Prevention, Treatment, and Education. Services include individual Counseling, Crisis Counseling, Grief Counseling, Psychological Evaluations, Medication Management, Youth Services, and Positive Indian Parenting Classes. Any enrolled American Indian /Alaskan Native (AI/AN) of a Federally Recognized Tribe is eligible for services.

**Most insurance plans accepted**

**Intake Phone: 360-353-9422**

900 Fir Street, Suite D, Longview, WA

## CSHCN

The Children with Special Health Care Needs program serves children with physical, behavioral, or emotional conditions that require health and related services beyond those required by children generally. Client referrals can be made by families, school, medical providers, and others to the CSHCN Coordinator in the County Health Department where the child lives.

**Medicaid insurance accepted**

**Intake Phone: 360-414-5599**

1952 9th Ave, Longview, WA

## STRENGTHENING FAMILIES PROGRAM

**WSU Extension Cowlitz County**

Educational programs that bring parents and their children together in learning environments to strengthen entire families

This program is free to all families.



Call or Text: 360-261-3971

## NORTHWEST PSYCHOLOGICAL RESOURCES

Northwest Psychological Resources offers a wide range of mental health services provided by caring professionals with the highest qualifications. Each clinician is independent and sets his or her own fees without restriction or regulation by us.

**Most insurance plans accepted**

**Intake Phone: 360-414-8600**

945 11th Ave, Suite B, Longview, WA

## PEACE HEALTH A CHILDS PLACE

Please Health Medical Group has a comprehensive system of care that services children, adolescents, adults and seniors struggling with issues of chemical dependency and/or emotional distress. Our providers are experienced medical doctors, advance registered nurse practitioners, psychologists and social workers.

**Most insurance plans accepted, not Medicaid**

**Intake Phone: 360-800-2417**

600 Broadway, First Floor, Longview, WA

## SEA MAR

Our providers use multidisciplinary practices to develop and maintain individualized treatment goals for each client. Our well-trained professional team consists of mental health therapists, chemical dependency counselors, psychiatric advanced registered nurse practitioners and psychiatrists. We specialize in providing culturally competent services, and our staff members have received intense training on evidence-based practices to ensure that we provide the best tools to help our patients lead healthy lives.

**Medicaid insurance accepted**

**Intake Phone: 360-261-7020**

1710 Allen Street, Kelso, WA

