

What's on the Menu?

Rochester Community Schools Secondary: Breakfast May 2023

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

School Foodservice Information: Price \$1.50 PAID, \$.30 REDUCED*, FREE if qualified*

A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Biscuit Sandwich Fresh Fruit	Breakfast Bacon Pizza Fresh Fruit	Apple Frudel Cupped Fruit	Sausage and Cheese Biscuit Cupped Fruit	Breakfast Bagel Sandwich Fresh Fruit
8	9	10	11	12
Cinni-Mini Roll Cupped Fruit	Mini Waffles Fresh Fruit	Breakfast Bagel Sandwich Fresh Fruit	Chicken Biscuit Sandwich Fresh Fruit	Breakfast Bacon Pizza Fresh Fruit
15	16	17	18	19
Chicken Biscuit Sandwich Fresh Fruit	Breakfast Bacon Pizza Fresh Fruit	Apple Frudel Cupped Fruit	Sausage and Cheese Biscuit Cupped Fruit	No School
22	23	24	25	26
Cinni-Mini Roll Cupped Fruit	Mini Waffles Fresh Fruit	Breakfast Bagel Sandwich Fresh Fruit	Chicken Biscuit Sandwich Fresh Fruit	Breakfast Bacon Pizza Fresh Fruit
29	30	31		
No School	Breakfast Bacon Pizza Fresh Fruit	Apple Frudel Cupped Fruit		
Serving Daily: BeneFIT Bars, Bagels and Cream Cheese, Yogurt Parfaits and Muffin/Cheese Stick				

Menu subject to change due product availability



Questions or comments? Food Service Director Marsha Dziejewit 248-726-4650
Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
Go to MyPlate.gov for online personal wellness resources for you and your family.
Make Checks Payable to RCS Foodservice.

This institution is an equal opportunity provider.

